

# YOUTH SUPPORT AND SERVICES GUIDE



*Supporting positive change.*

## **SACRAMENTO COUNTY PROBATION DEPARTMENT**

### *Supporting Success Through Probation and Beyond*

This guide provides a comprehensive list of services and resources available to youth and young adults currently under Juvenile Probation supervision or participating in placement prevention services. Created by Juvenile Field Services, the guide is designed to support individuals in meeting probation requirements while also laying the groundwork for long-term success.

To ensure information remains accurate and up to date, this guide is reviewed and updated quarterly. Printed copies are available in the reception area, interview rooms, through probation officers, and at the Juvenile Superior Court of Sacramento County.

The guide highlights services offered by community partners and nonprofit organizations committed to supporting youth and young adults. Please note that availability may vary depending on the provider's capacity and eligibility criteria. Some programs may require a referral, recommendation, or authorization from a probation officer.

For questions, feedback, or to request updates, please contact the Administrative Services Office I for the Juvenile Field Division at:

JuvenileField@saccounty.gov  
916-876-4600

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# COUNTY PROVIDED SERVICES



## County Provided Services - Child Protective Services (CPS)

### **Sacramento County CPS Main Contacts:**

- **Child Abuse Hotline (24/7):**  
**(916) 875-5437 (875-KIDS)**
  - **General CPS Information:**  
**(916) 875-0187**
- 

### **Ombudsperson/Civil Rights Coordinator:**

- For complaints, concerns, or civil rights issues  
**(916) 875-2000**
- 

### **The Source Sacramento (Youth Support & Resources, 24/7):**

- Support for youth up to age 26  
**Call/Text: (916) 787-7678 (916-SUPPORT)**
- 

### **Mental Health Urgent Care Clinic (MHUCC):**

- Walk-in mental health support for all ages  
**(916) 520-2460**
- 

### **The STAY (Crisis Residential Program):**

- Crisis residential support for young adults (18–29 years old)  
**(916) 890-3000**  
**Referral Forms Fax: (916) 244-2751**
- 

### **Youth Help Network (YHN):**

- Triage, navigation, and crisis support for youth aged 16–25  
**Call/Text: (916) 860-9819**  
*(Available Mon–Fri, 9 a.m.–7 p.m.)*
- 

### **Consultation and Support Engagement Team (CSET) for Commercially Sexually Exploited Children (CSEC):**

- Support for youth aged 12–21 experiencing exploitation or pressure  
**(916) 844-2426**
-

**SacEDAPT (Early Psychosis Program & Clinic):**

- Assistance for youth and young adults aged 12–30 experiencing early psychosis  
**(916) 734-7251**
- 

**Children’s Receiving Home of Sacramento:**

- Shelter and support services for children and youth in crisis  
**(916) 482-2370**
- 

**Volunteer and Intern Services:**

- Volunteer or intern opportunities with CPS  
**(916) 875-2027**
- 

**Family Resource Centers:**

- General information and referrals to local centers supporting families  
**(916) 875-5437** *(CPS Hotline can provide direct referrals)*
-

## County Provided Services – Probation Services

### Juvenile Probation Main Office:

- Supervision and guidance for youth on probation
  - Case management and court compliance
- (916) 875-4600**
- 

### Ride Free RT Bus Pass Program:

- Free bus passes for students in grades TK-12 (valid June–June annually)
  - Passes must be renewed/picked up every June from Juvenile Probation
- (916) 875-4600** *(Ask for eligibility/details)*
- 

### Youth Education & Employment Assistance:

- Support with educational programs, vocational training, and employment resources
- (916) 875-4600** *(Ask for Probation Education Services)*
- 

### Mentorship & Counseling Services:

- Connects youth with mentors and counseling for rehabilitation and support
- (916) 875-4600** *(Request referral to mentoring or counseling programs)*
- 

### Family & Community Resources:

- Referrals to community-based family support, substance abuse treatment, mental health services, and parenting classes
- (916) 875-4600** *(Request Community Resource Referrals)*
- 

### Birth Certificate & ID Assistance:

- Guidance in obtaining birth certificates or identification documents
  - For documents outside Sacramento County, contact assigned probation officer
- (916) 875-4600** *(General Information Line)*
- 

### Local Community Outreach & Support:

- Connections to local services and events to encourage positive community engagement
- (916) 875-4600** *(Request Community Outreach Coordinator)*
-



**New Parent Assistance (CSEC Unit Closet):**

- Juveniles under CSEC supervision can access diapers, baby food, baby clothing, and gently used clothing for themselves.

**(916) 875-4600** (*Ask for CSEC Unit*)

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**Less Restrictive Housing Placement Assistance:**

- Juveniles transitioning out of VOYA into less restrictive housing placements may obtain hygiene kits, clothing, bedding, and towels.

**(916) 875-4600** (*Request Housing Placement Assistance*)

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**Ending Girls Incarceration Program (NAC):**

- Provides basic clothing, backpacks, therapeutic books, and personal hygiene items specifically for female juveniles through the NAC.

**(916) 875-4600** (*Request NAC/EGI Support*)

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## County Provided Services – Behavior Health Services

### Sacramento County Mental Health Services – Youth Programs

- **Phone:** 916-875-1055
- **Website:** <https://www.dhhs.saccounty.gov/>
- **Services Provided:**
  - Mental health assessments and treatment plans for juveniles with abusive behaviors
  - Anger management programs for youth
  - Crisis intervention and support services

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#### The Source

A 24/7 support service for youth up to age 26, offering:

- **Immediate Counseling:** Access to professionals for emotional and mental health support.
- **Resource Connection:** Guidance to various community services and programs.

**Call/Text:** (916) 787-7678 (916-SUPPORT)

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#### Mental Health Urgent Care Clinic (MHUCC)

A walk-in clinic available to individuals of all ages experiencing mental health distress, providing:

- **Crisis Intervention:** Immediate support for acute mental health issues.
- **Counseling Services:** On-the-spot therapeutic assistance.
- **Medication Support:** Evaluation and management, excluding certain controlled substances.

**Contact:** (916) 520-2460

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#### Collaborative Partnerships

Sacramento County collaborates with various organizations to enhance services for probationary youth:

- **River Oak Center for Children:** Offers behavioral health services, working closely with probation and unique communities.

**Contact:** (916) 609-5100

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**JJPS (Juvenile Justice Prevention Services)**

- Short-term intensive trauma-informed services
  - High Fidelity Wraparound Services and Functional Family Therapy
  - Child and Family Teams (CFTs)
  - Individualized strength-based case planning
  - Community supports, behavioral health services
  - Youth and parent partners, flexible funding
  - **Eligibility:** Youth who have received a citation or are on Electronic Monitoring (EM) or Home Supervision (HS), not adjudicated
  - **Contact:** Maria Ramirez (916) 875-4600
- 

**JJIS (Juvenile Justice Intervention Services)**

- Counseling, skill building, family support, community-based linkages
  - Moderate or higher on YLS/CMI
  - Little to no mental health symptoms
  - Family therapy, AOD, anger management, decision-making skills
  - **Eligibility:** Youth who are on probation with a court order for counseling services.
  - **Contact:** Maria Ramirez (916) 875-4600
- 

**FIT (Flexible Integrated Treatment)**

- Specialty mental health services
  - Youth aged 0-21 with full-scope Medi-Cal
  - Mild-moderate mental health symptoms
  - **Contact:** Pam/Michelle (916) 875-4600
- 

**RYSE ABOVE (Stanford Sierra Youth & Families)**

- Prevention and early intervention for substance use and mental health
  - Youth aged 12-20
  - Outpatient (OP), Intensive Outpatient (IOP), aftercare recovery services
  - AOD and/or mild-moderate mental health symptoms
  - **Contact:** SUPT Referral Form (Request youth be referred to RYSE) (916) 368-5114
- 

**WRAP (Wraparound Services)**

- Comprehensive care for youth and family stabilization
  - Moderate-severe behavioral/mental health symptoms
  - Family relationship issues, at risk of placement loss or transitioning placements
  - **Contact:** Pam/Michelle (916) 875-4600
-

**JJDP (Juvenile Justice Diversion and Treatment Program)**

- Full Service Partnership (FSP) for probation-connected youth
  - Ages 13-17, services up to age 26
  - Serious emotional disturbance, multiple law enforcement contacts
  - Placement stabilization, homelessness prevention, educational/vocational support
  - **Contact:** Pam/Michelle (916) 875-4600
- 

**Capital Star FSP**

- FSP for young adults aged 16-25
  - Moderate-severe mental health symptoms
  - Focus on independence, employment, education, and life skills
  - **Contact:** Capital Star (916) 344-0249
- 

**Heartland Family Wellness FSP**

- Support for families with complex dynamics (housing instability, mental health, substance use, trauma, CPS/law enforcement involvement)
  - Moderate-severe mental health symptoms, relationship challenges, at risk of homelessness, employment issues
  - At least one youth (under 21) living in or transitioning to home
  - **Contact:** Heartland (916) 922-9868 (Grand Ave); (916) 418-0828 (Watt Ave)
- 

**Arson Offenders**

- Specialized assessment and treatment programs
  - Intensive counseling and behavioral interventions
  - Educational and family support services
  - **Contact:** Sacramento County Probation Department (916) 875-4600
- 

**Juvenile Sex Offenders (JSO)**

- Risk assessment and treatment planning
  - Specialized therapeutic interventions
  - Family counseling and ongoing supervision
  - Community safety and relapse prevention strategies
  - **Contact:** Sacramento County Probation Department (916) 875-4600
-

### **Agency Contact Numbers**

- Stanford Sierra Youth & Families: (916) 368-5114 (Volunteer Ln); (916) 512-8420 (Auburn Blvd)
  - Pacific Clinics: (916) 388-6400
  - Capital Star: (916) 344-0249
  - Heartland: (916) 922-9868 (Grand Ave); (916) 418-0828 (Watt Ave)
  - Turning Point: (916) 427-7141
  - River Oak: (916) 609-5100 (Laurel Hills); (916) 226-2800 (Big Horn Blvd)
  - UCD: (916) 734-8396
  - Sacramento Children's Home: (916) 452-3981
  - La Familia: (916) 452-3601
-

## County Provided Services – Family and Human Assistance

**General Assistance & CalWORKs:** Provides temporary cash aid to eligible individuals and families who do not have sufficient resources to meet their basic needs.

- **Phone:** 1-800-560-0976
  - Office: 2700 Fulton Ave, Sacramento, CA 95821
- 

**CalFresh (Food Stamps):** Assists low-income households in purchasing the food they need for good health and nutrition.

- **Phone:** 916-874-3100 or 209-744-0499
- 

**Medi-Cal:** Provides free or low-cost health insurance for eligible individuals and families.

- **Phone:** 1-800-560-0976
- 

**Employment Services:** Offers resources for job search, employment counseling, workforce training, and related services aiming at economic stability and self-sufficiency.

- **Phone:** 916-874-3100
- 

**Childcare Services:** Provides assistance with childcare to eligible families.

- **Phone:** 916-875-2000
- 

**Refugee Services:** Offers support in the areas of cash assistance, employment preparation, and placement to eligible refugees.

- **Phone:** 916-874-3100
- 

**Homeless Services:** Plans, monitors, and coordinates services for homeless individuals and families, including housing assistance and employment services.

- **Phone:** 916-874-3100
-

## County Provided Services – Black Child Legacy Campaign BCLC

### Black Child Legacy Campaign (BCLC) – Sacramento County

#### General Contact Information

- **Address:** 1321 Garden Hwy, Suite 120, Sacramento, CA 95833
  - **Phone:** (916) 993-7701
  - **Email:** [raacd@shfcenter.org](mailto:raacd@shfcenter.org)
  - **Neighborhoods Served:** Arden Arcade, Del Paso Heights & North Sacramento Foothill Farms & North Highlands, Fruitridge & Stockton, Meadowview, Oak Park, Valley Hi
  - **Primary Focus Areas:** Reducing African American child deaths by addressing: Perinatal conditions, Infant sleep-related deaths, Child abuse and neglect, Third-party homicides
  - **Programs & Initiatives: Community Resource Hubs (CILs):** Offer crisis response, case management, and culturally responsive support. **Youth Programs:** e.g., Kings and Queens Rise sports league for mentoring and community engagement.
  - **Probation Contact: Larry King:** (916) 874-4600
-

# ABUSE AND DOMESTIC VIOLENCE RESOURCES





## Abuse and Domestic Violence Support

### WEAVE (Women Escaping a Violent Environment)

- **Phone:** 916-448-2321
  - **Website:** <https://www.weaveinc.org/>
  - **Services Provided:** Crisis intervention, administrative support, community outreach, and counseling for juveniles who are victims of domestic violence.
  - **Additional Information:** Volunteers must attend training sessions and commit to specific hours.
- 

### La Familia Counseling Center

- **Phone:** 916-452-3601
  - **Website:** <https://www.lafcc.org/>
  - **Services Provided:** Counseling for juveniles who are victims of domestic violence.
  - **Address:** 5523 34th Street, Sacramento, CA 95820
- 

### Sobriety Brings a Change (SBAC)

- **Phone:** 916-454-4242
  - **Website:** <https://www.sobrietybringsachange.com/>
  - **Services Provided:** Batterer's treatment program and addiction recovery.
  - **Address:** 4600 47th Street, Suite 102, Sacramento, CA 95823
- 

### Sacramento Family Justice Center (SFJC)

- **Phone:** 916-874-9377
  - **Website:** <https://www.sacramentojusticecenter.org/>
  - **Services Provided:** A one-stop location for victims of domestic violence, sexual assault, human trafficking, and other crimes, offering access to legal, medical, and therapeutic services.
- 

### UC Davis Children's Hospital: CAARE Center

- **Phone:** 916-734-8396
  - **Website:** [https://www.ucdmc.ucdavis.edu/children/clinical\\_services/CAARE/](https://www.ucdmc.ucdavis.edu/children/clinical_services/CAARE/)
  - **Services Provided:** Trauma-focused therapy and treatment for children who have experienced abuse or neglect.
  - **Address:** 3671 Business Drive, Suite 100, Sacramento, CA 95820
-

**Stanford Sierra Youth and Families**

- **Phone:** 916-344-0199
  - **Website:** <https://www.youthsolutions.org/>
  - **Services Provided:** Support for at-risk youth and families, including counseling for those who have experienced trauma and abuse.
  - **Address:** 8912 Volunteer Lane, Sacramento, CA
- 

**Another Choice Another Chance (ACAC)**

- **Phone:** 916-224-4677
  - **Website:** <https://www.acacsac.org/>
  - **Services Provided:** Mental health services, trauma support, and counseling for children and families.
  - **Address:** 7000 Franklin Blvd, Suite 670, Sacramento, CA 95823
- 

**HeartLand Child & Family Services (formerly Terkensha)**

- **Phone:** 916-922-9868
  - **Website:** <https://www.doingwhateverittakes.org/>
  - **Services Provided:** Family counseling, trauma-informed care, and mental health support.
  - **Address:** 811 Grand Avenue, Suite D, Sacramento, CA 95838
- 

**River Oak Center for Children**

- **Phone:** 916-609-5100
  - **Website:** <https://www.riveroak.org/>
  - **Services Provided:** Mental health support for children and families experiencing trauma and abuse.
  - **Address:** 5445 Laurel Hills Drive, Sacramento, CA 95841
- 

**The R.A.C.E. Foundation**

- **Phone:** 916-642-7785
  - **Website:** <https://www.racefoundation.org/>
  - **Services Provided:** Prevention and intervention services for youth experiencing trauma or at risk of trafficking.
-

**The Hope Cooperative**

- **Phone:** 916-440-1500
  - **Website:** <https://www.hopecooperative.org/>
  - **Services Provided:** Housing and support services for individuals experiencing homelessness, including those who are survivors of trauma and abuse.
- 

**Crittenton Services for Children and Families**

- **Phone:** 916-561-2032
  - **Website:** <https://www.crittentonsocal.org/>
  - **Services Provided:** Support services, outreach, and safe environments for youth who have experienced trauma or abuse.
- 

**Sacramento Police Department - Human Trafficking Unit**

- **Phone:** 916-264-5471 (Non-Emergency)
  - **Website:** Sacramento Police Department
  - **Services Provided:** Investigates human trafficking crimes and provides victims with services and referrals.
- 

**California Coalition Against Sexual Assault (CALCASA)**

- **Phone:** 916-446-2520
  - **Website:** <https://www.calcasa.org/>
  - **Services Provided:** Supports victims of sexual violence, including trafficking, and provides resources, training, and advocacy.
- 

**A Safe Place for Youth (SAY) Sacramento**

- **Phone:** 916-737-1474
  - **Website:** <https://www.saysacramento.org/>
  - **Services Provided:** Outreach, advocacy, and case management services for at-risk youth, including those vulnerable to trafficking or abuse.
- 

**Sacramento Housing Alliance**

- **Phone:** 916-446-9255
  - **Website:** <https://www.sachousingalliance.org/>
  - **Services Provided:** Advocacy for affordable housing and resources for survivors of human trafficking or domestic violence who need stable housing.
-

### **The National Center for Missing & Exploited Children (NCMEC)**

- **Phone:** 1-800-THE-LOST (1-800-843-5678)
  - **Website:** <https://www.missingkids.org/>
  - **Services Provided:** Resources for children who are victims of trafficking and those at risk of exploitation, including hotlines, victim services, and recovery support.
- 

### **The DREAM Project**

- **Phone:** 916-970-3196
  - **Website:** [The DREAM Project](#)
  - **Services Provided:** Case management, therapeutic services, and legal assistance for young women and girls who have been victims of exploitation or abuse.
- 

### **WellSpace Health**

- **Phone:** 916-737-5555
  - **Website:** <https://www.wellspacehealth.org/>
  - **Services Provided:** Mental health support, crisis intervention, addiction treatment, and trauma-informed care.
- 

### **Strategies for Change**

- **Phone:** 916-395-3552
  - **Website:** <https://www.strategies4change.org/>
  - **Services Provided:** Counseling and substance abuse support for individuals and families experiencing trauma or domestic violence.
-

## Juvenile Domestic Violence Services

### Sobriety Brings a Change (SBAC)

- **Phone:** 916-454-4242
  - **Website:** <https://www.sobrietybringsachange.com/>
  - **Services Provided:**
    - Batterer's treatment program
    - Anger management classes
    - Counseling and behavior modification for juveniles exhibiting abusive behaviors
  - **Address:** 4600 47th Street, Suite 102, Sacramento, CA 95823
- 

### Sacramento Family Justice Center (SFJC)

- **Phone:** 916-874-9377
  - **Website:** <https://www.sacramentojusticecenter.org/>
  - **Services Provided:**
    - Intervention programs for youth displaying abusive behaviors
    - Anger management and conflict resolution programs
    - Family-based counseling to address behavioral concerns
- 

### WellSpace Health

- **Phone:** 916-737-5555
  - **Website:** <https://www.wellspacehealth.org/>
  - **Services Provided:**
    - Anger management therapy for youth
    - Domestic violence prevention programs targeting youth who exhibit controlling or abusive behavior
    - Behavioral health counseling for individuals with aggressive tendencies
- 

### Another Choice Another Chance (ACAC)

- **Phone:** 916-224-4677
  - **Website:** <https://www.acacsac.org/>
  - **Services Provided:**
    - Mental health counseling for youth with abusive or violent tendencies
    - Substance abuse treatment, which may contribute to violent behaviors
    - Family intervention programs to correct harmful behaviors
-

**Stanford Sierra Youth and Families**

- **Phone:** 916-344-0199
  - **Website:** <https://www.youthsolutions.org/>
  - **Services Provided:**
    - Youth behavior modification programs for those engaging in harmful or aggressive behaviors
    - Family therapy for households impacted by juvenile aggression
    - Specialized counseling for teens struggling with anger and control issues
- 

**Capital Star Community Services**

- **Phone:** 916-584-7800
  - **Website:** <https://www.starsinc.com/sacramento-county/>
  - **Services Provided:**
    - Intensive therapy for juveniles exhibiting aggressive or abusive behavior
    - Counseling services for at-risk youth who struggle with emotional regulation and violence
    - Crisis intervention and behavioral therapy
- 

