Sacramento County

PROBATION

COMMUNITY RESOURCES

YOUNG ADULTS

Note: All addresses, phone numbers and websites are subject to change. Please check resource before visiting. Updated 12/23/21

Table of Contents

Abuse/Assault Services……..…3
Behavioral Health & Support Services……3
Community Activities……..……4
Education and Training……..……4
Family Services……..……5
Food Banks……...……..……6
General Assistance & Services……..…...7
Government Services……...…7
Health Care Services……..……7
Housing……8
Job/Employment Assistance……8
Recovery Support……..……9
Shelter & Housing Support……10

Abuse/Assault Services

A Community for Peace- (916) 728-5613 after hour's crisis line- (916) 728-7210
A trauma-informed social justice crisis center for victims and survivors of domestic violence, family violence, and sexual assault

I-CAN Crime Victims Assistance Network- (916) 273-3603
A crime victim assistance program that supports educates and empowers those impacted by crime.

My sister's house- (916)-930-0626 (office#) (916) 428-3271 (24/7 Multi-language line)
Center for victims of domestic violence, sexual assault, and human trafficking. Specific to women.

WEAVE- (916) 920-2952
Crisis intervention services for survivors of domestic violence and sexual assault.

Behavioral Health & Support Services

Alta California Regional Center- (916) 978-6400

Always Knocking INC- (916) 470-2077
Offers attitudes and behavior classes, prevention classes, and parenting classes.

Another Choice Another Chance (ACAC)
7000 Franklin Blvd Ste 625, Sacramento, CA 95823 – (916) 388-9418

Another Choice, Another Chance is a network of national behavioral healthcare organizations dedicated to reducing the harm caused by alcohol and drug addiction and mental health disorders among youth, adults and families.

Gang Awareness Program (GAP)

8359 Elk Grove Florin Rd Ste 103-400, Sacramento, CA 95829 – (916) 905-4441
Our goal is to provide Awareness to our community, interaction with schools and government agencies, and Mentor at risk youth. Dedicated to helping at risk youth escape violence, crime, and desperation through mentoring, and supporting positive peer relations.

Gun Violence Information for Teens (GIFT) - (916) 874-5251
Educates teens about the legal consequences of gun possession and gun related violence as well as encourages them to make positive choices.

Pathways- (916) 713-9582
Provides supportive housing and mental health services for those with psychiatric disabilities and long-term or cyclical homelessness.

Strategies for Change

7171 Bowling Dr, Ste #300, Sacramento, CA 95823 - (916) 394-9195

4441 Auburn Blvd., Suite E, Sacramento, CA 95841 – (916) 473-5764

Providing substance abuse, co-occurring mental health, reentry, and related behavioral health services for youth, adults, and families.

Strategies to Empower People (STEP) – (916) 679-1555
Provides a wide range of support services to adults with developmental disabilities.

Transforming Lives, Cultivating Success (TLCS) - (916) 441-0123
Offers individuals 18+ with short term crisis respite.

Turning Point- (916) 364-8395
Offers several programs to help with the care, support, and recovery of mental health.

UCP of Sacramento and Northern California- (916) 565-7700
UCP gives adults and children with all types of developmental disabilities the chance to grow, thrive and feel included.

Community Activities

Fruitridge Community Center- (916) 422-7610

George Sim Community Center- (916) 808-3761
Offers a variety of programs including basketball, jammin' gym, fitness boot camp, and others.

Oak Park Community Center- (916) 808-6151
Offers several activities and programs such as flag football, jammin' gym, yoga, weight room, and game room.

Rizal Community Center- (916) 395-0601

Sam & Bonnie Pannell Community Center- (916) 808-6680
Offers a verity of programs for leisure such as flag football, basketball, Friday night activities, and family nights. Ages youth-20 years old.

South Natomas Community Center-(916) 808-1571
Offers a variety of programs such as Flag football, basketball, dance, martial arts, and stitching and crafts.

YMCA- (916) 452-9622
Enriches kids, adults, families and communities through health & well-being, camps, aquatics and swim, youth sports, and more.

Education and Training

Bridge Network- (916) 244-1406
Provides after-school program services, mentoring, teen groups, work readiness, independent study, and tutoring.

Coloma Community Center- (916) 808-6060
Offers programs for all ages including drums, dance, and martial arts.

East Portal Clubhouse- (916) 808-6060
Offers several classes, workshops and programs such as guitar.

The Black Child Legacy Campaign is the community-driven movement established by the Steering Committee on Reduction of African American Child Deaths, which is working to reduce deaths of African American children by 10% to 20% by 2020 in Sacramento County.

1321 Garden Hwy, Suite 120 - Sacramento, CA 95833 - (916) 993-7701

Center for Fathers and Families- (916) 568-3237
Offers programs and services that lead to family growth, enrichment, and empowerment.