**Turning Point Community Programs**

- **Phone:** 916-364-8395
  - **Website:** <https://www.tpcp.org/>
  - **Services Provided:**
    - Anger management classes for youth
    - Individual and family therapy focusing on youth aggression and abusive behaviors
    - Behavior modification programs
- 

**River Oak Center for Children**

- **Phone:** 916-609-5100
  - **Website:** <https://www.riveroak.org/>
  - **Services Provided:**
    - Individual and family therapy for juveniles with violent tendencies
    - Behavioral modification programs
    - Parenting support and intervention for families dealing with abusive juveniles
-

### **HeartLand Child & Family Services (formerly Terkensha)**

- **Phone:** 916-922-9868
  - **Website:** <https://www.doingwhateverittakes.org/>
  - **Services Provided:**
    - Therapy and intervention services for youth who exhibit abusive behaviors
    - Anger management and behavioral health counseling
    - Family support services to address patterns of violence and aggression
- 

### **Sacramento County Mental Health Services – Youth Programs**

- **Phone:** 916-875-1055
  - **Website:** <https://www.dhhs.saccounty.gov/>
  - **Services Provided:**
    - Mental health assessments and treatment plans for juveniles with abusive behaviors
    - Anger management programs for youth
    - Crisis intervention and support services
-

## Human Trafficking and Commercial Sexual Exploitation of Children Resources

### The Salvation Army - Sacramento

- **Phone:** (916) 441-7647
  - **Website:** <https://www.salarmysacto.org/>
  - **Services Provided:**
    - Emergency housing, food, and case management services for survivors of human trafficking
    - Rehabilitation programs and crisis support
- 

### Sacramento County District Attorney's Office - Human Trafficking Division

- **Phone:** (916) 874-6218
  - **Website:** <https://www.sacda.org/>
  - **Services Provided:**
    - Investigates and prosecutes human trafficking cases
    - Provides victim services and legal advocacy
- 

### Court Appointed Special Advocates (CASA) Sacramento

- **Phone:** (916) 875-5555
  - **Website:** <https://www.sacramentocasa.org/>
  - **Services Provided:**
    - Advocacy for children who have been victims of human trafficking
    - Ensures children's voices are heard in court and they receive necessary services
- 

### The Hope Cooperative

- **Phone:** (916) 440-1500
  - **Website:** <https://www.hopecooperative.org/>
  - **Services Provided:**
    - Housing and support services for survivors of human trafficking
    - Case management, health services, and job readiness programs
-



**Crittenton Services for Children and Families**

- **Phone:** (916) 561-2032
  - **Website:** <https://www.crittentonsocal.org/>
  - **Services Provided:**
    - Services for youth and families, including those who have experienced human trafficking
    - Counseling, outreach, and a safe environment
- 

**Sacramento Police Department - Human Trafficking Unit**

- **Phone:** (916) 264-5471 (Non-Emergency)
  - **Website:** Sacramento Police Department
  - **Services Provided:**
    - Investigates human trafficking crimes
    - Provides services and referrals for victims
- 

**California Coalition Against Sexual Assault (CALCASA)**

- **Phone:** (916) 446-2520
  - **Website:** <https://www.calcasa.org/>
  - **Services Provided:**
    - Supports victims of sexual violence, including trafficking
    - Provides resources, training, and advocacy
- 

**A Safe Place for Youth (SAY) Sacramento**

- **Phone:** (916) 737-1474
  - **Website:** <https://www.saysacramento.org/>
  - **Services Provided:**
    - Outreach, advocacy, and case management for at-risk youth
    - Special focus on youth at risk of being trafficked or who have experienced trafficking
- 

**Bay Area Anti-Trafficking Coalition (BAATC)**

- **Phone:** (510) 839-2272
  - **Website:** <https://www.baatc.org/>
  - **Services Provided:**
    - Collaborates with Sacramento-area organizations to support trafficking victims
    - Offers emergency housing, legal advocacy, and mental health services
-

**Breaking the Chains**

- **Phone:** (916) 239-7433
  - **Website:** <https://www.btcfresno.org/>
  - **Services Provided:**
    - Outreach, education, and support services for survivors of human trafficking
    - Mentorship, case management, and community education programs
- 

**Freedom House**

- **Phone:** (916) 635-2313
  - **Website:** <https://www.freedomhousesf.org/>
  - **Services Provided:**
    - Safe housing for survivors of human trafficking
    - Case management, counseling, and assistance with employment and education
- 

**Sacramento Family Justice Center (SFJC)**

- **Phone:** (916) 874-9377
  - **Website:** <https://www.sacramentojusticecenter.org/>
  - **Services Provided:**
    - One-stop location for victims of human trafficking, domestic violence, and sexual assault
    - Access to legal, medical, and therapeutic services
- 

**Sacramento Housing Alliance**

- **Phone:** (916) 446-9255
  - **Website:** <https://www.sachousingalliance.org/>
  - **Services Provided:**
    - Advocates for affordable housing for trafficking survivors
    - Works with shelters to provide safe housing
- 

**The R.A.C.E. Foundation**

- **Phone:** (916) 642-7785
  - **Website:** [The R.A.C.E. Foundation](https://www.racefoundation.org/)
  - **Services Provided:**
    - Support for youth and young adults at risk of trafficking
    - Provides prevention and intervention services
-

**The National Center for Missing & Exploited Children (NCMEC)**

- **Phone:** 1-800-THE-LOST (1-800-843-5678)
  - **Website:** <https://www.missingkids.org/>
  - **Services Provided:**
    - Resources for children who are victims of trafficking
    - 24/7 hotline, victim services, and recovery support
- 

**The Advocacy Network**

- **Phone:** (916) 567-0618
  - **Website:** <https://www.theadvocacynetwork.org/>
  - **Services Provided:**
    - Resources for trafficking victims, including legal services, shelter referrals, and trauma-informed care
- 

**The New Leaders Initiative**

- **Phone:** (916) 456-1550
  - **Website:** <https://www.newleadersinitiative.org/>
  - **Services Provided:**
    - Educational programs and mentorship for at-risk youth
    - Supports efforts to prevent trafficking and break cycles of exploitation
- 

**Cal-EMA Victim Services Division**

- **Phone:** (916) 845-0000
  - **Website:** <https://www.caloes.ca.gov/>
  - **Services Provided:**
    - Grants and assistance for local service providers helping trafficking victims
    - Statewide support for survivors
- 

**CSEC Program at My Sister's House**

- **Phone:** (916) 428-3271
  - **Website:** <https://www.my-sisters-house.org/>
  - **Services Provided:**
    - Specialized program for **Commercially Sexually Exploited Children (CSEC)**
    - Outreach, shelter, advocacy, and trauma-informed care
-

**CSEC Resources at WEAVE**

- **Phone:** (916) 920-2952 (24-Hour Support)
  - **Website:** <https://www.weaveinc.org/>
  - **Services Provided:**
    - Shelter, legal advocacy, and mental health services for youth impacted by CSEC
    - Safe space for minors to heal and rebuild their lives
- 

**California Coalition Against Sexual Exploitation (CASC)**

- **Phone:** (916) 836-5335
  - **Website:** <https://www.casc.org/>
  - **Services Provided:**
    - Training, resources, and advocacy for youth and professionals working with trafficked children
    - Support for organizations assisting victims in the Sacramento area
- 

**Sacramento County Department of Health and Human Services - CSEC Program**

- **Phone:** (916) 875-2000
  - **Website:** <https://www.dhhs.saccounty.gov/>
  - **Services Provided:**
    - Counseling, emergency shelter, and reintegration support for minors who are trafficking victims
    - Trauma-informed care and rehabilitation programs
- 

**The DREAM Project**

- **Phone:** (916) 970-3196
  - **Website:** <https://www.dreamprojectca.org/>
  - **Services Provided:**
    - Case management, therapy, and legal assistance for young women and girls who are victims of CSEC
    - Life skills education, mentorship, and safe housing
-

# CAREER AND EMPLOYMENT RESOURCES



## Career Development and Skill Training

### Sacramento Regional Conservation Corps (SRCC)

- **Address:** 6101 27th St, Sacramento, CA 95822
  - **Phone:** 916-386-8894
  - **Description:** Provides education, job skills training, and conservation project experience to help young adults gain work experience and develop their careers.
- 

### Wind Youth Services

- **Addresses:**
    - 815 S St, Sacramento, CA 95811 - 916-504-3313
    - 3671 5th Ave, Sacramento, CA 95817 - 916-561-4900
  - **Description:** Provides supportive services and opportunities for homeless and at-risk youth to develop independence and job skills.
- 

### Northern Cal Construction Training (NCCT)

- **Address:** 10170 Missile Way, Mather, CA 95655
  - **Phone:** 916-387-1564
  - **Description:** Prepares individuals for careers in construction, offering classroom instruction and hands-on training.
- 

### Greater Sacramento Urban League

- **Address:** 3725 Marysville Blvd, Sacramento, CA 95838
  - **Phone:** 916-286-8600
  - **Description:** Provides underserved youth and adults with education, job training, and placement opportunities for economic self-reliance.
- 

### Volunteers of America (Adolpho House)

- **Addresses:**
    - 1400 A St, Sacramento, CA 95811 - 916-448-5507
    - 3649 Femoyer St, Mather, CA 95655 - 916-362-3150
    - 10566 Peter A McCuen Blvd, Mather, CA 95655 - 916-346-4911
    - 1001 Grand Ave, Sacramento, CA 95838 - 916-929-1951
  - **Description:** Offers housing, employment training, and supportive services, including job readiness training for individuals facing barriers to employment.
-

**Goodwill Industries – Job Readiness Training**

- **Address:** 8001 Folsom Blvd, Sacramento, CA 95826
  - **Phone:** 916-395-9000
  - **Description:** Provides job training, employment placement services, and other community-based programs to assist individuals in securing sustainable employment.
- 

**Strategies for Change**

- **Addresses:**
    - 4343 Williamsborough Drive, Sacramento, CA 95823 - 916-395-3552
    - 4441 Auburn Blvd., Suite E, Sacramento, CA 95841 - 916-473-5764
  - **Description:** Provides workforce training, substance abuse recovery, and behavioral health services.
- 

**Black Child Legacy Campaign**

- **Address:** 1321 Garden Hwy, Sacramento, CA 95833
  - **Phone:** 916-993-7701
  - **Description:** Supports economic and educational development to reduce disparities in African American child deaths in Sacramento County.
- 

**Always Knocking INC**

- **Address:** 4600 47th Avenue, Suite #106, Sacramento, CA 95824
  - **Phone:** 916-470-2077
  - **Description:** Provides job readiness programs, resume development, interview preparation, and career shadowing experiences.
- 

**Anti-Recidivism Coalition (ARC)**

- **Address:** 1414 K Street, Suite 150, Sacramento, CA 95814
  - **Phone:** 916-942-9080
  - **Description:** Offers mentorship, job training, mental health services, and support for formerly incarcerated individuals to gain employment and stability.
- 

**California Conservation Corps (CCC)**

- **Address:** 1719 24th Street, Sacramento, CA 95816
  - **Phone:** 916-341-3100
  - **Description:** Offers paid environmental and emergency response work for young adults (18-25) to develop skills and gain work experience.
-

### **Sacramento Job Corps Center**

- **Address:** 3100 Meadowview Rd, Sacramento, CA 95832
  - **Phone:** 916-394-0770
  - **Description:** Sacramento Job Corps offers free career training in various fields for 16–24-year-olds who meet eligibility requirements
- 

### **Sacramento County Office of Education (SCOE) – WorkAbility/Transition Partnership**

- **Phone:** (916) 228-2500
  - **Vocational Specialist Contact:** Shawn O'Briant, (916) 228-2005
  - **Website:** [https://www.scoe.net/divisions/special\\_ed/workability/](https://www.scoe.net/divisions/special_ed/workability/)
  - **Services:** Provides transition services for students with disabilities (ages 14–22), including employment training, independent living support, and post-secondary education assistance through WorkAbility I and the Transition Partnership Program.
-



## Employment Assistant and Job Readiness

### Always Knocking INC

- **Address:** 4600 47th Avenue, Suite #106, Sacramento, CA 95824
  - **Phone:** 916-470-2077
  - **Website:** <http://www.alwaysknocking.com/>
  - **Services:** Resume development, interview preparation, job shadowing, career coaching, and soft skills training.
- 

### Anti-Recidivism Coalition (ARC)

- **Address:** 1414 K Street, Suite 150, Sacramento, CA 95814
  - **Phone:** 916-942-9080
  - **Website:** <https://antirecidivism.org/>
  - **Services:** Mentorship, mental health services, job placement, supportive housing, and advocacy for criminal justice reform.
- 

### California Conservation Corps (CCC)

- **Address:** 1719 24th Street, Sacramento, CA 95816
  - **Phone:** 916-341-3100
  - **Website:** <https://ccc.ca.gov/>
  - **Services:** Paid work for young adults (18–25), environmental job training, disaster response, and career development.
- 

### Goodwill Industries – Job Readiness Training

- **Address:** 8001 Folsom Blvd, Sacramento, CA 95826
  - **Phone:** 916-395-9000
  - **Services:** Job training, employment placement, resume and interview workshops, digital literacy training.
- 

### Sacramento Works – Employment & Youth Programs

- **Phone:** 916-263-3800
  - **Website:** Sacramento Works
  - **Services:** Career readiness workshops, summer youth employment, paid internships, job placement, and skills certification.
-

**Sacramento Employment and Training Agency (SETA)**

- **Phone:** 916-263-3800
  - **Website:** <https://www.seta.net/>
  - **Services:** Job training, career coaching, employer connections, workforce development.
- 

**California Employment Development Department (EDD)**

- **Website:** <https://www.caljobs.ca.gov/>
  - **Services:** Job listings, resume-building tools, job search assistance, unemployment benefits.
- 

**Career One Stop – U.S. Department of Labor**

- **Website:** <https://www.careeronestop.org/>
  - **Services:** Job search, resume writing guides, training, certifications.
- 

**America's Job Center of California (AJCC)**

- **Phone:** 1-877-US2-JOBS
  - **Website:** [https://edd.ca.gov/en/Jobs\\_and\\_Training/TCobby](https://edd.ca.gov/en/Jobs_and_Training/TCobby)
  - **Services:** Career counseling, job search assistance, vocational training, apprenticeships.
- 

**Los Rios Community College Career Services**

- **Website:** <https://losrios.edu/>
  - **Services:** Resume and interview workshops, job fairs, employer networking, work-based learning.
- 

**City of Sacramento Small Business & Job Placement**

- **Phone:** 916-808-7199
  - **Website:** <https://www.cityofsacramento.org/>
  - **Services:** Job postings, recruitment, business support, job search assistance.
- 

**Job Corps – Sacramento**

- **Address:** 3100 Meadowview Rd, Sacramento, CA 95832
  - **Phone:** 916-394-0770
  - **Website:** <https://www.jobcorps.gov/>
  - **Services:** Free vocational training, job placement, career readiness.
-

**CalWORKs Employment Services**

- **Phone:** 916-875-3333
  - **Website:** <https://www.cdss.ca.gov/calworks>
  - **Services:** Job search assistance, training, employment aid for low-income individuals.
- 

**Sacramento Public Library – Career Services**

- **Phone:** 916-264-2920
  - **Website:** <https://www.saclibrary.org/>
  - **Services:** Resume workshops, job search support, digital literacy training.
- 

**United Way California Capital Region**

- **Phone:** 916-368-3000
  - **Website:** <https://www.yourlocalunitedway.org/>
  - **Services:** Job training, financial coaching, employment support.
- 

**Sacramento Valley Manufacturing Initiative (SVMI)**

- **Website:** <https://svmi.com/>
  - **Services:** Workforce training in manufacturing, job placement, apprenticeships.
- 

**Sacramento Area Electrical Training Center**

- **Address:** 2836 El Centro Rd, Sacramento, CA 95833
  - **Phone:** 916-646-6688
  - **Website:** <https://www.340jatc.org/>
  - **Services:** Electrical apprenticeship, job placement, industry certification.
- 

**Northern California Construction Training (NCCT)**

- **Phone:** 916-387-1564
  - **Website:** <https://www.ncctinc.org/>
  - **Services:** Construction training, OSHA certifications, job placement.
- 

**Sacramento-Sierra Building Trades Council**

- **Website:** <https://sacramentobuildingtrades.org/>
  - **Services:** Apprenticeships, construction workforce training, union job placement.
-

**California Youth Employment Program (CYEP)**

- **Phone:** 1-800-952-5646
  - **Website:** <https://www.californiaforstudents.org/>
  - **Services:** Job placement, summer work experience, vocational training.
- 

**City of Sacramento Youth Jobs Program**

- **Phone:** 916-808-8917
  - **Website:** Sacramento Youth Jobs
  - **Services:** Summer youth employment, paid internships, resume coaching.
- 

**Junior Achievement of Sacramento**

- **Phone:** 916-480-2770
  - **Website:** <https://www.juniorachievement.org/web/ja-sacramento/>
  - **Services:** Career exploration, job readiness training, entrepreneurship education.
- 

**Boys & Girls Clubs of Greater Sacramento**

- **Phone:** 916-420-3983
  - **Website:** <https://www.bgcsac.org/>
  - **Services:** Career readiness, work-based learning, mentorship.
- 

**My Brother's Keeper Sacramento**

- **Phone:** 916-808-7199
  - **Website:** <https://www.shfcenter.org/programs-and-initiatives/my-brothers-keeper-sacramento/>
  - **Services:** Career mentorship, leadership development, workforce training.
- 

**Wind Youth Services**

- **Phone:** 916-504-3313
  - **Website:** <https://www.windyouth.org/>
  - **Services:** Job readiness for youth, employment placement, financial literacy.
- 

**Sacramento Works**

- **Website:** [sacramentoworks.org](https://sacramentoworks.org)
  - **Services:** Offers resources and services to both employers and job seekers in Sacramento County, including job training centers, employment assistance, and youth programs.
  - **Contact:** Visit the website to find your nearest job center and contact information.
-

**Sacramento Employment and Training Agency (SETA)**

- **Website:** <https://www.seta.net/>
  - **Services:** Provides workforce development services, including job search assistance, training programs, and employment resources for job seekers and employers in Sacramento County.
  - **Phone:** (916) 263-3800
- 

**Youth Employment Opportunity Program (YEOP)**

- **Website:** [edd.ca.gov](http://edd.ca.gov)
  - **Services:** Assists at-risk youth aged 15-25 in achieving their educational and vocational goals through specialized services, including peer advising, career coaching, and employment preparation.
  - **Phone:** Contact your local Employment Development Department (EDD) office for more information.
- 

**Greater Sacramento Urban League – Youth Empowered for Success (YES)**

- **Website:** [gsul.org](http://gsul.org)
  - **Services:** Offers a year-long program for low-income youth aged 18-24 who are not working or in school, providing job skills training, education attainment support, and workforce development preparation.
  - **Phone:** (916) 286-8600
- 

**City of Sacramento Youth Workforce Development**

- **Website:** [cityofsacramento.org](http://cityofsacramento.org)
  - **Services:** Provides programs aimed at helping youth gain knowledge, support, and skills for employment, including interactive workforce readiness and skill development programs for ages 13-17.
  - **Phone:** (916) 808-6023
- 

**Sacramento County Department of Human Assistance – Welfare-to-Work (WTW) Program**

- **Website:** [ha.saccounty.net](http://ha.saccounty.net)
  - **Services:** Assists CalWORKs recipients in finding employment, retaining jobs, or obtaining necessary education or training to re-enter the workforce and achieve financial independence.
  - **Phone:** (916) 874-5593
-

### **La Familia Counseling Center – Job Center**

- **Website:** [lafcc.org](http://lafcc.org)
  - **Services:** Provides one-stop employment and training services to job seekers in Sacramento County, including job search assistance, career counseling, and training resources.
  - **Phone:** (916) 452-3601
- 

### **Bach Viet Association – Subsidized Employment Program**

- **Website:** [bachviet.org](http://bachviet.org)
  - **Services:** Offers a subsidized employment program in partnership with the Department of Human Assistance, aiming to provide permanent, full-time employment opportunities for eligible participants.
  - **Phone:** (916) 481-0340
- 

### **Sacramento County Economic Development – Workforce Development & Training**

- **Website:** [economic.saccounty.gov](http://economic.saccounty.gov)
  - **Services:** Assists businesses with employee recruitment and training efforts, including analyzing human resource needs, developing hiring criteria, advertising for recruitment, screening applicants, and providing training programs.
  - **Phone:** (916) 874-5593
-

# EDUCATION AND YOUTH DEVELOPMENT



## Education Assistance K -12

### United Way 2-1-1 Information and Referral Service

- **Phone:** 2-1-1 or (916) 498-1000
  - **Website:** <https://www.211sacramento.org/>
  - **Services:** Provides free referral services for educational support, transportation resources, and other community services.
- 

### Sacramento County Office of Education (SCOE) – Youth Programs

- **Phone:** (916) 643-7400
  - **Website:** <https://www.scoe.net/>
  - **Services:** Offers alternative education, tutoring, after-school programs, and mentorship for young people with a focus on high-risk youth.
- 

### Sacramento Public Library – Teen Programs

- **Phone:** (916) 264-2920
  - **Website:** <https://www.saclibrary.org/>
  - **Services:** Provides tutoring, career development workshops, STEM programs, and leadership opportunities for teens.
- 

### Target Excellence

- **Phone:** (916) 545-2116
  - **Address:** 1331 Garden Hwy, Suite 100, Sacramento, CA 95833
  - **Services:** Offers after-school programs, college readiness, and tutoring.
- 

### Bridge Network

- **Phone:** (916) 244-1400
  - **Website:** <https://www.bridge-network.org/>
  - **Address:** 7851 35th Avenue, Sacramento, CA 95824
  - **Services:** Provides after-school program services, mentoring, teen groups, work readiness, independent study, and tutoring.
- 

### SETA Head Start

- **Phone:** (916) 263-3804
  - **Website:** <https://headstart.seta.net/>
  - **Address:** 925 Del Paso Blvd, Suite 100, Sacramento, CA 95815
  - **Services:** Provides early childhood education for children from birth to age 5.
-



### **First 5 Sacramento**

- **Phone:** (916) 876-5865
  - **Website:** <https://www.first5sacramento.net/>
  - **Address:** 2750 Gateway Oaks Drive, Suite 330, Sacramento, CA 95833
  - **Services:** Offers programs and services that benefit children and families, including early learning and school readiness initiatives.
-

## Tutoring and Academic Support

### Sacramento Public Library – Teen Programs.

- **Phone:** (916) 264-2920
  - **Website:** <https://www.saclibrary.org/teens>
  - **Services:** Offers tutoring, career development workshops, STEM programs, and leadership opportunities for teens
- 

### My Brother's Keeper Sacramento

- **Phone:** (916) 808-7199
  - **Website:** <https://www.shfcenter.org/programs-and-initiatives/my-brothers-keeper-sacramento/>
  - **Services:** Provides mentorship and academic support for young men of color.
- 

### Sacramento Area Youth Services (SAYS)

- **Phone:** (916) 739-0421
  - **Website:** <https://www.sacyouthcenter.org/>
  - **Services:** Provides counseling, tutoring, mentorship, and community service programs for teens and young adults.
- 

### Sacramento County Office of Education (SCOE) – Youth Programs

- **Phone:** (916) 643-7400
  - **Website:** <https://www.scoe.net/>
  - **Services:** Offers alternative education, tutoring, after-school programs, and mentorship for high-risk youth.
- 

### City of Elk Grove – Youth and Teen Programs

- Includes after-school care, leadership development, and tutoring services.
  - **Phone:** (916) 405-5300
  - **Website:** <https://www.elkgrovecity.org/>
  - **Services:** Offers programs and services that benefit children and families, including early learning and school readiness initiatives.
-

**City of Roseville – Youth and Teen Services**

- **Phone:** (916) 774-5950
  - **Website:** <https://www.roseville.ca.us/>
  - **Services:** Provides after-school tutoring, job training, and youth leadership initiatives.
- 

**City of Folsom – Youth Programs**

- **Phone:** (916) 461-6601
  - **Website:** <https://www.folsom.ca.us/>
  - **Services:** Offers tutoring, volunteer opportunities, and leadership programs for teens.
- 

**City of Rancho Cordova – Youth Development Services**

- **Phone:** (916) 851-8700
  - **Website:** <https://www.cityofranhocordova.org/>
  - **Services:** Provides after-school enrichment, tutoring, and mentorship programs.
- 

**City of West Sacramento – Teen Programs**

- **Phone:** (916) 617-4620
  - **Website:** <https://www.cityofwestsacramento.org/>
  - **Services:** Offers tutoring, job training, and community service opportunities
- 

**Youth Empowerment Service (YES)**

- **Phone:** (916) 424-9900
  - **Website:** <https://www.youthyes.org/>
  - **Services:** Provides tutoring, leadership development, and educational support.
-

## College and Higher Education Support

### Sacramento State University (CSU Sacramento)

- **Phone:** (916) 278-6011
  - **Website:** Sacramento State Admissions
  - **Services:** Undergraduate and graduate admissions support, financial aid guidance, first-year experience programs.
- 

### Sacramento City College (SCC)

- **Phone:** (916) 558-2111
  - **Website:** <https://www.scc.losrios.edu/>
  - **Services:** Transfer assistance, financial aid, academic advising.
- 

### Los Rios Community College District (Including SCC, CRC, ARC, FLC)

- **Phone:** (916) 568-3042
  - **Website:** <https://www.losrios.edu/>
  - **Services:** Financial aid, college transfer assistance, job training programs.
- 

### California College Guidance Initiative (CCGI)

- **Phone:** (916) 498-1000 (United Way 2-1-1 Referral)
  - **Website:** <https://www.californiacolleges.edu/>
  - **Services:** College preparation and financial aid resources for California students.
- 

### Sacramento Area Youth Empowerment (SAYE)

- **Phone:** (916) 739-0421
  - **Website:** <https://www.sayecenter.org/>
  - **Services:** SAT prep, college application help, mentorship.
- 

### The Sacramento Scholarship Foundation

- **Phone:** (916) 426-4228
  - **Website:** <https://www.sacscholarships.org/>
  - **Services:** Scholarships and financial aid workshops.
- 

### California Dream Act (For Undocumented Students)

- **Phone:** (888) 224-7268 (California Student Aid Commission)
  - **Website:** <https://dream.csac.ca.gov/>
  - **Services:** Financial aid for undocumented students.
-

### **College Futures Foundation**

- **Phone:** (415) 287-1800
  - **Website:** <https://www.collegefutures.org/>
  - **Services:** College funding, scholarships, first-generation student support.
- 

### **NextUp Program (Formerly EOPS - for foster youth)**

- **Phone:** (916) 255-3516 (Sacramento County Child Welfare)
  - **Website:** <https://www.cccco.edu/>
  - **Services:** Academic support, financial assistance, career counseling.
- 

### **College Information Fair - Sacramento**

- **Phone:** Call (916) 263-3800 (Sacramento Works) for event information.
  - **Services:** College admissions, scholarships, financial aid presentations.
- 

### **Free Application for Federal Student Aid (FAFSA)**

- **Phone:** 1-800-433-3243
  - **Website:** <https://studentaid.gov/>
  - **Services:** Federal and state financial aid applications.
- 

### **Federal Pell Grant**

- **Phone:** 1-800-4-FED-AID (1-800-433-3243)
  - **Website:** <https://www.pellgrant.com/>
  - **Services:** Financial grants for low-income students.
-

## Adult School and GED Resources

### Greater Sacramento Urban League

- **Address:** 3725 Marysville Blvd, Sacramento, CA 95838
  - **Phone:** 916-286-8600
  - **Services:** Provides education, job training, and placement opportunities, including GED preparation.
- 

### Northern California Construction Training (NCCT)

- **Address:** 10170 Missile Way, Mather, CA 95655
  - **Phone:** 916-387-1564
  - **Services:** Prepares individuals for construction careers, including GED preparation if necessary.
- 

### Sacramento Regional Conservation Corps (SRCC)

- **Address:** 6101 27th St, Sacramento, CA 95822
  - **Phone:** 916-386-8894
  - **Services:** Provides education and job training for young adults, including high school diploma and GED assistance
- 

### Wind Youth Services

- **Address:** 815 S St, Sacramento, CA 95811
  - **Phone:** 916-504-3313
  - **Services:** Supports homeless and at-risk youth, including GED and educational support.
- 

### Sacramento City College - Re-Emerging Scholars Program

- **Address:** 3835 Freeport Blvd, Sacramento, CA 95822
  - **Phone:** 916-558-2234
  - **Services:** Assists individuals with enrolling in college, even without a high school diploma.
- 

### Sacramento Public Library

- **Phone:** 916-264-2920
  - **Website:** <https://www.saclibrary.org/>
  - **Services:** Provides free GED/HiSET study materials, online resources, and tutoring assistance.
-

**California State University - Sacramento (High School Equivalency Program)**

- **Phone:** 916-278-4519
  - **Website:** <https://www.csus.edu/student-affairs/centers-programs/high-school-equivalency-program/>
  - **Services:** Offers bilingual instruction and preparation for GED exams, specifically for migrant and seasonal farmworkers.
- 

**Twin Rivers Adult School**

- **Phone:** 916-566-2785
  - **Website:** <https://www.tras.edu/>
  - **Services:** GED preparation classes and Pearson VUE Testing Center for official GED exams.
- 

**San Juan Adult Education**

- **Phone:** 916-971-7654
  - **Website:** <https://adulthoodeducation.sanjuan.edu/>
  - **Services:** Offers free GED test preparation classes, personalized learning plans, and test scheduling assistance.
- 

**Charles A. Jones Career & Education Center**

- **Phone:** 916-395-5800
  - **Website:** <https://caj.scusd.edu/>
  - **Services:** Provides GED/HiSET preparation classes, workforce training, and career guidance.
- 

**Elk Grove Adult and Community Education**

- **Phone:** 916-686-7717
  - **Website:** <https://egace.egusd.net/>
  - **Services:** GED preparation courses, computer-assisted learning, and official testing services.
- 

**Los Rios Community College District (American River College, Sacramento City College, Cosumnes River College, Folsom Lake College)**

- **Phone:** 916-568-3100
  - **Website:** <https://losrios.edu/>
  - **Services:** Provides GED preparation courses, adult education support, and access to college transition programs.
-

**Sacramento City Unified School District - Adult Education**

- **Phone:** 916-643-7400
  - **Website:** <https://www.scusd.edu/adult-education-schools>
  - **Services:** GED and high school diploma programs, basic skills development, and ESL courses.
-



## Sacramento County Office of Education (SCOE) Resources

### Sacramento County Office of Education (SCOE)

- **Phone:** (916) 228-2500
  - **Website:** <https://www.scoe.net/>
  - **Services:**
    - Alternative education programs
    - Tutoring and academic support
    - Career technical education programs
    - Special education programs
    - Mental health support for students
    - Support for students experiencing homelessness (Project TEACH)
- 

### Project TEACH (SCOE)

- **Phone:** (916) 228-2542
  - **Website:** <http://projectteach.scoe.net/>
  - **Services:** Supports the educational success of children experiencing homelessness by providing access to schooling, tutoring, and related services.
- 

### Sacramento City Unified School District (SCUSD)

- **Phone:** (916) 643-7400
  - **Website:** <https://www.scusd.edu/>
  - **Services:**
    - School transportation for eligible students
    - Special education services
    - Tutoring and academic support
    - Counseling and mental health services
- 

### Elk Grove Unified School District

- **Phone:** (916) 686-7750
  - **Website:** <https://www.egusd.net/>
  - **Services:**
    - Bus services for qualifying students
    - Learning disability testing
    - Parent workshops on improving student performance
    - Special education services
-

**San Juan Unified School District**

- **Phone:** (916) 979-8877
  - **Website:** <https://www.sanjuan.edu/>
  - **Services:**
    - Learning disability assessments
    - After-school tutoring
    - School attendance improvement programs
- 

**Resources to Keep Kids in School & Improve Grades****United Way California Capital Region (2-1-1)**

- **Phone:** Dial 2-1-1 or (916) 498-1000
  - **Website:** <https://www.211sacramento.org/>
  - **Services:** Helps families access educational support, tutoring, and attendance improvement resources.
- 

**Sacramento Public Library – Teen Programs**

- **Phone:** (916) 264-2920
  - **Website:** <https://www.saclibrary.org/>
  - **Services:** Offers free tutoring, career development workshops, and STEM programs.
- 

**Twin Rivers Sacramento County Mental Health Services**

- **Phone:** (916) 875-1055
  - **Services:** Provides mental health support for youth struggling in school due to emotional or behavioral challenges.
- 

**Twin Rivers Educational Services**

- **Phone:** (916) 228-2500
  - **Services:** Provides support for students, teachers, and families through various programs, including curriculum development, instructional support, and professional development opportunities.
- 

**Twin Rivers Special Education Department**

- **Phone:** (916) 228-2500
  - **Services:** Offers programs for students aged 3 to 22 with emotional, cognitive, physical, or medical disabilities, including specialized services such as vision support, speech and language therapy, and access to school nurses and psychologists.
-

**Twin Rivers Prevention and Early Intervention (PEI)**

- **Phone:** (916) 228-2500
  - **Services:** Focuses on school safety, violence prevention, substance abuse prevention, and mental health services to create a supportive learning environment.
- 

**Twin Rivers Student Support and Health Services**

- **Phone:** (916) 643-9421
  - **Services:** Offers a wide range of social, emotional, and health resources to help students thrive, including programs to promote attendance, positive school climate, and overall well-being.
- 

**Twin Rivers Learning Disability Testing**

- **Phone:** (916) 278-6252
  - **Services:** Sacramento State's Counseling and Diagnostic Services Center provides educational testing designed to assess K-12 students for learning disabilities in areas such as reading, math, and writing.
- 

**Twin Rivers Service Information****General Contact Information**

- **Address:** 5115 Dudley Blvd., McClellan Park, CA 95652
  - **Phone:** (916) 566-1600
  - **Email:** info@trusd.net
  - **Website:** <https://www.trusd.net/>
- 

**Student Services Department**

- **Address:** 5115 Dudley Blvd., Bay C, McClellan, CA 95652
  - **Phone:** (916) 566-1620
  - **Email:** stu.service@trusd.net
  - **Services:** Provides support programs including counseling, health services, and attendance assistance.
- 

**Foster Youth Services**

- **Address:** 5115 Dudley Blvd., Bay C, McClellan, CA 95652
  - **Phone:** (916) 566-1600
  - **Services:** Offers case management and support for students in foster care, collaborating with social workers to ensure school stability and prompt enrollment.
-

**Early Childhood Education**

- **Phone:** (916) 566-1616
  - **Email:** EnrollPreK@trusd.net
  - **Services:** Provides preschool, childcare, and related services for young children.
- 

**Sacramento City Unified School District (SCUSD)****Family and Community Empowerment (FACE) Department**

- **Address:** Serna Center Parent Resource Center, 5735 47th Avenue, Sacramento, CA 95824
  - **Phone:** (916) 643-7924
  - **Fax:** (916) 643-2130
  - **Website:** <https://www.scusd.edu/family-and-community-empowerment-face-department>
  - **Services:** Engages families and communities to support student success through various programs and resources.
- 

**Student Support and Health Services**

- **Phone:** (916) 643-9144
  - **Website:** <https://www.scusd.edu/student-support>
  - **Services:** Provides a range of social, emotional, and health resources to help students thrive.
- 

**Student Support Centers**

- **Contact:** For schools with onsite centers, refer to the <https://www.scusd.edu/student-support-centers> page. If your school is not listed, call (916) 643-2354 or send a referral directly to the Connect Center.
  - **Services:** Offers support to students struggling socially, emotionally, behaviorally, and/or academically
- 

**Center Joint Unified School District (CJUSD)****Student & Family Support Services Office**

- **Address:** CJUSD District Annex, 3243 Center Court Lane, Antelope, CA 95843
  - **Phone:** (916) 338-6387
  - **Website:** <https://www.centerusd.org/Families/Student-and-Family-Support/index.html>
  - **Services:** Eliminates barriers to school success by providing integrated services, resources, and referrals to students, families, and schools.
-

**Elk Grove Unified School District (EGUSD)**

- **Address:** 9510 Elk Grove Florin Road, Elk Grove, CA 95624
  - **Phone:** (916) 686-5085
  - **Website:** <https://www.egusd.net/>
  - **Services:** Offers comprehensive educational programs, mental health assistance resources, and support services for students and families.
- 

**Folsom Cordova Unified School District (FCUSD)**

- **Address:** 1965 Birkmont Drive, Rancho Cordova, CA 95742
  - **Phone:** (916) 294-9000
  - **Website:** <https://www.fcusd.org/>
  - **Services:** Provides a range of educational services, including special education, counseling, and family engagement programs.
- 

**Natomas Unified School District (NUSD)**

- **Address:** 1901 Arena Blvd., Sacramento, CA 95834
  - **Phone:** (916) 567-5400
  - **Website:** <https://www.natomasunified.org/>
  - **Services:** Offers diverse educational programs, mental health resources, and family support services.
- 

**River Delta Unified School District (RDUSD)**

- **Address:** 445 Montezuma Street, Rio Vista, CA 94571
  - **Phone:** (707) 374-1700
  - **Website:** <https://www.rdusd.org/>
  - **Services:** Provides educational services across multiple counties, offering support programs for students and families.
- 

**Robla School District**

- **Address:** 5248 Rose Street, Sacramento, CA 95838
  - **Phone:** (916) 649-5248
  - **Website:** <https://www.robla.k12.ca.us/>
  - **Services:** Focuses on early childhood education, family engagement, and support services to enhance student success.
-

**Arcohe Union School District (K–8)**

- **Address:** P.O. Box 93, Herald, CA 95638
  - **Phone:** (209) 748-2313
  - **Website:** [www.arcohe.net](http://www.arcohe.net)
  - **Services:** Provides elementary and middle school education with various support programs for students and families.
- 

**Elverta Joint School District (K–8)**

- **Address:** 7900 Eloise Avenue, Elverta, CA 95626
  - **Phone:** (916) 991-2244
  - **Website:** [www.ejesd.net](http://www.ejesd.net)
  - **Services:** Offers K–8 education with a focus on community involvement and student support services.
- 

**Galt Joint Union Elementary School District (K–8)**

- **Address:** 1018 C Street, Suite 210, Galt, CA 95632
  - **Phone:** (209) 744-4545
  - **Website:** <http://www.galt.k12.ca.us>
  - **Services:** Provides comprehensive elementary education and various family support programs.
- 

**Galt Joint Union High School District (9–12)**

- **Address:** 150 Camellia Way, Galt, CA 95632
  - **Phone:** (209) 745-3061
  - **Website:** <http://www.ghsd.us>
  - **Services:** Offers high school education with programs aimed at academic excellence and student well-being.
-

# COMMUNITY AND SOCIAL SERVICES



## 24 Hour Crisis line

### 988 Suicide & Crisis Lifeline

- **Phone:** 988
  - **Services:** Provides free and confidential emotional support to individuals in suicidal crisis or emotional distress, available 24/7.
- 

### Mental Health 24-Hour Crisis Line

- **Phone:** (888) 881-4881 or (916) 875-1055
  - **Services:** Offers crisis support and service navigation for uninsured residents of Sacramento County experiencing a mental health crisis.
- 

### California Youth Crisis Line

- **Phone:** (800) 843-5200
  - **Services:** A statewide emergency response and referral system for youth (ages 12-24) and families in crisis, available 24/7.
- 