Chicks in Crisis-(916) 896-0031
Facilitates open adoption placements and supports mothers and fathers every month, that choose to keep their babies with prenatal care, life skills training, parenting assistance, clothes, emergency food, baby supplies, and legal guidance. Helps young adults 16-24 acquire necessary skills to become employable. Submit application in person. Project Rebound assists students prepare, apply, enroll, and graduate with a degree from Sacramento State. Project Rebound provides educational resources and services for students looking to develop professional skills. We work to transform those who were formerly incarcerated into scholars through counseling, mentoring, academic resources, and career development. We support students who are motivated to succeed by earning a high-quality degree from Sacramento State.

Child Abuse Prevention Center- (916) 244-1900
Offers services and programs that directly benefit children and their families.

La Familia

5523 34th St, Sacramento, CA 95820 – (916) 452-3601

3301 37th Ave, Sacramento, CA 95824 – (916)-210-8773

Our mission is to improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed.

Nurse-Family Partnership - (866) 864-5226
Provides expectant mothers with care and support throughout their pregnancy and provides new mothers with advice and tools to assure a healthy start for their babies.

Food Banks

Sacramento Food Bank

3333 3rd Ave, Sacramento, CA 95817- (916) 456-1980

Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need. Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need.

7710 Stockton Blvd., Sacramento, CA 95823 - (916) 753-9435

The Black Child Legacy Campaign is the community-driven movement established by the Steering Committee on Reduction of African American Child Deaths, which is working to reduce deaths of African American children by 10% to 20% by 2020 in Sacramento County.

Center for Fathers and Families- (916) 568-3237
Offers programs and services that lead to family growth, enrichment, and empowerment.

Chicks in Crisis-(916) 441-1243
Facilitates open adoption placements and supports mothers and fathers every month, that choose to keep their babies with prenatal care, life skills training, parenting assistance, clothes, emergency food, baby supplies, and legal guidance. Helps young adults 16-24 acquire necessary skills to become employable. Submit application in person. Project Rebound assists students prepare, apply, enroll, and graduate with a degree from Sacramento State. Project Rebound provides educational resources and services for students looking to develop professional skills. We work to transform those who were formerly incarcerated into scholars through counseling, mentoring, academic resources, and career development. We support students who are motivated to succeed by earning a high-quality degree from Sacramento State.

Child Abuse Prevention Center- (916) 244-1900
Offers services and programs that directly benefit children and their families.

La Familia

5523 34th St, Sacramento, CA 95820 – (916) 452-3601
3301 37th Ave, Sacramento, CA 95824 – (916) 395-5904

Our mission is to improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed.

Nurse-Family Partnership - (916) 875-0900
Provides expectant mothers with care and support throughout their pregnancy and provides new mothers with advice and tools to assure a healthy start for their babies.

Food Banks

Sacramento Food Bank

3333 3rd Ave, Sacramento, CA 95817- (916) 925-3240

Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need. Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need.

General Assistance & Services

Capital Star Community Services – (916) 584-7800
Full Service Partnership (FSP) for Transition Age Youth (TAY)
Psychiatric Care, crisis intervention services, housing support, education, vocational support, independent living skills development, peer support, after school activities, medication management, individual and family counseling, linkage to substance use services.

Next Move- (916) 454-2120
Provides individual success plans, self-sufficiency workshops and groups on living skills, parenting, budgeting, housing, health and mental health care, housing relocation assistance, employment readiness and community support services.

Government Services

Adult Day Reporting Center

8745 Folsom Blvd, Sacramento, CA 95826 – (916) 875-2372

1215 Del Paso Blvd, Sacramento, CA 95815 – (916) 876-4042

7300 Lincolnshire Dr, Sacramento, CA 95823 – (916) 876-4041

The Adult Day Reporting Centers serve Sacramento County not just by preventing crime, but also by cleaning up our neighborhoods. Each participant must complete a minimum of two days of community service through the Probation Work Project. Individuals who volunteer for additional community service earn money that is applied to victim restitution.

Department of Rehabilitation- (916) 324-1313

Health Care Services

Health Education Counsel- (916) 556-3344
Helps families that face barriers to eating healthy, being active, quitting tobacco products and helps get them preventive health screenings.

Peach Tree Health- (530) 749-3242
Provides health care for children and adults of all ages.

Sacramento LGBT Community Center- (916) 442-0185
Support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ community.

Wellspace Health- (916) 737-5555 or (916) 874-9754 for AOD appointments

Housing

La Verne Adolfo- (916) 349-2876
Programs for former foster youth; counseling in life skills; and legal consultation, as well as providing money for emergencies and expenses. Ages 18-24 years old.

Resources for Independent Living- (916) 446-3074
Promotes the socio-economic independence of persons with disabilities by providing peer-supported, consumer-directed independent living services and advocacy.