### Crisis Text Line

- **Text:** Text HOME to 741741
  - **Services:** Provides free, 24/7 text-based mental health support and crisis intervention.
- 

### WEAVE 24-Hour Crisis Line

- **Phone:** (916) 920-2952
  - **Services:** Offers immediate intervention and support for individuals experiencing domestic violence, sexual assault, or human trafficking.
- 

### The Trevor Project

- **Phone:** (866) 488-7386
  - **Text:** Text START to 678-678
  - **Services:** Provides 24/7 crisis intervention and suicide prevention services to LGBTQ+ youth nationwide.
- 

### Trans Lifeline

- **Phone:** (877) 565-8860
  - **Services:** A peer support and crisis hotline run by and for transgender people, offering support 24/7.
-



**Veterans Crisis Line**

- **Phone:** 988, then press 1
  - **Services:** Provides confidential support for veterans and their families, available 24/7.
- 

**National Domestic Violence Hotline**

- **Phone:** (800) 799-7233
  - **Services:** Offers confidential support to individuals experiencing domestic violence, available 24/7.
- 

**National Sexual Assault Hotline**

- **Phone:** (800) 656-4673
  - **Services:** Connects individuals with local sexual assault service providers, offering free and confidential support 24/7.
- 

**My Sister’s House 24-Hour Multilingual Helpline**

- **Phone:** (916) 428-3271
  - **Services:** Provides culturally appropriate services to Asian & Pacific Islander women and children impacted by domestic violence, sexual assault, and human trafficking.
- 

**Wind Youth Services – 24-Hour Crisis Hotline**

- **Phone:** (916) 561-4900
  - **Services:** Offers emergency shelter and support services for youth aged 12 and older.
- 

**The Source**

- **Phone/Text:** (916) 787-7678
  - **Services:** Provides urgent crisis support for foster youth and resource families, available 24/7.
- 

**211 Sacramento**

- **Phone:** 211
  - **Services:** Offers information and referrals for health and human services, including crisis intervention resources, available 24/7.
- 

**AIDS Hotline**

- **Phone:** 800-367-2437

- **Services:** Provides confidential information, resources, and support for individuals seeking information about HIV/AIDS prevention, testing, and treatment.
- 

#### **Pregnancy Hotline**

- **Phone:** 916-451-2273
  - **Services:** Offers support, information, and referrals for pregnant individuals, including counseling and resource connections.
- 

#### **Rape and Incest Abuse Hotline**

- **Phone:** 800-656-4373
  - **Services:** Connects callers with local sexual assault service providers for confidential support, crisis intervention, and advocacy.
- 

#### **Life Center Hotline**

- **Phone:** 916-451-2273
  - **Services:** Provides emotional support, pregnancy resources, and crisis counseling for individuals facing unplanned pregnancies.
-

## Counselling and Support Groups

### Mental Health Urgent Care Clinic through Turning Point

- **Phone:** (916) 520-2460
  - **Office Address:** 2130 Stockton Blvd, Building 300, Sacramento, CA 95817
  - **Email:** Not available
  - **Website:** Turning Point Mental Health Urgent Care
  - **Services:** Immediate mental health crisis support
- 

### La Familia Counseling Center

- **Phone 1:** (916) 452-3601
  - **Office Address 1:** 5523 34th Street, Sacramento, CA 95820
  - **Phone 2:** (916) 395-5904
  - **Office Address 2:** 3301 37th Ave, Sacramento, CA 95824
  - **Email:** info@lafcc.org
  - **Website:** [La Familia Counseling Center](#)
  - **Services:** Counseling and mental health support
- 

### Capital Star Community Services

- **Address:** 3815 Marconi Ave, Sacramento, CA 95821
  - **Phone:** 916-584-7800
  - **Email:** info@starsinc.com
- 

### Capital Star Community Services (North Sacramento Center)

- **Address:** 3800 Watt Ave, Suite 110, Sacramento, CA 95821
  - **Phone:** 916-344-0249
  - **Email:** info@starsinc.com
- 

### Capital Star Community Services (Downtown Center)

- **Address:** 401 S. Street, Sacramento, CA 95811
  - **Phone:** 916-584-7800
  - **Email:** info@starsinc.com
- 

### Chicks in Crisis

- **Address:** 9455 East Stockton Blvd., Elk Grove, CA 95624
  - **Phone:** 916-896-0031
-

**Community Against Sexual Harm (CASH)**

- **Address:** 3101 1st Ave, Sacramento, CA 95817
  - **Contact Person:** Karen Simonson
  - **Phone:** 916-856-2900 / (Karen) 916-822-4635
  - **Email:** ksimonson@cashesac.org
- 

**Heartland Child and Family Services (Grand Avenue Clinic)**

- **Address:** 811 Grand Ave, Sacramento, CA 95838
  - **Phone:** 916-922-9868
- 

**Heartland Child and Family Services (Watt Ave Clinic)**

- **Address:** 2829 Watt Ave, Sacramento, CA 95821
  - **Phone:** 916-418-0828
- 

**Heartland Child and Family Services (South Area Clinic)**

- **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823
  - **Phone:** 916-942-9144
- 

**Heartland Child and Family Services (Family Wellness Center)**

- **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823
  - **Phone:** 916-942-9060
- 

**My Sister's House**

- **Address:** 3053 Freeport Blvd., #120, Sacramento, CA 95818
  - **Phone:** 916-930-0626 (Office) / 916-428-3271 (24/7 Multi-language Help Line)
  - **Email:** info@my-sisters-house.org
- 

**Wellspace Health (Community Health Center)**

- **Address:** 1820 J St., Sacramento, CA 95826
  - **Phone:** 916-737-5555 / 916-874-9754 for AOD appointments
- 

**Wellspace Health (at St. John's Shelter)**

- **Address:** 4410 Power Inn Rd., Sacramento, CA 95826
  - **Phone:** 916-737-5555 / 916-874-9754 for AOD appointments
-

**Wellspace Health (Residential Rehabilitation Treatment Center)**

- **Address:** 1550 Juliesse Ave, Sacramento, CA 95814
  - **Phone:** 916-737-5555 / 916-874-9754 for AOD appointments
- 

**A Better You Services (formerly Sobriety Brings a Change)**

- **Address:** 2740 Fulton Ave, Sacramento, CA 95821
  - **Phone:** 916-454-4242
- 

**Stanford Sierra Youth and Families**

- **Address:** 8912 Volunteer Lane, Sacramento, CA 95826
  - **Phone:** 916-344-0199
- 

**Turning Point**

- **Address:** 3440 Viking Dr, Suite 114, Sacramento, CA 95827
  - **Contact Person:** Brianna
  - **Phone:** 916-364-8395
- 

**Pacific Clinics (formerly Uplift Family Services)**

- **Address:** 9343 Tech Center Dr., 2nd Fl., Sacramento, CA 95826
  - **Phone:** 916-388-6400
- 

**Sacramento Youth Center**

- **Address:** 1901 Del Paso Blvd, Sacramento, CA 95815
  - **Phone:** (916) 248-1081
  - **Website:** <https://www.sacyouthcenter.org/>
  - **Services:** Provides mentoring programs, workforce training, and one-on-one support to help youth achieve personal growth and academic success.
- 

**The Source Sacramento**

- **Phone:** (916) 787-7678
  - **Website:** <https://thesourcesacramento.com/>
  - **Services:** Offers free 24/7 support for youth up to age 26, assisting with life's challenges, problem-solving, and future planning.
-

**California Youth Connection (CYC)**

- **Phone:** (415) 442-5060
  - **Website:** <https://calyouthconn.org/>
  - **Services:** Empowers youth impacted by the foster care system through leadership development, community organizing, and advocacy for legislative and policy changes.
- 

**PRO Youth & Families**

- **Phone:** (916) 576-3300
  - **Website:** <https://proyouthandfamilies.org/>
  - **Services:** Engages youth with opportunities that inspire hope, offering programs in school and community-based settings focused on personal development and leadership.
- 

**Youth Forward**

- **Phone:** (916) 583-8785
  - **Website:** <https://www.youth-forward.org/>
  - **Services:** Provides training and support to young people in leadership and organizing, focusing on youth justice, mental health, and policy advocacy.
- 

**Greater Sacramento Urban League**

- **Address:** 3725 Marysville Blvd, Sacramento, CA 95838
  - **Phone:** (916) 286-8600
  - **Website:** <https://www.gsul.org/youth-families/>
  - **Services:** Offers mentorship, academic support, after-school programs, job training, workforce development, and mental health support for youth aged 12 to 25 and their families.
- 

**Sol Collective**

- **Address:** 2574 21st St, Sacramento, CA 95818
  - **Phone:** (916) 585-3132
  - **Website:** <https://solcollective.org/>
  - **Services:** A community center dedicated to art, culture, and activism, providing a platform for youth to engage in creative expression and community involvement.
-

**Wind Youth Services**

- **Phone:** 916-504-3313
  - **Services:** Provides shelter, outreach, and supportive services for homeless youth.
- 

**WEAVE**

- **Phone:** 916-448-2321
  - **Services:** Crisis intervention and support for victims of domestic violence and sexual assault.
- 

**916 Ink**

- **Phone:** 916-826-7323
  - **Services:** Offers creative writing and literacy programs for youth.
- 

**Anti-Recidivism Coalition Sacramento**

- **Phone:** 916-942-9080
  - **Services:** Provides mentorship, reentry support, and criminal justice reform advocacy.
- 

**Big Brothers Big Sisters of Greater Sacramento**

- **Phone:** 916-646-9300
  - **Services:** Mentorship program for youth.
- 

**Boys & Girls Clubs of Greater Sacramento**

- **Phone:** 916-420-3983
  - **Services:** Offers mentorship, leadership development, and career readiness.
- 

**Sacramento Children's Home**

- **Phone:** 916-452-3981
  - **Services:** Child welfare, mental health services, and family support.
- 

**Sacramento Pride Center**

- **Phone:** 916-442-0185
  - **Services:** LGBTQ+ youth support and advocacy.
-

### **Sacramento Steps Forward**

- **Phone:** 916-577-9770
  - **Services:** Supports homeless youth with housing and resources.
- 

### **Loaves & Fishes**

- **Phone:** 916-446-0874
  - **Services:** Provides meals, shelter, and essential services to homeless youth.
- 

### **Junior Achievement of Sacramento**

- **Phone:** 916-480-2770
  - **Services:** Financial literacy and career readiness education.
-





## Substance Abuse and Alcohol Treatment

### Center Point Inc.

- **Address:** 11228 Fair Oaks Blvd, Fair Oaks, CA 95628
  - **Phone:** 916-962-2800
  - **Website:** [www.cpinc.org](http://www.cpinc.org)
- 

### Gateway Foundation

- **Phone:** 916-451-9312
  - **Address:** 4049 Miller Way, Sacramento, CA 95817
  - **Services:** No youth services provided, only adult services.
- 

### New Dawn Treatment Centers

- **Contact:** Shelby Traylor
  - **Phone:** 916-723-1319
  - **Address:** 5431 Auburn Blvd #252, Sacramento, CA
  - **Website:** [www.newdawntreatmentcenters.com](http://www.newdawntreatmentcenters.com)
- 

### New Dawn (Citrus Heights)\

- **Contact:** Shelby Traylor
  - **Phone:** 916-723-1320
  - **Address:** 6371 Auburn Blvd Suite A, Citrus Heights, CA 95621
- 

### New Dawn (Elk Grove)

- **Contact:** Shelby Traylor
  - **Phone:** 916-723-1321
  - **Address:** 9381 E Stockton Blvd, Suite 102, Elk Grove, CA 95624
- 

### Sacramento Recovery House

- **Phone:** 916-455-6258
  - **Address:** 1914 22nd St, Sacramento, CA 95816
  - **Website:** [www.sacrecovery.org](http://www.sacrecovery.org)
- Services:** Only takes adult referrals from System of Care.
-

**Salvation Army Rehab**

- **Phone:** 916-441-5267
  - **Address:** 1615 D St, Sacramento, CA 95814
  - **Website:** <http://www.sacramento.salvationarmy.org>
- 

**WellSpace Health**

- **Phone:** 916-737-5555 / 916-874-9754 for AOD appointments
  - **Address:** 1550 Juliesse Ave, Sacramento, CA 95814
  - **Email:** [info@wellspacehealth.org](mailto:info@wellspacehealth.org)
  - **Website:** <https://www.wellspacehealth.org/>
- 

**National Council on Alcoholism and Drug Dependence (NCADD)**

- **Phone:** 916-922-9217
  - **Address:** 1446 Ethan Way, Sacramento, CA 95825
  - **Website:** <https://www.ncaddsac.org/>
- 

**Alcoholics Anonymous (AA) Sacramento**

- **Website:** [www.aa.org](http://www.aa.org)
- 

**Another Choice Another Chance (ACAC)**

- **Phone:** (916) 224-4677
  - **Address:** 7000 Franklin Blvd, Suite 670, Sacramento, CA 95823
  - **Website:** [www.acacsac.org](http://www.acacsac.org)
- 

**Capital Star Community Services**

- **Phone:** (916) 584-7800
  - **Address:** 3815 Marconi Ave., Sacramento, CA 95821 (Arden/Arcade)  
401 S Street, Sacramento, CA 95811 (Downtown Center)  
3800 Watt Ave., Suite 110, Sacramento, CA 95821
  - **Website:** <https://www.starsinc.com/sacramento-county/>
- 

**Safety Center (DUI Program Only)**

- **Phone:** (916) 366-7233
  - **Address:** 3909 Bradshaw Road, Sacramento, CA 95827
  - **Website:** <http://www.safetycenter.org/>
-

### **Sobriety Brings a Change (SBAC)**

- **Phone:** (916) 454-4242
  - **Address:** 4600 47th Street, Suite 102, Sacramento, CA 95823
  - **Website:** [www.sobrietybringsachange.com](http://www.sobrietybringsachange.com)
- 

### **Terra Nova Counseling (DUI Program Only)**

- **Phone:** (916) 344-0249
  - **Address:** 7844 Madison Avenue, Suite 153, Fair Oaks, CA 95628
  - **Website:** [www.terrannovacounseling.org](http://www.terrannovacounseling.org)
- 

### **Terra Nova Counseling (Downtown Location)**

- **Phone:** (916) 444-5680
  - **Address:** 2012 H Street, Suite 102, Sacramento, CA 9581
- 

### **Wellspace Health**

- **Phone:** (916) 737-5555 / (916) 874-9754 for AOD appointments
  - **Address:** 1820 J St., Sacramento, CA 95811  
4410 Power Inn Rd., Sacramento, CA 95826  
1550 Juliesse Ave., Sacramento, CA 95814
  - **Website:** [www.wellspacehealth.org](http://www.wellspacehealth.org)
-

## Mental Health Services

### Anti-Recidivism Coalition (ARC)

- **Phone:** (916) 248-4848
  - **Address:** Undisclosed
  - **Website:** <https://antirecidivism.org/>
  - **Services:** Provides mentorship, mental health services, education, and job training to formerly incarcerated individuals, aiming to reduce recidivism and support reintegration into the community.
- 

### Youth Forward

- **Phone:** (916) 248-1706
  - **Address:** 2411 15th Street, Suite A, Sacramento, CA 95818
  - **Website:** <https://www.youth-forward.org/>
  - **Services:** Focuses on policy advocacy and community engagement to reform the juvenile justice system, emphasizing prevention, healing, and safe re-entry for youth on probation.
- 

### River Oak Center for Children

- **Phone:** (916) 609-5100
  - **Address:** 5445 Laurel Hills Drive, Sacramento, CA 95841
  - **Website:** <https://www.riveroak.org/>
  - **Services:** Offers programs like Wraparound, Multisystemic Therapy, and Juvenile Justice Diversion and Treatment, collaborating with the Sacramento County Probation Department to support youth involved in the juvenile justice system.
- 

### 916 Ink

- **Phone:** (916) 826-7323
  - **Address:** 3301 37th Avenue, Suite 11, Sacramento, CA 95824
  - **Website:** <https://www.916ink.org/>
  - **Services:** Provides creative writing workshops to transform Sacramento's youth into confident writers and published authors, including programs for youth in detention facilities.
-

**La Familia Counseling Center**

- **Phone:** (916) 452-3601
  - **Address:** 5523 34th Street, Sacramento, CA 95820
  - **Website:** <https://lafcc.org/>
  - **Services:** Offers counseling, support services, and educational programs to at-risk youth and families, aiming to prevent delinquency and support positive development.
- 

**Another Choice, Another Chance**

- **Phone:** (916) 388-9418
  - **Address:** 7000 Franklin Boulevard, Suite 625, Sacramento, CA 95823
  - **Website:** <https://www.anotherchoiceanotherchance.org/>
  - **Services:** Provides substance abuse treatment, mental health counseling, and support services to youth, including those involved with the juvenile justice system.
- 

**GAP (Gang Awareness Program)**

- **Phone:** (916) 875-5738
  - **Address:** 9601 Kiefer Boulevard, Sacramento, CA 95827
  - **Website:** <https://saccoprobation.saccounty.net/Institutions/Pages/YDF-Programs.aspx>
  - **Services:** Educates youth about the consequences of gang involvement and provides alternatives to promote positive life choices.
- 

**WEAVE (Women Escaping A Violent Environment)**

- **Phone:** (916) 448-2321
  - **Address:** 1900 K Street, Sacramento, CA 95811
  - **Website:** <https://www.weaveinc.org/>
  - **Services:** Offers crisis intervention, counseling, and support services to youth affected by domestic violence and sexual assault, including those on probation.
- 

**Boys & Girls Clubs of Greater Sacramento**

- **Phone:** (916) 392-1350
  - **Address:** 5212 Lemon Hill Avenue, Sacramento, CA 95824
  - **Website:** <https://bgcsac.org/>
  - **Services:** Provides after-school programs, mentorship, and support services to youth, focusing on those from underserved communities, including juveniles on probation.
-

**Sacramento Area Congregations Together (Sacramento ACT)**

- **Phone:** (916) 389-8990
  - **Address:** 2409 15th Street, Sacramento, CA 95818
  - **Website:** <https://www.sacact.org/>
  - **Services:** Engages in community organizing and advocacy to reform the juvenile justice system, working towards alternatives to incarceration and supporting youth on probation.
- 

**Consultation and Support Engagement Team (CSET) for Commercially Sexually Exploited Children (CSEC) Program**

- **Phone:** (916) 844-2426
  - **Address:** 401 S Street, Sacramento, CA 95811
  - **Website:** <https://www.starsinc.com/sacramento-county-cset/>
  - **Services:** Provides 24/7 support, including needs assessment, crisis intervention, harm reduction education, and linkage to resources for youth aged 12-21 at risk of or with a history of exploitation.
- 

**SacEDAPT: Early Psychosis Program & Clinic**

- **Phone:** (916) 734-7251
  - **Address:** 2230 Stockton Boulevard, Sacramento, CA 95817
  - **Website:** [https://health.ucdavis.edu/psychiatry/specialties/edapt/sacedapt\\_clinic.html](https://health.ucdavis.edu/psychiatry/specialties/edapt/sacedapt_clinic.html)
  - **Services:** Offers assessment and treatment for individuals aged 12-30 experiencing early signs of psychosis, focusing on early intervention to improve outcomes.
- 

**Youth Help Network (YHN)**

- **Phone/Text:** (916) 860-9819
  - **Website:** <https://www.starsyouth.net/>
  - **Services:** Provides free, short-term services and support to all youth ages 16-25 in Sacramento County, including health navigation, peer support, housing resources, and job readiness assistance.
-

**The STAY (Short-Term Adolescent and Youth)**

- **Phone:** (916) 844-7966
  - **Address:** Undisclosed for privacy
  - **Website:** <https://www.starsinc.com/>
  - **Services:** A 24/7 crisis residential program offering up to 30-day stays for young adults aged 18-29, providing onsite support such as counseling, group sessions, classes, and psychiatric treatment. Referrals are required.
- 

**Capital Star Community Services**

- **Phone:** (916) 442-1400
  - **Address:** 3815 Marconi Avenue, Sacramento, CA 95821
  - **Website:** [starsinc.com](https://starsinc.com)
  - **Services:** Offers counseling services in the community, at homes, on school campuses, and other locations, including programs for youth on probation.
- 

**Dignity Health**

- **Phone:** (888) 800-7688
  - **Address:** 3400 Data Drive, Rancho Cordova, CA 95670
  - **Website:** [dignityhealth.org](https://dignityhealth.org)
  - **Services:** Provides behavioral health services, including counseling and psychiatric care for youth and families.
- 

**HeartLand Child & Family Services**

- **Phone:** (916) 922-5100
  - **Address:** 5200 Sunrise Boulevard, Suite 5, Fair Oaks, CA 95628
  - **Website:** <https://www.heartlandchildfamily.org/>
  - **Services:** Offers mental health counseling, family support services, and programs for at-risk youth, including those on probation.
- 

**La Familia Counseling Center**

- **Phone:** (916) 452-3601
  - **Address:** 5523 34th Street, Sacramento, CA 95820
  - **Website:** <https://lafcc.org/>
  - **Services:** Provides counseling, support services, and educational programs to at-risk youth and families, aiming to prevent delinquency and support positive development.
-



**River Oak Center for Children**

- **Phone:** (916) 609-5100
  - **Address:** 5445 Laurel Hills Drive, Sacramento, CA 95841
  - **Website:** <https://www.riveroak.org/>
  - **Services:** Offers programs like Wraparound, Multisystemic Therapy, and Juvenile Justice Diversion and Treatment, collaborating with the Sacramento County Probation Department to support youth involved in the juvenile justice system.
- 

**Stanford Sierra Youth & Families**

- **Phone:** (916) 344-0199
  - **Address:** 8912 Volunteer Lane, Sacramento, CA 95826
  - **Website:** <https://www.ssyaf.org/>
  - **Services:** Offers programs including family stabilization, behavioral and mental health services, juvenile justice intervention, foster care, and pre- and post-adoption support.
- 

**Turning Point Community Programs**

- **Phone:** (916) 364-8395
  - **Address:** 10850 Gold Center Drive, Suite 325, Rancho Cordova, CA 95670
- 

**Sacramento Children's Home**

- **Phone:** (916) 452-3981
  - **Address:** 2750 Sutterville Road, Sacramento, CA 95820
  - **Website:** <https://www.sacchildrenshome.org/>
  - **Services:** Provides mental health counseling, crisis intervention, and support services for children and adolescents.
- 

**Turning Point Community Programs – Abiding Hope Respite House**

- **Phone:** (916) 287-4860
  - **Address:** Undisclosed for privacy
  - **Website:** <https://www.tpcp.org/>
  - **Services:** Offers a short-term respite facility for individuals aged 18 and older experiencing psychiatric crises, providing an alternative to hospitalization.
-

**WellSpace Health – North Highlands Campus**

- **Phone:** (916) 679-3925
  - **Address:** 6015 Watt Avenue, Suite 2, North Highlands, CA 95660
  - **Website:** <https://www.wellspacehealth.org/>
  - **Services:** Provides outpatient mental health counseling and substance use disorder treatment for youth and adults.
- 

**Omni Youth Programs**

- **Phone:** (916) 362-2000
  - **Address:** 9616 Micron Avenue, Suite 750, Sacramento, CA 95827
  - **Website:** <https://www.omniyouth.net/>
  - **Services:** Offers drug prevention programs, family counseling, and youth development workshops.
- 

**The Trevor Project**

- **Phone:** 1-866-488-7386
  - **Website:** <https://www.thetrevorproject.org/>
  - **Services:** Provides 24/7 crisis intervention and suicide prevention services to LGBTQ youth nationwide.
- 

**Trans Lifeline**

- **Phone:** 1-877-565-8860
  - **Website:** <https://www.translifeline.org/>
  - **Services:** Offers peer support and crisis hotline services run by and for transgender people.
- 

**Youth Help Network**

- **Phone/Text:** (916) 860-9819
  - **Website:** <https://www.starsyouth.net/>
  - **Services:** Provides free, short-term services and support to all youth ages 16-25 in Sacramento County, including health navigation, peer support, housing resources, and job readiness assistance.
-

**Mental Health Urgent Care Clinic (MHUCC)**

- **Phone:** (916) 520-2460
  - **Address:** 2130 Stockton Boulevard, Building 300, Sacramento, CA 95817
  - **Website:** <https://www.tpcp.org/>
  - **Services:** A walk-in clinic for individuals with urgent mental health needs, providing immediate relief to individuals and families in distress.
- 

**NAMI Sacramento**

- **Phone:** (916) 364-1642
  - **Address:** 7230 S. Land Park Dr., Suite 111, Sacramento, CA 95831
  - **Website:** <https://namisacramento.org/>
  - **Services:** Offers support groups, educational programs, and advocacy for individuals and families affected by mental illness.
- 

**Mutual Assistance Network**

- **Phone:** (916) 567-9567
  - **Address:** 811 Grand Avenue, Suite A-3, Sacramento, CA 95838
  - **Website:** <https://www.mutualassistance.org/>
  - **Services:** Advances social and economic opportunities for families in Del Paso Heights, Arden Arcade, and surrounding Northern Sacramento neighborhoods. Programs include youth services, economic development, pregnancy and parenting support, and participation in the Black Child Legacy Campaign.
-

## Medical and Health Clinic

### Sacramento County Health Center

- **Phone:** (916) 874-9670
  - **Address:** 1500 C St, Sacramento, CA 95814
  - **Services:** Provides primary care and behavioral health services to low-income residents, including adult and pediatric care, obstetrics, gynecology, and mental health counseling.
- 

### Elica Health Centers

- **Phone:** (916) 454-2345
  - **Address:** 3701 J St, Suite 201, Sacramento, CA 95816
  - **Website:** <http://www.elicahealth.org/>
  - **Services:** Offers primary medical care, dental, vision, behavioral health, and social services for underserved individuals and families.
- 

### One Community Health

- **Phone:** (916) 443-3299
  - **Address:** 1500 21st St, Sacramento, CA 95811
  - **Website:** <https://onecommunityhealth.com/>
  - **Services:** Provides medical care, dental care, behavioral health, HIV care, and prevention services with a focus on community health and wellness.
- 

### UC Davis Medical Center

- **Phone:** (800) 282-3284
  - **Address:** 2315 Stockton Blvd, Sacramento, CA 95817
  - **Website:** <http://www.ucdmc.ucdavis.edu/medicalcenter/>
  - **Services:** A nationally recognized academic medical center offering specialized care in over 150 fields, including a Level I Trauma Center.
- 

### Health And Life Organization (HALO)

- **Phone:** (916) 642-1867
  - **Address:** 5524 Assembly Ct, Sacramento, CA 95823
  - **Website:** <http://www.halocares.org/>
  - **Services:** Provides comprehensive healthcare services including primary care, OB/GYN, dental, behavioral health, and supportive services for diverse populations.
-

**Methodist Hospital of Sacramento**

- **Phone:** (916) 423-3000
  - **Address:** 7500 Hospital Dr, Sacramento, CA 95823
  - **Services:** A full-service hospital providing emergency care, orthopedics, maternity services, and a variety of specialized treatments.
- 

**Primary Care Clinic**

- **Phone:** (916) 874-9670
  - **Address:** 4600 Broadway, Sacramento, CA 95820
  - **Services:** Provides primary healthcare services, including preventive care, chronic disease management, and referrals to specialty care.
- 

**Sacramento Community Clinic (Southgate)**

- **Phone:** (916) 428-3788
  - **Address:** 7275 E. Southgate Dr., Ste. 204-206, Sacramento, CA 95823
  - **Services:** Offers primary and preventive healthcare services, including immunizations and wellness exams.
- 

**Sacramento Community Clinic (Del Paso)**

- **Phone:** (916) 924-7988
  - **Address:** 2200 Del Paso Blvd, Sacramento, CA 95815
  - **Services:** Provides comprehensive healthcare services, including medical, dental, and behavioral health care.
- 

**Sacramento Community Clinic (El Camino)**

- **Phone:** (916) 642-1867
  - **Address:** 965 El Camino Ave., Sacramento, CA 95815
  - **Services:** Offers medical and preventive care services to Sacramento residents.
- 

**Sacramento Community Clinic (Assembly Court)**

- **Phone:** (916) 642-1967
  - **Address:** 5524 Assembly Court, Sacramento, CA 95823
  - **Services:** Provides accessible healthcare, including vaccinations, general checkups, and health education.
-

**Sacramento Community Clinic (Explorer)**

- **Phone:** (916) 642-1867
  - **Address:** 3030 Explorer Drive, Sacramento, CA 95827
  - **Services:** Offers primary healthcare and wellness services to community members.
- 

**Sacramento Community Clinic (B Teri Burns Clinic)**

- **Phone:** (916) 642-1867
  - **Address:** 3301 Fong Ranch Rd., Sacramento, CA 95834-1719
  - **Services:** Provides medical services, immunizations, and health screenings.
- 

**WellSpace Health (Oak Park Community Health Center)**

- **Phone:** (916) 233-4910
  - **Address:** 3415 Martin Luther King Jr. Blvd., Sacramento, CA 95817
  - **Website:** <https://www.wellspacehealth.org/>
  - **Services:** Offers comprehensive primary care, mental health services, and addiction recovery support.
- 

**WellSpace Health (J Street Community Health Center)**

- **Phone:** (916) 233-4910
  - **Address:** 1820 J Street, Sacramento, CA 95811
  - **Website:** <https://www.wellspacehealth.org/>
  - **Services:** Provides medical, dental, and behavioral health services for individuals and families.
- 

**Sacramento Native American Health Center**

- **Phone:** (916) 341-0575
  - **Address:** 2020 J Street, Sacramento, CA 95811
  - **Website:** <https://www.snahc.org/>
  - **Services:** Offers culturally appropriate healthcare, behavioral health, and social services to Native American and non-Native community members.
- 

**Northeast Women's Health Center**

- **Phone:** (916) 726-1803
  - **Services:** Specializes in women's health services, including prenatal care, gynecological exams, and reproductive health education.
-

### **Planned Parenthood Sacramento**

- **Phone:** (916) 444-7966 / (916) 332-5715
  - **Address:** 1125 10th St., Sacramento, CA 95823
  - **Website:** <https://www.plannedparenthood.org/>
  - **Services:** Provides reproductive health services, STI testing, contraception, and pregnancy-related care.
- 

### **One Community Health - Midtown Campus (formerly CARES Community Health)**

- **Phone:** (916) 443-3299
  - **Address:** 1500 21st St., Sacramento, CA 95811
  - **Website:** <https://www.onecommunityhealth.com/>
  - **Services:** Specializes in HIV/AIDS care, primary medical care, behavioral health services, and substance use treatment.
- 

### **One Community Health - Arden Campus (formerly CARES Community Health)**

- **Phone:** (916) 443-1984
  - **Address:** 1442 Ethan Way, Suite 100, Sacramento, CA 95825
  - **Website:** <https://www.onecommunityhealth.com/>
  - **Services:** Provides primary care, behavioral health support, and HIV/AIDS medical treatment.
-

## Affordable Housing

Renters Help Line: Renters Helpline (916) 389-7877

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### Sacramento Housing and Redevelopment Agency (SHRA)

- **Phone:** (916) 440-1390
- **Address:** 630 I Street, Sacramento, CA 95814
- **Website:** <https://www.shra.org/>
- **Services:** Offers affordable rental housing options, manages the Housing Choice Voucher (Section 8) program, and provides resources for low-income families, seniors, and individuals with disabilities.

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### 211 Sacramento

- **Phone:** Dial 2-1-1
- **Website:** <https://www.211sacramento.org/>
- **Services:** Provides information and referrals for affordable housing, emergency shelter, and other social services in Sacramento County.

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### Resources for Independent Living (RIL)

- **Phone:** (916) 446-3074
- **Address:** 420 I Street, Level B, Suite 3, Sacramento, CA 95814
- **Website:** <https://www.ril-sacramento.org/>
- **Services:** Assists individuals with disabilities in locating affordable and accessible housing, though they do not provide housing directly.

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### AffordableHousing.com

- **Website:** <https://www.affordablehousing.com/sacramento-ca/>
- **Services:** A platform listing affordable apartments, condos, houses, and townhouses in Sacramento, including Section 8 rental housing and housing agency waiting lists.

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### City of West Sacramento Affordable Rental Housing

- **Address:** 1110 West Capitol Avenue, West Sacramento, CA 95691
  - **Website:** <https://www.cityofwestsacramento.org/residents/housing/affordable-housing-programs-resources>
  - **Services:** Provides a list of affordable rental housing options in West Sacramento, including contact information and unit availability.
-



**California Housing Finance Agency (CalHFA)**

- **Address:** 500 Capitol Mall, Suite 1400, Sacramento, CA 95814
  - **Website:** <https://www.calhfa.ca.gov/>
  - **Services:** Offers financing and programs for low to moderate-income Californians, including first-time homebuyer assistance and affordable rental housing options.
- 

**Sacramento Self-Help Housing**

- **Phone:** (916) 341-0593
  - **Address:** 1010 Hurley Way, Suite 500, Sacramento, CA 95825
  - **Website:** <https://www.sacselfhelp.org/>
  - **Services:** Assists individuals and families in Sacramento County to find and retain stable, affordable, and safe housing.
- 

**Next Move Homeless Services**

- **Phone:** (916) 455-2160
  - **Address:** 8001 Folsom Boulevard, Sacramento, CA 95826
  - **Website:** <https://www.nextmovesacramento.org/>
  - **Services:** Provides housing programs and supportive services to homeless individuals and families striving for self-sufficiency.
- 

**Volunteers of America Northern California & Northern Nevada**

- **Phone:** (916) 442-3691
  - **Address:** 3434 Marconi Avenue, Sacramento, CA 95821
  - **Website:** <https://www.voa-ncnn.org/>
  - **Services:** Offers affordable housing programs, including emergency shelters and transitional housing for individuals and families in need.
- 

**Mutual Housing California**

- **Phone:** (916) 453-8400
  - **Address:** 8001 Fruitridge Road, Suite A, Sacramento, CA 95820
  - **Website:** <https://www.mutualhousing.com/>
  - **Services:** Develops, operates, and advocates for sustainable affordable housing communities in the Sacramento region.
-

**NeighborWorks Sacramento Homeownership Center**

- **Phone:** (916) 452-5356
  - **Address:** 2411 Alhambra Blvd, Suite 200, Sacramento, CA 95817
  - **Services:** Provides homeownership education, foreclosure prevention, and financial counseling for first-time homebuyers and low-income families.
  - **Hours:** Open until 5 PM
- 

**Cottage Housing, Inc.**

- **Phone:** (916) 492-9065
  - **Address:** 1500 A St, Sacramento, CA 95811
  - **Services:** Provides low-income housing and supportive services for individuals and families working towards self-sufficiency.
- 

**Habitat for Humanity of Greater Sacramento**

- **Phone:** (916) 440-1215
  - **Address:** 819 N. 10th St., Sacramento, CA 95811
  - **Website:** <https://www.habitatgreatersac.org/>
  - **Services:** Builds, rehabilitates, and preserves affordable homes while advocating for fair housing policies and offering homeownership education.
- 

**Hope Cooperative**

- **Phone:** (916) 441-0123
  - **Address:** 50 Howe Ave., Building 400-A, Sacramento, CA 95825
  - **Website:** <https://www.hopecoop.org/>
  - **Services:** Provides mental health and housing support services, including case management, therapy, psychiatric services, and crisis intervention.
- 

**Housing Choice Voucher Program (Section 8)**

- **Phone:** (916) 440-1390
  - **Website:** <https://sacwaitlist.com/dashboard>
  - **Services:** Administered by SHRA, provides rental assistance for eligible low-income families, seniors, and individuals with disabilities.
-

**Sacramento Steps Forward**

- **Phone:** (916) 577-9770
  - **Address:** 2150 River Plaza Drive, Suite 385, Sacramento, CA 95833
  - **Website:** <https://www.sacramentostepsforward.org/>
  - **Services:** A nonprofit working with government agencies to address homelessness through data analytics and service coordination.
- 

**Mercy Housing**

- **Phone:** (916) 414-4400
  - **Address:** 2512 River Plaza Drive, Suite 200, Sacramento, CA 95833
  - **Website:** <https://www.mercyhousing.org/>
  - **Services:** Develops, preserves, and manages affordable housing for low-income individuals, seniors, and families.
- 

**Mutual Housing California**

- **Phone:** (916) 453-8400
  - **Address:** 3321 Power Inn Road, Suite 320, Sacramento, CA 95826
  - **Website:** <https://www.mutualhousing.com/>
  - **Services:** Develops and operates affordable rental housing communities with resident participation and leadership development.
- 

**Sacramento County Fair Housing Resources**

- **Website:** <https://www.sacounty.gov/FairHousing/Pages/default.aspx>
  - **Services:** Provides guidance on fair housing laws, renters' rights, and resources for landlord-tenant issues.
- 

**Sacramento Housing and Redevelopment Agency (SHRA)**

- **Address:** 630 I St., Sacramento, CA 95814
  - **Website:** <https://www.shra.org/>
  - **Services:** Assists residents in finding affordable housing, offers rental assistance, and supports affordable housing development.
-

**Sacramento Renters Helpline**

- **Phone:** (916) 389-7877 / (800) 500-4931
  - **Mailing Address:** P.O. Box 255547, Sacramento, CA 95865
  - **Website:** <https://www.rentershelpline.org/>
  - **Services:** Provides landlord-tenant dispute resolution, mediation services, and fair housing referrals.
- 

**2-1-1 Sacramento**

- **Phone:** 211
  - **Email:** [info@211sacramento.org](mailto:info@211sacramento.org)
  - **Website:** <https://www.211sacramento.org/211/about-us/>
  - **Services:** Offers confidential, 24/7 information and referrals for housing, homelessness services, and other social programs.
- 

**California Civil Rights Department (formerly DFEH)**

- **Phone:** (800) 884-1684
  - **Email:** [contact.center@dfeh.ca.gov](mailto:contact.center@dfeh.ca.gov)
  - **Mailing Address:** 2218 Kausen Drive, Suite 100, Elk Grove, CA 95758
  - **Website:** <https://calcivilrights.ca.gov/>
  - **Services:** Enforces California's civil rights laws related to employment, housing, public accommodations, and hate violence.
- 

**Federal Office of Fair Housing and Equal Opportunity (FHEO)**

- **Phone:** (800) 669-9777
  - **Address:** 451 Seventh St, S.W., Washington, D.C. 20410
  - **Website:** [hud.gov/program\\_offices/fair\\_housing\\_equal\\_opp](https://hud.gov/program_offices/fair_housing_equal_opp)
  - **Services:** Administers and enforces federal fair housing laws to ensure equal housing access for all Americans.
-

## Housing and Shelter Support for the Homeless

### United Way's Housing Navigation Program

- **Phone:** (916) 368-3000
  - **Address:** 10389 Old Placerville Road, Sacramento, CA 95827
  - **Services:** Utilizes Medi-Cal membership through CalAIM to assist families and individuals facing housing instability by providing deposit assistance and sustainability services.
- 

### Center of Hope Emergency Shelter (Salvation Army Sacramento)

- **Phone:** 211 for shelter assessment
  - **Address:** 1200 North B Street, Sacramento, CA 95811
  - **Services:** Provides emergency shelter for adults aged 18 and over, offering lodging, meals, and support services.
- 

### Residential Family Shelter (Volunteers of America Northern California & Northern Nevada)

- **Phone:** 211 for emergency shelter assistance
  - **Address:** Confidential location
  - **Services:** Offers immediate safety and shelter for families experiencing homelessness, including case management and support services.
- 

### Singles Interim Housing (Next Move Homeless Services)

- **Phone:** Referral required through Sacramento County Department of Human Assistance
  - **Address:** Mather Community Campus, Sacramento, CA
  - **Services:** Provides shelter and supportive services to homeless single adults for up to 90 days, including case management and life skills training.
- 