Sacramento Self Help-(916) 341-0593
Assists persons who are homeless or at risk of becoming homeless to find and retain stable and affordable housing.

Volunteers of America (Adolpho House)
3547 Myrtle Ave, North Highlands, CA 95660 - (916) 349-2876
3649 Femoyer St, Mather, CA 95655 – (916) 362-3150
10566 Peter A McCuen Blvd, Mather, CA 95655 – 916 –346-4911

To change individual lives, instill hope, increase self-worth and facilitate independence, through quality housing, employment, and related supportive services. Volunteers of America Sacramento services include Emergency Shelters, Community Re-Entry, Former Foster Youth Services, Housing, Treatment & Recovery Services, and Veterans services

Job/Employment Assistance

California Conservation Corps
1719 24th St, Sacramento, CA 95816 – (916) 341-3100 / 800 952-5627

We help youth build paths to a better future through paid conservation jobs & training. We've helped over 12,000 youth break the cycle of poverty while serving the environment. Youth development. Paid jobs training. Summer internships. Has a program that provides young men and women 18 – 25 years old a year of paid service to the State of California. During their year of service, Corps members work on environmental projects and respond to natural and man-made disasters.

Goodwill Industries – Job Readiness Training
8001 Folsom Blvd, Sacramento, CA 95826 – (916) 395-9000

Goodwill Industries International Inc., or shortened to Goodwill, is an American nonprofit 501 organization that provides job training, employment placement services, and other community-based programs for people who have barriers preventing them from otherwise obtaining a job.

Job Corps
3100 Meadowview Rd, Sacramento, CA 95832 - (916) 394-0770

Northern California Construction Training (NCCT)

10170 Missile Way, Mather, CA 95655 – (916) 387-1564

NCCT has one goal – preparing YOU for a Career in Construction In the classroom you will study subjects all related to construction. Our primary goal is preparation and placement into the various constructions apprenticeships. We provide tools, as well as remedial education and GED preparation if necessary. The Greater Sacramento Urban League provides underserved youth and adults with education, job training and placement opportunities for them to achieve economic self-reliance.

PRIDE Industries-

3900 Florin Perkins Rd, Sacramento, CA 95826 -(916) 383-5560

Provide the support, training and opportunity necessary to help people with disabilities find meaningful employment and become contributing members of their communities.
Require referral from Alta California Regional Center (916) 978-6400 or Department of Rehabilitation (916) 558-5300.

Sacramento Employment and Training Agency (SETA)- (916) 263-3800

Connects people to jobs, business owners to quality employees, education and nutrition to children, and assistance to refugees.

Recovery Support

Al-Anon/ Alateen- 5429 Palm Ave STE A, Sacramento, CA 95841-(916) 334-2970

Alcohol and Drug program for friends and family of alcoholics.

Anti-Recidivism Coalition (ARC)

2830 G Street, Suite 210 Sacramento, CA 95816- (916) 942-9080

The Anti-Recidivism Coalition (ARC) empowers formerly and currently incarcerated people to thrive by providing a support network, comprehensive services, and opportunities to advocate for policy change. Provides mentorship, mental health services, supportive housing, access to jobs and education, and opportunities to advocate for criminal justice reform.

Sobriety Brings About Change

4600 47th Ave Ste. 102, Sacramento, CA 95824 – (916) 454-4242

Sobriety Brings about Change (SBAC) is a non-profit community based outpatient addiction treatment agency hoping to redirect troubled adolescents and adults onto pathways to abstinence and motivation for success.

System of Care/AOD

3321 Power Inn Road, Suite 120 Sacramento, CA 95826– (916) 874-9754

The Alcohol and Other Drugs Services (AOD) System of Care is a planned, comprehensive approach for providing alcohol and other drug treatment and prevention services in Contra Costa County. The continuum of care benefits consumers and providers by combining administrative and clinical services in an integrated, coordinated system.

Shelter & Housing Support

Friendship Housing- (916) 443-7378
Offers permanent supportive housing to chronically homeless individuals.

Loaves & Fishes- (916)-446-0874
An oasis for homeless men, women, and children seeking survival services.

Sister Nora's House- (916) 669-7000
A long-term, overnight shelter serving chronically homeless, and mentally ill women.

Union Gospel Mission

400 Bannon St, Sacramento, CA 95811 – (916) 447-3268

Since 1962 the Union Gospel Mission has provided food, clothing, shelter, and a life-changing Gospel message to the homeless and the poor.

Wind Youth Services

815 S St, Sacramento, CA 95811 – (916) 504-3313
3671 5th Ave, Sacramento, CA 95817 – (916) 561-4900

Wind is the only service provider in Sacramento County focusing solely on runaway, homeless street youth, and transition-age youth. Our Mission Wind Youth Services provides supportive services and opportunities to youth experiencing homelessness as they pursue self-determined live of stability and independence.