### First Step Communities

- **Phone:** 211 for shelter assessment
  - **Address:** 2111 Q Street, Sacramento, CA 95816
  - **Services:** Operates interim housing and emergency shelters for individuals experiencing homelessness, offering supportive services and a pathway to self-sufficiency.
-

**Wind Youth Services**

- **Phone:** (916) 561-4900
  - **Address:** 815 S Street, Sacramento, CA 95811
  - **Website:** [windyouth.org](http://windyouth.org)
  - **Services:** Provides emergency shelter and supportive services for youth experiencing homelessness, including case management and counseling.
- 

**Sacramento Housing and Redevelopment Agency (SHRA)**

- **Phone:** (916) 440-1390
  - **Address:** 630 I Street, Sacramento, CA 95814
  - **Website:** [shra.org](http://shra.org)
  - **Services:** Offers information on emergency housing and other homeless resources in Sacramento.
- 

**Sacramento Steps Forward**

- **Phone:** 211 for housing or shelter resources
  - **Address:** 2150 River Plaza Drive, Suite 385, Sacramento, CA 95833
  - **Website:** [sacramentostepsforward.org](http://sacramentostepsforward.org)
  - **Services:** Coordinates services and resources for individuals experiencing homelessness in Sacramento.
- 

**Sacramento County Emergency Family Shelter Changes**

- **Effective Date:** June 30, 2023
  - **Update:** Families will no longer be able to access shelter through the Sacramento County Emergency Family Shelter Reservation List, previously managed by the Sacramento County Department of Human Assistance (DHA).
  - **New Process:** Families seeking shelter must call **2-1-1** or **(916) 498-1000** to be assessed for shelter options and connected to other homeless services.
  - **Other DHA Resources:** Families can still access **CalWORKs, CalFresh, and Medi-Cal** by calling **1-800-560-0976** or visiting DHA's webpage for more information on public assistance services.
-

## Transitional Aged Youth Resources

### Wind Youth Drop-in Center

- **Address:** 815 S Street, Sacramento, CA 95811
  - **Hours:** 8:30 AM - 4:00 PM, seven days a week
  - **Phone:** (916) 561-4900
  - **Services:** Provides crisis support, shelter referrals, food, showers, and case management for youth and young adults in crisis.
- 

## Substance Abuse and Mental Health Services

### Community Outreach Recovery Empowerment (CORE) Program

- **Services:** Offers behavioral health support at **10 locations** throughout Sacramento County.
  - **For Assistance:** Contact a CORE site for help with mental health and substance abuse treatment.
  - **CORE Rosin**
  - **Phone:** (916) 567-4222
  - **Address:** 3810 Rosin Court, Suite 170, Sacramento, CA 95834
  - **Walk-in Hours:** Wednesdays and Thursdays: 1 PM – 4 PM
  - **CORE Madison**
  - **Phone:** (916) 388-3231
  - **Address:** 3628 Madison Ave, Suites 6, 7, and 10, North Highlands, CA 95660
  - **Walk-in Hours:** Wednesdays and Thursdays: 1 PM – 4 PM
  - **CORE Elk Grove**
  - **Phone:** (916) 509-8198
  - **Address:** 9340 E. Stockton Blvd, Elk Grove, CA 95624
  - **CORE Mariposa**
  - **Phone:** (916) 440-1500
  - **Address:** 600 Bercut Drive, Sacramento, CA 95811
  - **Walk-in Hours:** Monday – Thursday: 8:30 AM – 11 AM
  - **CORE Marigold**
  - **Phone:** (916) 441-3819
  - **Address:** 8421 Auburn Blvd, Suite 162, Citrus Heights, CA 95610
  - **Walk-in Hours:** Mondays & Thursdays: 9 AM – 11 AM; Wednesday: 1 PM – 3 PM
-

**Sacramento Life Center**

- **Phone:** (916) 451-4357
  - **Address:** 2316 Bell Executive Lane, Sacramento, CA 95825
  - **Website:** <https://saclife.org/>
  - **Services:** Offers free pregnancy testing, ultrasounds, counseling, and support services for women facing unplanned pregnancies.
- 

**Loaves & Fishes**

- **Phone:** (916) 446-0874
  - **Address:** 1351 North C Street, Sacramento, CA 95811
  - **Website:** <https://sacloaves.org/>
  - **Services:** Provides survival services for individuals experiencing homelessness, including meals, shelter, and various support programs.
- 

**Sacramento Food Bank & Family Services**

- **Phone:** (916) 456-1980
  - **Address:** 1951 Bell Avenue, Sacramento, CA 95838
  - **Services:** Offers food assistance, clothing, education, and family services to individuals and families in need.
- 

**Sacramento Street Medicine**

- **Email:** [sacstreetmed@gmail.com](mailto:sacstreetmed@gmail.com)
  - **Website:** <https://www.sacstreetmed.org/>
  - **Services:** Provides high-quality, patient-led medical care to people experiencing homelessness by meeting them where they are—on the streets and in encampments throughout Sacramento.
- 

**Sacramento Homeless Organizing Committee (SHOC)**

- **Phone:** (916) 442-2156
  - **Address:** 1908 13th Street, Sacramento, CA 95811
  - **Website:** <https://www.shoc.org/>
  - **Services:** Advocates for the rights and dignity of people experiencing homelessness, providing resources, outreach, and policy advocacy.
-



**My Sister's House**

- **Phone:** (916) 428-3271 (24-Hour Multilingual Helpline)
  - **Address:** Confidential for safety reasons
  - **Website:** <https://www.mysistershouse.org/>
  - **Services:** Provides shelter, legal assistance, and job training for survivors of domestic violence, sexual assault, and human trafficking, with a focus on Asian/Pacific Islander and other underserved communities.
- 

**Sacramento LGBT Community Center**

- **Phone:** (916) 442-0185
  - **Address:** 1015 20th Street, Sacramento, CA 95811
  - **Website:** <https://saccenter.org/>
  - **Services:** Offers a variety of support services, including youth programs, housing assistance, HIV/STI testing, and advocacy for LGBTQ+ individuals.
- 

**Salvation Army Adult Rehabilitation Center**

- **Phone:** (916) 441-5267
  - **Address:** 1615 D Street, Sacramento, CA 95814
  - **Services:** Provides substance abuse rehabilitation, job training, and housing support for individuals struggling with addiction and homelessness.
- 

**St. Patrick's Homeless Assistance Center**

- **Phone:** (916) 443-1305
  - **Address:** 820 14th Street, Sacramento, CA 95814
  - **Services:** Offers meals, shelter referrals, and basic necessities to individuals experiencing homelessness.
- 

**Sacramento Regional Family Shelter**

- **Phone:** 211 for assistance
- **Website:** [sacramentostepsforward.org](https://sacramentostepsforward.org)
- **Services:** Provides emergency shelter and supportive services to families experiencing homelessness in Sacramento County.

**Sacramento Rental and Housing Assistance Resources**

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**Folsom Cordova Community Partnership**

- **Phone:** (916) 361-8684 ext. 5 (Mondays only, 9:00 AM – 12:00 PM)
  - **Address:** 10665 Coloma Rd, Rancho Cordova, CA 95670
  - **Services:** Provides rental assistance when funding is available. Calls are only accepted on **Mondays**, and only if funds are available will a call be returned.
- 

**Salvation Army Sacramento Family Services**

- **Phone:** (916) 678-4050
  - **Address:** 213 Orange Grove Avenue, North Highlands, CA 95660
  - **Alternate Phone:** (916) 678-4010
  - **Services:** Offers limited rental assistance, requiring a phone call on **Mondays** to schedule an appointment. Applicants must meet eligibility requirements before receiving financial help.
- 

**Volunteers of America Greater Sacramento and Northern Nevada**

- **Phone:** (916) 929-1951
  - **Address:** 1001 Grand Ave, Sacramento, CA 95838
  - **Services:** Provides eviction prevention services, transitional housing, and rental support for veterans, seniors, and low-income individuals.
- 

**Greater Sacramento Urban League**

- **Phone:** (916) 286-8600
  - **Address:** 3725 Marysville Blvd., Sacramento, CA 95838
  - **Services:** Provides rental assistance, job counseling, financial support, and housing referrals. Appointments are required.
- 

**Sacramento Steps Forward**

- **Website:** <https://sacramentostepsforward.org/cas-client-portal/>
  - **Services:** Assists low-income families with rental aid, financial assistance programs, and access to CalWORKs and HOPWA (Housing Opportunities for Persons with AIDS).
- 

**The Gathering Inn**

- **Phone:** (916) 791-9355
  - **Services:** Provides rental assistance for individuals in their homeless shelter and helps with first-month's rent and housing stability through Rapid Rehousing programs.
-

**Francis House Center (Next Move)**

- **Phone:** (916) 443-2646
  - **Address:** 1422 C Street, Sacramento, CA 95814
  - **Website:** <https://www.nextmovesacramento.org/>
  - **Services:** Provides rapid rehousing, rental deposit assistance, and housing search assistance for low-income individuals, single mothers, and homeless individuals.
- 

**Saint Vincent de Paul Society & Local Church Assistance Programs**

**Main Intake Line:** (916) 572-7553

- **Thrift Store & Main Office:** 5500 13th Avenue, Sacramento, CA 95820
- **Divine Savior Conference:** 9079 Greenback Lane, Orangevale, CA 95662
- **Phone:** (916) 722-0264
- **Immaculate Conception Conference:** 3263 First Avenue, Sacramento, CA 95817
- **Phone:** (916) 452-4874
- **Our Lady of Assumption SVdP:** 5057 Cottage Way, Carmichael, CA 95608
- **Phone:** (916) 481-6352
- **Saint Anthony Conference:** 660 Florin Road, Sacramento, CA 95831
- **Saint Ignatius Loyola Parish:** 3235 Arden Way, Sacramento, CA 95825
- **Saint John the Evangelist Conference:** 5751 Locust Avenue, Carmichael, CA 95608
- **Saint John Vianney:** 10497 Coloma Road, Rancho Cordova, CA 95670
- **Saint Josephs Church:** 9961 Elk Grove-Florin Road, Elk Grove, CA 95624
- **Saint Lawrence Conference:** 4325 Don Julio Boulevard, North Highlands, CA 95660
- **Phone:** (916) 332-4779
- **Saint Mel Church:** 4745 Pennsylvania Avenue, Fair Oaks, CA 95628

**Services:** Emergency rental assistance, furniture, deposit assistance, and basic needs support. Applications are reviewed on a case-by-case basis.

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**United Way Referral Service (for Hearing Impaired)**

- **Phone:** Dial 7-1-1, ask for **United Way referral service**
  - **Services:** Provides housing referrals, eviction prevention, and rental assistance support for hearing-impaired individuals.
- 

**Legal Services of Northern California**

- **Phone:** (916) 551-2140
- **Website:** [lsnc.net](http://lsnc.net)

- **Services:** Provides free legal assistance for tenants facing eviction, housing disputes, and unfair rental practices.
- 

**Travelers Aid Society**

- **Phone:** (916) 399-9646
  - **Services:** Offers limited emergency rental and housing assistance, with funds available at the beginning of each month.
- 

**St. Joseph's Catholic Church**

- **Phone:** (916) 925-3584
  - **Address:** 1717 El Monte Avenue, Sacramento, CA
  - **Services:** Provides limited rental and housing assistance. Funds are typically dispersed at the beginning of the month.
- 

**Sacramento Renters Helpline**

- **Phone:** (916) 389-7877
  - **Website:** [rentershelpline.org](http://rentershelpline.org)
  - **Services:** Offers referrals to rental assistance programs, fair housing resources, and legal support for tenants in need.
- 

**Sacramento County Department of Human Assistance (DHA)**

- **Phone:** (916) 874-3100
  - **Address:** 2700 Fulton Ave, Sacramento, CA 95821
  - **Website:** [sacounty.net](http://sacounty.net)
  - **Services:** Provides cash aid through **CalWORKs**, emergency housing assistance, and public housing referrals for low-income residents.
- 

**California Indian Manpower Consortium (CIMC CSBG)**

- **Phone:** (800) 748-5259
  - **Address:** 738 North Market Boulevard, Sacramento, CA 95834
  - **Website:** [cimcinc.org](http://cimcinc.org)
  - **Services:** Offers rental assistance, security deposits, and housing support for low-income Native Americans.
-

**Sacramento Housing and Redevelopment Agency (SHRA)**

- **Phone:** (916) 444-9210
  - **Address:** 801 12th St, Sacramento, CA 95814
  - **Website:** [shra.org](http://shra.org)
  - **Services:** Administers **Section 8 housing vouchers**, rental grants for veterans, and public housing programs.
- 

**Community Link – Emergency Housing & Shelter Assistance**

- **Phone:** (916) 498-1000
  - **Services:** Provides referrals for emergency rental and deposit assistance, temporary housing, and shelter programs.
- 

**Sacramento South County Services**

- **Phone:** (209) 745-9174
  - **Address:** 431 S Lincoln Way, Galt, CA 95632
  - **Services:** Offers rental assistance, Section 8 housing referrals, and financial aid for low-income families.
- 

**River City Community Services**

- **Phone:** (916) 446-2627
  - **Services:** Provides emergency food, rent assistance, and crisis housing services to individuals in need.
- 

**Saint John's Program for Real Change**

- **Phone:** (916) 453-1482
- **Address:** 2443 Fair Oaks Blvd, #369, Sacramento, CA 95825
- **Website:** [saintjohnsprogram.org](http://saintjohnsprogram.org)
- **Services:** Provides a comprehensive residential program for women and children experiencing homelessness, offering mental health services, educational programs, life skills training, employment training, child care, and support.

[saintjohnsprogram.org](http://saintjohnsprogram.org)

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## Food Assistance

### The Salvation Army - Rancho Cordova

- **Phone:** (916) 678-4010
  - **Address:** 10370 Old Placerville Road, Suite 106, Mather, CA 95655
  - **Hours:**
    - **Thursday:** 10:45 AM - 11:45 AM & 5:45 PM - 6:45 PM
- 

### Shelby's Way

- **Phone:** (916) 800-8934
  - **Address:** 9261 Folsom Blvd, Suite 200, Sacramento, CA 95826
  - **Hours:**
    - **Friday:** 3:00 PM - 5:00 PM
- 

### Slavic Missionary Church

- **Phone:** (916) 730-8617
  - **Address:** 9880 Jackson Road, Sacramento, CA 95827
  - **Hours:**
    - **Wednesday:** 6:00 PM - 7:00 PM
- 

### Elevation of the Holy Cross

- **Phone:** (916) 364-8068
  - **Address:** 9000 Jackson Road, Sacramento, CA 95826
  - **Hours:**
    - **Tuesday:** 10:00 AM - 11:00 AM
- 

### Rancho Cordova Food Locker

- **Phone:** (916) 837-5431
- **Address:** 10497 Coloma Road, Rancho Cordova, CA 95670
- **Hours:**
  - **Monday, Wednesday, Friday:** 9:00 AM - 12:30 PM

### Food for Seniors

- **Phone:** (916) 837-5431
  - **Hours:**
    - **Monday (4th of Month):** 9:00 AM - 12:30 PM
    - **Wednesday (4th of Month):** 9:00 AM - 12:30 PM
    - **Friday (4th of Month):** 9:00 AM - 12:30 PM
-

**SVDP Our Lady of Assumption**

- **Phone:** (916) 481-6352
  - **Address:** 2141 Walnut Avenue, Carmichael, CA 95608
  - **Hours:**
    - **Tuesday & Thursday:** 10:00 AM - 12:00 PM
- 

**Sierra Arden Neighborhood Food Closet**

- **Phone:** (916) 483-1942
  - **Address:** 890 Morse Avenue, Sacramento, CA 95864
  - **Hours:**
    - **Monday, Wednesday, Friday:** 10:00 AM - 11:00 AM (until food is gone)
    - **Thursday:** 10:00 AM - 11:00 AM (until food is gone), 4:00 PM - 5:00 PM (until food is gone)
- 

**Carmichael Presbyterian Church Food Closet**

- **Phone:** (916) 483-9232
  - **Address:** 5645 Marconi Ave, Carmichael, CA 95608
  - **Hours:**
    - **Monday, Tuesday, Thursday:** 1:30 PM - 2:00 PM
    - **Thursday:** 6:00 PM - 7:00 PM
- 

**The People's Pantry**

- **Phone:** (916) 635-4242
  - **Address:** 2101 Zinfandel Drive, Rancho Cordova, CA 95670
  - **Hours:**
    - **Tuesday (3rd of Month):** 10:00 AM - 11:30 AM
- 

**Romanian Apostolic Faith in Jesus**

- **Phone:** (916) 826-9961
  - **Address:** 2424 Arden Way #6, Sacramento, CA 95825
  - **Hours:**
    - **Monday & Thursday:** 6:00 PM - 7:30 PM
-

**Arcade Church**

- **Phone:** (916) 456-1980
  - **Address:** 3867 Marconi Ave, Sacramento, CA 95821
  - **Hours:**
    - **Tuesday (2nd & 4th of Month):** 9:00 AM - 11:00 AM
- 

**SVDP Presentation**

- **Phone:** (916) 481-7441
  - **Address:** 4123 Robertson Avenue, Sacramento, CA 95821
  - **Hours:**
    - **Tuesday & Thursday:** 9:00 AM - 11:00 AM
- 

**Hope Cooperative (TLCS) - Clubhouse**

- **Address:** 3737 Marconi Ave, Sacramento, CA 95821
  - **Hours:**
    - **Monday - Friday:** 8:30 AM - 4:00 PM (Congregate meal: breakfast, lunch, and snacks)
- 

**Bridge Network**

- **Phone:** (916) 244-1406
  - **Address:** 7851 35th Avenue, Sacramento, CA 95824
  - **Hours:**
    - **Friday:** 11:00 AM - 3:00 PM (Call to confirm)
- 

**G-7 Thy Presence's School of Faith Ministries**

- **Phone:** (916) 642-8181
  - **Address:** 3051 Redding Ave, Sacramento, CA 95820
  - **Hours:**
    - **Tuesday & Friday:** 6:30 PM - 8:00 PM
    - **Sunday:** 2:00 PM - 3:00 PM
-



**Woodside SDA Church**

- **Phone:** (916) 482-6444
  - **Address:** 3300 Eastern Ave, Sacramento, CA 95821
  - **Hours:**
    - **Saturday (2nd & 4th of Month):** 2:00 PM - 4:00 PM
- 

**Sacramento Samoa New Covenant Church**

- **Phone:** (916) 241-5769
  - **Address:** 8115 Elder Creek Road, Sacramento, CA 95824
  - **Hours:**
    - **Friday & Saturday:** 7:30 AM - 9:00 AM
- 

**Sacramento Central SDA Church**

- **Phone:** (916) 457-6511
  - **Address:** 6045 Camellia Avenue, Sacramento, CA 95819
  - **Hours:**
    - **Wednesday (2nd & 4th Week of Month):** 9:30 AM - 11:00 AM
- 

**San Juan Unified School District - Food Closet**

- **Phone:** (916) 979-8878
  - **Address:** 3700 Garfield Ave, Carmichael, CA 95608
  - **Hours:**
    - **Monday - Friday:** 8:30 AM - 2:00 PM (Room 14 at the Enrollment Center, Closed on non-school days)
- 

**San Juan Unified School District - Drive-through**

- **Phone:** (916) 979-8877
  - **Address:** 3738 Walnut Ave, Carmichael, CA 95608
  - **Hours:**
    - **Wednesday (Last Wednesday of the month):** 2:00 PM - 4:00 PM
-

## Clothing Assistance

### Abundant Life Fellowship

- **Phone:** (916) 783-1989
  - **Address:** 3129 Penryn Rd, Penryn, CA 95663
  - **Services:** Free clothing, shoes, uniforms, diapers, furniture, kitchen items, and beds.
- 

### Assistance League of Sacramento

- **Phone:** (916) 488-0828
  - **Address:** 2751 Fulton Ave, Sacramento, CA 95821
  - **Services:** Operation School Bell provides free school supplies, uniforms, laptops, and other resources for children in multiple school districts.
- 

### Capitol City Adventist Community Services

- **Phone:** (916) 381-5353
  - **Address:** 6701 Lemon Hill Ave, Sacramento, CA 95824
- 

### Christmas Cheer, Inc.

- **Phone:** (530) 542-4934
  - **Address:** 1120 3rd Street, South Lake Tahoe, CA 96150
  - **Services:** Provides free clothing, Christmas baskets, toys, gifts, meals, and household items.
- 

### Salvation Army Centers

- **Services:** Low-cost goods, free crisis items (e.g., holiday meals, school supplies, uniforms, furniture), and support for job seekers.
- 

### Clothes Closet - Elk Grove Community Assistance Network

- **Phone:** (916) 685-8453
  - **Address:** 9892 Kent St, Elk Grove, CA 95624
  - **Services:** Free clothing, including winter gear for migrants, single mothers, and students.
- 

### Sacramento Food Bank, Clothing Closet & Family Services

- **Phone:** (916) 456-1980
  - **Address:** 1951 Bell Ave, Sacramento, CA 95838
  - **Services:** Referrals for clothing, furniture, and other resources.
-

**This Is Pentecost (TIP) Fellowship Ministry**

- **Phone:** (916) 422-4962
  - **Address:** 6489 47th St, Sacramento, CA 95823
  - **Services:** Free clothing for all ages, including winter coats, backpacks, and uniforms.
- 

**Furniture for Families of Sacramento County**

- **Phone:** (916) 635-0664
  - **Services:** Free furniture and household items for low-income families, seniors, and immigrants.
- 

**Shores of Hope**

- **Phone:** (916) 372-0200
  - **Address:** 110 6th St, West Sacramento, CA 95605
  - **Services:** Free clothing for all ages, school supplies, and more for Yolo and Sacramento County residents.
- 

**Union Gospel Mission Sacramento**

- **Phone:** (916) 447-3268
  - **Address:** 400 Bannon St, Sacramento, CA 95811
  - **Services:** Support for the homeless, including blankets, clothing, and other essentials.
- 

**Dress for Success Sacramento**

- **Phone:** (916) 243-1282
  - **Address:** 4215 Norwood Ave #3B, West Sacramento, CA 95838
  - **Services:** Free professional clothing for women for job interviews and career fairs.
- 

**Elk Grove Food Bank Services**

- **Phone:** (916) 685-8453
  - **Address:** 9892 Kent St, Elk Grove, CA 95624
- 

**River City Clothing Banks**

- **Phone:** (916) 446-2627
  - **Address:** 1800 28th St, Sacramento, CA 95816
  - **Services:** Free maternity clothes, baby clothes, cribs, and food.
-

**Society of St. Vincent de Paul Thrift Store**

- **Phone:** (916) 972-1212
  - **Address:** 2275 Watt Ave, Sacramento, CA 95825
  - **Services:** Gently used clothing, furniture, electronics, books, and other items. Some free items available.
- 

**Family Resource Center - South Lake Tahoe**

- **Phone:** (530) 542-0740
  - **Address:** 3501 Spruce Ave, South Lake Tahoe, CA 96150
  - **Services:** Public aid, referrals for clothing, hygiene items, and more.
- 

**First Baptist Church of North Sacramento**

- **Phone:** (916) 922-9365
  - **Address:** 2601 Del Paso Blvd, Sacramento, CA 95815
- 

**Clothes Closet - Orangevale 7th Day Adventist**

- **Phone:** (916) 967-0405 or (916) 967-2838
  - **Address:** 5810 Pecan Ave, Orangevale, CA 95662
- 

**SVDP of Sacramento County - Food Locker and Clothes Closet**

- **Phone:** (916) 373-3318
  - **Address:** 1321 Anna St, West Sacramento, CA 95605
  - **Services:** Free furniture and clothing.
- 

**Glory Bound Street Ministry**

- **Phone:** (916) 452-7078
  - **Address:** 4527 Parker Ave, Sacramento, CA 95820
- 

**Saint Joseph's Church**

- **Phone:** (916) 665-1132
  - **Address:** 32890 S River Rd, Clarksburg, CA 95612
  - **Services:** Free clothing, vouchers, and more for single mothers, women facing domestic violence, and immigrants.
-

**Green Valley Community Church - Clothing**

- **Phone:** (530) 622-3231
  - **Address:** 3500 Missouri Flat Rd, Placerville, CA 95667
- 

**Knights Landing Family Resource Center**

- **Phone:** (530) 735-1776
  - **Address:** 9544 Mill St, Knights Landing, CA 95645
  - **Services:** Bilingual services, including parenting classes, clothing giveaway, and referrals for other services.
- 

**Sacramento Southgate SDA Church - Saint Vincent**

- **Phone:** (916) 428-3027
  - **Address:** 2299 Meadowview Rd, Sacramento, CA 95832
  - **Services:** Clothing, baby supplies, school supplies, and hygiene items.
- 

**Outside the Walls**

- **Phone:** (916) 245-0388
  - **Address:** 4625 44th St, Sacramento, CA 95820
  - **Services:** Free community closet with clothing and household goods.
- 

**Short Term Emergency Aid Committee (STEAC)**

- **Phone:** (530) 758-8435
  - **Address:** 1712 Picasso Ave, Davis, CA 95618
- 

**Helping Hands - St. Vincent de Paul Folsom Conference**

- **Phone:** (916) 985-4630
  - **Address:** 307 Montrose Dr, Folsom, CA 95630
  - **Services:** Emergency funds for rent/utilities, low-cost thrift store, and free clothing.
- 

**Independent Living Skills by Agape Villages Foster Family Agency**

- **Phone:** (209) 824-5365
  - **Services:** Life skills, college preparation, job training, and financial assistance for foster youth.
- 

**Clothes Closet by Elk Grove Food Bank Services**

- **Phone:** (916) 685-8453
  - **Hours:** 12:00 PM - 3:00 PM on the 4th Wednesday of every month
-

**Elica Resource Center (ERC)**

- **Phone:** (916) 454-2345 ext. 614
  - **Address:** 5735 Watt Ave, North Highlands, CA 95660
  - **Email:** [erc@elicahealth.org](mailto:erc@elicahealth.org)
  - **Services:** Resources for building healthy lives, including education, health, and employment support.
-

## Transportation

### Sacramento Regional Transit District (SacRT) – Accessible Services

- **Phone:** (916) 557-4685
  - **Email:** paratransit@sacrt.com
  - **Services:** Provides accessible transportation options for individuals with disabilities, including SacRT GO Paratransit Services.
- 

### ACC Senior Services – Transportation

- **Phone:** (916) 393-RIDE (7433)
  - **Email:** rides@accsv.org
  - **Services:** Offers transportation services for older adults and persons with disabilities, including rides to medical appointments, grocery shopping, and other essential errands.
- 

### Sacramento County Department of Transportation (SacDOT) – Transportation Programs

- **Phone:** Call 311 or (916) 875-4311
  - **Email:** sacco311@custhelp.com
  - **Services:** Provides various transportation programs aimed at improving roadway safety and mobility, including information on accessible transportation options.
- 

### Yolobus

- **Phone:** (530) 666-2877
  - **Services:** Offers public transportation services throughout Yolo County and into downtown Sacramento, with routes connecting to various parts of Sacramento County.
- 

### 2-1-1 Sacramento – Transportation Financial Assistance

- **Phone:** Dial 2-1-1
- **Services:** Provides information and referrals for transportation financial assistance programs, including discount transit passes and other resources for low-income individuals.

[211sacramento.org](https://211sacramento.org)

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# YOUTH AND FAMILY RESOURCES





## Pregnancy and Parenting Support

### **Sacramento City Unified School District (SCUSD) Pregnant and Parenting Students Program**

- **Phone:** (916) 643-9233
  - **Address:** 5735 47th Ave, Sacramento, CA 95824
  - **Services:** Academic support, family resources, Title IX rights education, parenting workshops.
- 

### **Sutter Teen Programs**

- **Phone:** (916) 887-4038
  - **Address:** 2825 Capitol Ave, Sacramento, CA 95816
  - **Services:** Free services for pregnant and parenting adolescents, including healthcare support and parenting education.
- 

### **Mutual Assistance Network – Birth & Beyond Family Resource Centers**

- **Phone:** (916) 567-9567
  - **Address:** 811 Grand Ave, Sacramento, CA 95838
  - **Services:** Home visitation, parenting classes, crisis intervention, and support groups for teen parents.
- 

### **Sacramento Children's Home – Family Resource Centers**

- **Phone:** (916) 290-8281
  - **Address:** 2251 Florin Rd, Suite 158, Sacramento, CA 95822
  - **Services:** Parenting education, home visitation, crisis intervention, and school readiness support.
- 

### **Adolescent Family Life Program (AFLP)**

- **Phone:** (916) 875-7151
  - **Address:** 4600 Broadway, Sacramento, CA 95820
  - **Services:** Case management for expectant and parenting teens, goal-setting support, healthcare referrals.
-

### **Her Health First – Black Mothers United Program**

- **Phone:** (916) 558-4812
  - **Address:** 1900 T St, Sacramento, CA 95811
  - **Services:** Culturally tailored support for African American mothers, prenatal care guidance, parenting resources.
- 

### **Sacramento County WIC (Women, Infants, and Children Program)**

- **Phone:** (916) 875-2120
  - **Address:** 2251 Florin Rd, Suite 100, Sacramento, CA 95822
  - **Services:** Nutritional assistance, breastfeeding support, and education for pregnant teens and young mothers.
- 

### **Sacramento Life Center**

- **Phone:** (916) 451-4357
  - **Address:** 2316 Bell Executive Ln, Sacramento, CA 95825
  - **Services:** Free pregnancy testing, ultrasounds, prenatal education, baby supplies, and parenting support.
- 

### **Teen Success, Inc. – Sacramento Chapter**

- **Phone:** (408) 263-8330
  - **Address:** Services provided throughout Sacramento
  - **Services:** Peer support groups, life coaching, college/career guidance for young mothers.
- 

### **Wellspring Women's Center**

- **Phone:** (916) 454-9688
  - **Address:** 3414 4th Ave, Sacramento, CA 95817
  - **Services:** Free breakfast, diapers, parenting workshops, and case management for young mothers.
-

**CalFresh (Food Assistance)**

CalFresh helps people with little or no money buy healthy food. You get a card (called an EBT card) that works like a debit card to shop for food at grocery stores and farmers markets.

**How to Apply for CalFresh:**

- **Online:** [www.BenefitsCal.com](http://www.BenefitsCal.com) or [GetCalFresh.org](http://GetCalFresh.org)
  - **By Mail:** P.O. Box 487, Sacramento, CA 95812
  - **By Phone:** 1-800-560-0976
  - **By Fax:** (916) 876-8454 or (916) 854-9225
  - **In Person:** Visit one of these offices (open Monday–Friday):
    - **2700 Fulton Ave., Sacramento, CA 95821** (8:00 AM – 4:00 PM)
    - **3960 Research Dr., Sacramento, CA 95838** (8:00 AM – 4:00 PM)
    - **1725 28th St., Sacramento, CA 95816** (7:45 AM – 4:00 PM)
    - **2450 Florin Rd., Sacramento, CA 95822** (8:00 AM – 4:00 PM)
    - **210 N Lincoln Way, Galt, CA 95632** (8:00 AM – 4:00 PM)
    - **5747 Watt Ave., North Highlands, CA 95660** (8:00 AM – 4:00 PM)
- 

**General Assistance (GA)**

This program gives money to adults who don't have a way to support themselves. If you are healthy, you can get help for up to 90 days each year. If you are disabled, you can get help until your disability improves.

**How to Apply for GA:**

- **By Phone:** Call 1-800-560-0976 (Monday–Friday, 8:00 AM – 4:00 PM)
  - **By Fax:** (916) 874-2729
  - **In Person:** Visit 1725 28th St., Sacramento, CA 95816 (Monday–Friday, 7:45 AM – 4:00 PM)
-

**Health Coverage Options**

- **Medi-Cal:** Free health insurance for people with little money. Covers medical, dental, and vision care.
- **Healthy Families:** Low-cost insurance for children and teens who don't qualify for Medi-Cal.
- **Covered California:** For people who don't qualify for Medi-Cal but need affordable health insurance. Visit [CoveredCA.com](https://coveredca.com).
- **CMISP:** Emergency medical help for people in Sacramento County with no other insurance.

**How to Apply for Medi-Cal:**

- **Online:** [www.BenefitsCal.com](https://www.BenefitsCal.com) or [GetCalFresh.org](https://GetCalFresh.org)
- **By Mail:** P.O. Box 487, Sacramento, CA 95812
- **By Phone:** 1-800-560-0976
- **By Fax:** (916) 876-8454 or (916) 854-9225
- **In Person:** Visit one of the offices listed under CalFresh (same addresses and hours).

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**Child Care Help (CalWORKs)**

CalWORKs helps families pay for child care while parents work or go to school.

**Stages of Help:**

1. **Stage 1:** For families just starting the program.
2. **Stage 2:** For families no longer getting cash aid but still need child care (for up to 2 years).
3. **Stage 3:** For families not getting cash aid anymore, as long as spots are available.

**How to Apply for Child Care Help:**

- If you're in Stage 1, talk to your worker at the Department of Human Assistance.
  - If you think you qualify for Stage 2 or Stage 3, call **Child Action at 916-361-0511** or apply online at [childaction.org](https://childaction.org).
-

**Support for Parents and Kids****First 5 Sacramento**

Offers free kits for new parents with tips on raising children. Available in English and Spanish. To get a kit, email [parentkit@first5.ca.gov](mailto:parentkit@first5.ca.gov).

**Crisis Nursery**

If you're having a hard time and need help caring for your kids (ages 0–5), the Crisis Nursery offers free, safe child care.

- **Locations:**
    - North Crisis Nursery: 4533 Pasadena Ave., Sacramento, CA 95821 (916-679-3600)
    - South Crisis Nursery: 6699 South Land Park Dr., Sacramento, CA 95831 (916-394-2000)
- 

**Birth and Beyond Family Resource Centers**

There are 9 centers in Sacramento that help parents with:

- Free cribs and car seats
- Health screenings
- Home visits and parenting classes
- Transportation and more

**Find a Center Near You:**

- Meadowview Family Resource Center: 2251 Florin Rd., Suite 158 (916-394-6300)
  - Valley Hi Family Resource Center: 7000 Franklin Blvd., Suite 820 (916-290-8281)
  - North Sacramento Family Resource Center: 1565 River Park Dr. (916-679-3743)
  - Other locations: Visit [KidsHome.org](http://KidsHome.org).
- 

**Programs for Young Moms and Families**

**A Mother's Voice:** Connects moms with mentors to learn parenting skills.

**No Maybe Babies:** Offers help with baby supplies, health tips, and education for young moms.

**Contact:**

- **My Mother's Voice:** P.O. Box 714, Roseville, CA 95661 (916-770-6887)
-

**Planned Parenthood:** Offers health care and advice for women. Visit [plannedparenthood.org](https://plannedparenthood.org) or call **1-800-230-PLAN**.

- Capitol Plaza: 1125 10th St., Sacramento, CA (916-444-7966)
  - North Highlands: 5700 Watt Ave., North Highlands, CA (916-332-5715)
- 

### **Nurse Family Partnership**

- Free program for first-time moms with nurse support from pregnancy to the child's second year.
  - **Contact:** Call or text (844) 637-6667.
- 

### **Black Infant Health Program**

- Free support for African American women (18+) to improve maternal and infant health.
  - **Address:** 9616 Micron Ave, Suite 670, Sacramento, CA 95827
  - **Phone:** (916) 875-2229
- 

### **Sutter Teen Program**

- Free support for pregnant or parenting teens (18 or younger), including school assistance and counseling.
  - **Contact:** Call (916) 887-4031 to register.
- 

### **Chicks in Crisis**

- **Phone:** (916) 441-1243
  - **Address:** 9455 E Stockton Blvd, Elk Grove, CA 95624
  - **Services:** Provides parenting plans, open adoption support, parenting education, and essential baby supplies, including food, diapers, and clothing. Also offers supervised visitation services and emergency assistance for families in need.
-

**Maternal, Child, and Adolescent Health Program (MCAH)**

Mission: To ensure access to quality health services for women, adolescents, children, and infants while reducing health disparities and preventable conditions.

**Program Goals:**

- All children are born healthy to healthy mothers.
- No health disparities based on race, gender, or economic status.
- Equal access to integrated, seamless care for families.
- A safe and healthy environment for women and children.

**Sacramento County Objectives:**

- Reduce infant mortality rates and teen birth rates.
- Increase access to prenatal care and early immunizations.
- Promote breastfeeding and oral health.
- Reduce exposure to secondhand smoke and domestic violence.

**Contact Information:**

- **Address:** 9616 Micron Ave, Suite 670, Sacramento, CA 95827
  - **Hours:** Monday – Friday, 8:00 AM – 5:00 PM
  - **Phone:** (888) 224-2229
- 

**Day Care Resources:**

- **Beanstalk:**
    - Offers sliding-scale fee programs in licensed centers and family child care homes.
  - **Care.com:**
    - Provides a searchable database for day care services in your local area.
  - **Child Action, Inc.:**
    - Promotes the healthy growth of children and families in Sacramento County.
    - Services include child care referrals, subsidies, training for child care professionals, and parent education.
  - **Head Start/Early Head Start (SETA):**
    - Provides free services for income-eligible families with children aged birth to five.
    - Services include early education and school readiness support.
    - Families receiving TANF or SSI are automatically eligible.
    - More than 30 sites available across Sacramento County.
-

**Sacramento Crisis Nursery****Services:**

- Emergency child care and overnight care for children (newborn – age 5) during family crises.
- Voluntary, confidential, and free services.
- Safe, home-like environment with age-appropriate activities.
- Family crisis intervention and counseling support.

**Locations:**

- North Sacramento:
  - 4533 Pasadena Avenue, Sacramento, CA 95821
  - Phone: (916) 679-3600
- South Sacramento:
  - 6699 South Land Park Drive, Sacramento, CA 95831
  - Phone: (916) 394-2000

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**Elk Grove Unified School District – Teen Parent Program (TPP)**

- **Phone:** (916) 686-7700
- **Address:** 9510 Elk Grove-Florin Rd, Elk Grove, CA 95624
- **Services:** Resources, education, and case management for expecting and parenting students.

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**Folsom Cordova Unified School District – Adolescent Parent Program (APP)**

- **Phone:** (916) 294-9105 ext. 840111
- **Address:** 10848 Gadsten Way, Rancho Cordova, CA 95670
- **Services:** Parenting classes, school-sponsored childcare, lactation accommodations, resource assistance, transportation, and case management.

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**Galt Joint Union High School District**

- **Phone:** (209) 745-3061
  - **Address:** 12945 Marengo Rd, Galt, CA 95632
  - **Services:** Referrals and resources for expecting and parenting students, including lactation accommodations and resource assistance.
-



**Natomas Unified School District**

- **Phone:** (916) 567-5400
  - **Address:** 1901 Arena Blvd, Sacramento, CA 95834
  - **Services:** Parenting classes, lactation accommodations, resource assistance, school nurse support, and OB/GYN referrals.
- 

**River Delta Unified School District**

- **Phone:** (707) 374-1700
  - **Address:** 445 Montezuma St, Rio Vista, CA 94571
  - **Services:** Referrals and resources for expecting and parenting students, including parenting classes, lactation accommodations, and resource assistance.
- 

**San Juan Unified School District – Early Childhood Education (ECE)**

- **Phone:** (916) 971-5988
  - **Address:** 5309 Kenneth Ave, Carmichael, CA 95608
  - **Services:** Parenting classes, school-sponsored childcare, lactation accommodations, resource assistance, and Early Head Start programs.
- 

**Stanford Sierra Youth & Families – The Village: A Place for Connection**

- **Phone:** (916) 344-0199
  - **Address:** 8912 Volunteer Ln, Sacramento, CA 95826
  - **Services:** Support groups for resource parents, adoptive parents, and caregivers, offering a space for connection and support.
- 

**Youth Connections Unlimited – Young Moms Connect**

- **Phone:** (916) 551-2102
  - **Address:** 3053 Freeport Blvd #418, Sacramento, CA 95818
  - **Services:** Mentorship programs for young mothers aged 13-20, providing social, recreational, arts, and educational opportunities.
- 

**Greater Sacramento Urban League – Youth & Families Services**

- **Phone:** (916) 286-8600
  - **Address:** 3725 Marysville Blvd, Sacramento, CA 95838
  - **Services:** Mentorship, academic support, after-school programs, job training, mental health support, and parenting classes.
-

**California Department of Social Services – Cal-Learn Program**

- **Phone:** Contact your local county social services agency
  - **Address:** Varies by county
  - **Services:** Statewide program for pregnant and parenting teens receiving CalWORKs, offering case management, supportive services, and financial incentives to encourage high school graduation.
- 

**Center Joint Unified School District – Family Resource Center**

- **Phone:** (916) 338-6387
  - **Address:** 3401 Scotland Dr, Antelope, CA 95843
  - **Services:** Provides referrals and resources, lactation accommodations, home visits on parenting and infant/child health safety, and connections to visiting nurse services.
- 

**Twin Rivers Unified School District – Parenting Teen Program**

- **Phone:** (916) 566-2715
  - **Address:** 6560 Melrose Dr, North Highlands, CA 95660
  - **Services:** Offers parenting classes, school-sponsored childcare, lactation accommodations, resource assistance, transportation for enrolled students and their children, and work-study options.
- 

**Sacramento County Department of Health Services – Comprehensive Perinatal Services Program (CPSP)**

- **Phone:** (916) 875-5242
  - **Address:** 4600 Broadway, Sacramento, CA 95820
  - **Services:** Provides a comprehensive range of services for pregnant women, including medical care, nutrition, and health education.
-

**Shine Together**

- **Phone:** (408) 263-8330
- **Address:** 7222 24th Street, Sacramento, CA 95822
- **Services:** A nonprofit organization dedicated to empowering young mothers to complete high school, pursue post-secondary education, and support their children's development. Their comprehensive program focuses on educational navigation, early childhood development, financial well-being, and health and wellness.

**Center for Fathers and Families (CFF)**

- **Phone:** (916) 568-3237
- **Address:** 920 Del Paso Boulevard, Sacramento, CA 95815
- **Services:** Provides programs and services aimed at family growth, enrichment, and empowerment. Offerings include parenting classes, support groups, and resources to promote positive parental involvement.

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**Fathers Resource Center**

- **Phone:** (916) 739-0894
- **Address:** 8551 Folsom Blvd., Sacramento, CA 95826
- **Services:** Promotes positive parental involvement, ensuring children have access to both parents. Offers resources and services to fathers, emphasizing the importance of fatherhood involvement.

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**ROOM For Dads – Bridges Professional Treatment Services**

- **Phone:** (916) 647-5343
  - **Address:** 3600 Power Inn Rd., Suite C, Sacramento, CA 95826
  - **Services:** A peer-to-peer outpatient program designed to teach men how to support themselves and their families. Services include social support groups, relapse prevention, drug education, and parenting classes focused on fatherhood.
-

**Supporting Father Involvement – California Department of Social Services**

- **Services:** Helps fathers learn about positive parenting, offers counseling to improve relationships with their children and partners, and supports men in becoming more self-sufficient in supporting their families.
- 

**Parent Support Groups – Stanford Sierra Youth & Families**

- **Phone:** (916) 344-0199
  - **Address:** 8912 Volunteer Lane, Sacramento, CA 95826
  - **Services:** Offers free monthly support group meetings for parents and caregivers, including resource parents, adoptive parents, and caregivers. These groups provide a space for connection and support.
- 

**Nurse-Family Partnership**

- **Phone:** (916) 875-0900 or (916) 875-2229
  - **Address:** 9616 Micron Ave, Suite 950, Sacramento, CA 95827
  - **Services:** Provides home visitation services by registered nurses to first-time, low-income mothers, offering prenatal care, parenting education, and child development support.
- 

**Sac Valley Pregnancy Clinic**

- **Phone:** (916) 451-2273
  - **Address:** 2316 Bell Executive Lane, Sacramento, CA 95825
  - **Services:** Offers free pregnancy testing, ultrasounds, prenatal education, counseling, parenting support, and material assistance for expectant and new mothers.
-

## Family Support Resources

### Sacramento Children's Home – Family Resource Centers

- **Phone:** (916) 290-8281
  - **Address:** 2750 Sutterville Rd, Sacramento, CA 95820
  - **Services:** Operates centers in Meadowview, North Sacramento, and Valley Hi, offering intervention services, court-approved parenting education, home visitation, and school readiness programs.
- 

### Birth & Beyond Family Resource Centers

- **Phone:** (916) 244-1900
  - **Services:** Provides home visitation, parenting workshops, crisis intervention, and school readiness services to strengthen families and support child development.
- 

### First 5 Sacramento

- **Phone:** (916) 876-5865
  - **Services:** Connects families with programs that support children's health and development during their first five years, including healthcare access, early education, and family support services.
- 

### WarmLine Family Resource Center

- **Phone:** (916) 455-9500
  - **Services:** Offers resources, support, training, and consultation to families of children with special needs from birth to age 26, staffed by parents who share similar experiences.
- 

### Help Me Grow Sacramento

- **Phone:** (916) 822-8744
  - **Services:** Provides developmental screenings, resources, and support to ensure children reach developmental milestones, assisting parents in navigating child development concerns.
- 

### Elk Grove Unified School District – Family Resource Centers

- **Phone:** (916) 793-2953
  - **Address:** 9510 Elk Grove-Florin Rd, Elk Grove, CA 95624
  - **Services:** Offers resources and support to families within the district, including parenting classes, referrals, and assistance programs.
-

**Another Choice Another Chance**

- **Phone:** (916) 388-9418
  - **Address:** 7000 Franklin Blvd #200, Sacramento, CA 95823
  - **Email:** referrals@acacsac.org
  - **Services:** Provides behavioral health services, substance abuse treatment, and support for at-risk youth and families.
- 

**Capital Star Community Services**

- **Phone:** (916) 584-7800
- **Address:** 3815 Marconi Ave, Sacramento, CA 95821
- **Email:** info@starsinc.com
- **Services:** Mental health services, youth and family support, crisis intervention, and specialized programs for foster youth.

**Capital Star Community Services (North Sacramento Center)**

- **Phone:** (916) 344-0249
- **Address:** 3800 Watt Ave, Suite 110, Sacramento, CA 95821

**Capital Star Community Services (Downtown Center)**

- **Phone:** (916) 584-7800
  - **Address:** 401 S Street, Sacramento, CA 95811
- 

**HeartLand Child and Family Services****Grand Avenue Clinic**

- **Phone:** (916) 922-9868
- **Address:** 811 Grand Ave, Sacramento, CA 95838

**Watt Ave Clinic**

- **Phone:** (916) 418-0828
- **Address:** 2829 Watt Ave, Sacramento, CA 95821

**South Area Clinic**

- **Phone:** (916) 942-9144
- **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823

**Family Wellness Center**

- **Phone:** (916) 942-9060
  - **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823
-

**La Familia Counseling Center**

- **Phone:** (916) 452-3601
  - **Address:** 5523 34th Street, Sacramento, CA 95820
  - **Email:** info@lafcc.org
  - **Services:** Provides culturally responsive counseling, parenting classes, youth support services, and community resources.
- 

**River Oak Center for Children****Laurel Hills Office**

- **Phone:** (916) 609-5100
- **Address:** 5445 Laurel Hills Drive, Sacramento, CA 95841
- **Email:** info@riveroak.org

**Elk Grove Office**

- **Phone:** (916) 609-5100
- **Address:** 9412 Big Horn Blvd., Suite 6, Elk Grove, CA 95758

**Birth and Beyond Family Resource Center**

- **Phone:** (916) 226-2725
  - **Address:** 4625 44th St., Room 36, Sacramento, CA 95820
- 

**A Better You Services (formerly Sobriety Brings a Change)**

- **Phone:** (916) 454-4242
  - **Address:** 2740 Fulton Ave, Sacramento, CA 95821
  - **Email:** info@abetteryouervices.com
  - **Services:** Substance abuse recovery, mental health counseling, and wellness services.
- 

**Stanford Sierra Youth and Families**

- **Phone:** (916) 344-0199
  - **Address:** 8912 Volunteer Lane, Sacramento, CA 95826
  - **Services:** Provides family-based services, adoption support, mental health resources, and youth advocacy.
-

**Turning Point Community Programs**

- **Contact:** Brianna Sanders
  - **Phone:** (916) 364-8395
  - **Address:** 3440 Viking Dr, Suite 114, Sacramento, CA 95817
  - **Email:** briannasanders@tpcp.org
  - **Services:** Mental health support, case management, and peer mentoring.
- 

**Pacific Clinics (formerly Uplift Family Services)**

- **Phone:** (916) 388-6400
  - **Address:** 9343 Tech Center Dr., 2nd Floor, Sacramento, CA 95826
  - **Services:** Mental health care, family support services, and crisis intervention.
- 

**WellSpace Health****North Highlands Community Health Center & Birth and Beyond**

- **Phone:** (916) 737-5555
- **Address:** 6015 Watt Ave, North Highlands, CA 95660
- **Email:** info@wellspacehealth.org

**Rancho Cordova Community Health Center**

- **Phone:** (916) 737-5555
- **Address:** 10423 Old Placerville Rd., Sacramento, CA 95827

**Community Health Center**

- **Phone:** (916) 737-5555 / (916) 874-9754 for AOD appointments
- **Address:** 1820 J St., Sacramento, CA 95826

**At St. John's Shelter**

- **Phone:** (916) 737-5555 / (916) 874-9754 for AOD appointments
- **Address:** 4410 Power Inn Rd., Sacramento, CA 95826

**Residential Rehabilitation Treatment Center**

- **Phone:** (916) 737-5555 / (916) 874-9754 for AOD appointments
  - **Address:** 1550 Juliesse Ave, Sacramento, CA 95814
-



**UC Davis Children's Hospital: CAARE Center**

- **Phone:** (916) 734-8396
- **Address:** 3671 Business Drive, Suite 100, Sacramento, CA 95820
- **Services:** Child abuse prevention, trauma-informed therapy, and family support services.

**Dialectical Behavioral Therapy**

- **Contact:** Samantha Corona
- **Phone:** (916) 607-8794
- **Address:** 3672 Business Dr, Sacramento, CA 95820
- **Email:** samcorona@ucdavis.edu

**Psychological Consultations**

- **Contact:** Blake Carmichael
- **Phone:** (916) 607-8794
- **Address:** 3673 Business Dr, Sacramento, CA 95820
- **Email:** bdcarmichael@ucdavis.edu

**Parent-Child Interaction Therapy (PCIT) and PCIT Training**

- **Contact:** Lindsay Armendariz
- **Phone:** (916) 732-8983
- **Address:** 3674 Business Dr, Sacramento, CA 95820
- **Email:** laforte@ucdavis.edu

**PC-Care Therapy and PC-Care Training**

- **Contact:** Lindsay Armendariz
- **Phone:** (916) 732-8983
- **Address:** 3675 Business Dr, Sacramento, CA 95820
- **Email:** laforte@ucdavis.edu

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**WEAVE (Women Escaping A Violent Environment)**

- **Contact:** Maddy
  - **Phone:** (916) 448-2321
  - **Address:** 1900 K St., Sacramento, CA 95811
  - **Email:** Mng@weaveinc.org
  - **Services:** Domestic violence support, crisis intervention, emergency shelter, and legal advocacy.
-

**My Sister's House**

- **Phone:** (916) 930-0626 (Office) / (916) 428-3271 (24/7 Multi-language Help Line)
  - **Address:** 3053 Freeport Blvd., #120, Sacramento, CA 95818
  - **Email:** info@my-sisters-house.org
  - **Services:** Domestic violence support, human trafficking victim assistance, and counseling.
- 

**Center for Fathers and Families (CFF)**

- **Phone:** (916) 568-3237
  - **Address:** 920 Del Paso Boulevard, Sacramento, CA 95815
  - **Services:** CFF provides programs and services aimed at family growth, enrichment, and empowerment. Offerings include parenting classes, support groups, and resources to promote positive parental involvement.
- 

**Fathers Resource Center**

- **Phone:** (916) 739-0894
  - **Address:** 8551 Folsom Blvd., Sacramento, CA 95826
  - **Services:** This center promotes positive parental involvement, ensuring children have access to both parents. They offer resources and services to fathers, emphasizing the importance of fatherhood involvement.
- 

**ROOM For Dads – Bridges Professional Treatment Services**

- **Phone:** (916) 647-5343
  - **Address:** 3600 Power Inn Rd., Suite C, Sacramento, CA 95826
  - **Services:** A peer-to-peer outpatient program designed to teach men how to support themselves and their families. Services include social support groups, relapse prevention, drug education, and parenting classes focused on fatherhood.
- 

**Birth & Beyond Family Resource Centers**

- **Phone:** (916) 244-1900
  - **Services:** Provides home visitation, parenting workshops, crisis intervention, and school readiness services to strengthen families and support child development.
-

### **Sacramento Children's Home – Family Resource Centers**

- **Phone:** (916) 290-8281
  - **Address:** 2750 Sutterville Rd, Sacramento, CA 95820
  - **Services:** Operates centers offering intervention services, court-approved parenting education, home visitation, and school readiness programs.
- 

### **Supporting Father Involvement – California Department of Social Services**

- **Services:** This program helps fathers learn about positive parenting, offers counseling to improve relationships with their children and partners, and supports men in becoming more self-sufficient in supporting their families.
  - **Website:** [https://www.cdss.ca.gov/inforesources/ocap/about-ocap/supporting-father-involvement?utm\\_source=chatgpt.com](https://www.cdss.ca.gov/inforesources/ocap/about-ocap/supporting-father-involvement?utm_source=chatgpt.com)
-

## Transitional Age Youth Resources

### Transitional Age Youth (TAY) Program

The California Department of Housing & Community Development offers programs to prevent homelessness and secure housing for young adults aged 18 to 24, especially those currently or formerly in the foster care or probation systems.

**Contact:**

- **Email:** Application and General Program Questions
  - **Address:** 651 Bannon Street, Sacramento, CA 95811
  - **Phone:** (800) 952-8356
- 

### Youth Help Network (YHN)

Provides free, short-term services and support to all youth ages 16-25 in Sacramento County, including health navigation, peer support, housing resources, and job readiness.

**Contact:**

- **Call/Text:** (916) 860-9819 (Monday – Friday, 9 AM – 7 PM)
  - **Instagram:** [@youthhelpnetwork](#)
- 

### Wind Youth Services

Offers a safe environment for homeless and runaway youth, providing access to health services, crisis counseling, and case management.

**Contact:**

- **Phone:** (916) 561-4900
  - **Address:** 815 S Street, Sacramento, CA 95811
- 

### Emergency Bridge Housing for Transitional Age Youth

Provides temporary housing and support services for homeless youth aged 18-24. Referrals can be accessed at the TAY Access Point.

**Contact:**

- **Address:** 815 S Street, Sacramento, CA 95811
- 

### Mental Health Urgent Care Clinic (MHUCC)

A walk-in clinic offering immediate mental health support for individuals of all ages experiencing distress.

**Contact:**

- **Phone:** (916) 520-2460
-

**The Source**

Provides 24/7 support to youth up to age 26 and their caregivers during times of crisis, with priority given to current and former foster youth.

**Contact:**

- **Call/Text:** (916) 787-7678
- 

**Youth Empowerment Program (YEP)**

Empowers youth with disabilities (ages 14-26) to achieve independence and success in personal and professional aspects of life.

**Contact:**

- **Email:** arceliao@ril-sacramento.org
  - **Phone:** (916) 446-3074 x114
  - **Address:** 420 I Street, Level B: Suite 3, Sacramento, CA 95814
- 

**Sacramento Regional Conservation Corps (SRCC)**

Provides education, job training, and support services for young adults.

**Contact:**

- **Phone:** (916) 386-8394
  - **Address:** 6101 27th St, Sacramento, CA 95822
  - **Email:** info@saccorps.org
- 

**Northern California Construction Training (NCCT)**

Offers hands-on construction training for those interested in entering the trade industry.

**Contact:**

- **Phone:** (916) 387-1564
  - **Address:** 10170 Missile Way, Mather, CA 95655
  - **Email:** Heather@ncctinc.org
- 

**Greater Sacramento Urban League (GSUL)**

Provides career development, job training, and education services.

**Contact:**

- **Phone:** (916) 286-8600
  - **Address:** 3725 Marysville Blvd, Sacramento, CA 95838
  - **Email:** info@gsul.org
-

**BCLC (Foothill Farms / North Highlands Liberty Towers / Impact Sac)**

Community organization providing educational and career resources.

**Contact:**

- **Phone:** (916) 410-9770 / (916) 889-2390
  - **Address:** 5132 Elkhorn Boulevard, Sacramento, CA 95842
- 

**Always Knocking INC**

Nonprofit organization supporting community engagement and career readiness.

**Contact:**

- **Phone:** (916) 942-9080
  - **Address:** 2251 Florin Rd # 24, Sacramento, CA 95822
- 

**Anti-Recidivism Coalition (ARC)**

Supports formerly incarcerated individuals with reentry services and employment support.

**Contact:**

- **Phone:** (916) 842-9080
  - **Address:** 2830 G St., Suite 210, Sacramento, CA 95816
- 

**California Conservation Corps (CCC)**

Provides young adults with job training and work experience in conservation-related fields.

**Contact:**

- **Phone:** (916) 341-4430
  - **Address:** 1719 24th St., Sacramento, CA 95816
- 

**Goodwill Industries**

Offers job training and employment placement services.

**Contact:**

- **Phone:** (916) 395-9000
  - **Address:** 8001 Folsom Blvd., Sacramento, CA 95826
- 

**Job Corps**

Free career training and education program for young adults.

**Contact:**

- **Phone:** (800) 733-5627
  - **Address:** 3100 Meadowview Rd, Sacramento, CA 95832
-

**Sacramento Employment and Training Agency (SETA)**

Provides employment assistance, job training, and support services.

**Contact:**

- **Phone:** (916) 386-8394
  - **Address:** 925 Del Paso Boulevard, Sacramento, CA 95815
  - **Email:** Reception@seta.net
- 

**The National Center for Competency Testing (NCCT)**

Offers certification programs for various technical and healthcare fields.

**Contact:**

- **Phone:** (800) 875-4404
  - **Email:** [contactus@ncctinc.com](mailto:contactus@ncctinc.com)
- 

**Crisis Residential Program (CRP) for Transition Age Youth (TAY) – The STAY**

A short-term, 15-bed Crisis Residential Program designed to support TAY (ages 18-29) in a home-like environment. The program helps individuals transition back into community living after a period of psychiatric crisis and recovery. The STAY also provides assistance with housing, employment, education, and ongoing care.

**Contact:**

- **Location:** Coming soon to Marconi Avenue, Sacramento
  - **Phone:** (916) 344-0249
- 

**The Flexible Integrated Treatment (FIT) Program**

Provides services and support to children and youth up to age 21 and their families. The FIT team collaborates with key individuals involved in a youth's well-being, including family, schools, social workers, probation officers, and mentors. The program empowers youth to have a strong role in planning their future regarding employment, education, and independent living.

**Contact:**

- **Facility:** Capital Star Children's Mental Health (FIT Program)
  - **Address:** 3800 Watt Ave., Suite 110, Sacramento, CA 95821
  - **Phone:** (916) 344-0249
-

**The Annie E. Casey Foundation (AECF)**

A private philanthropy dedicated to creating a brighter future for the nation's children and youth by developing solutions to strengthen families, build paths to economic opportunity, and transform struggling communities into safer and healthier places to live, work, and grow.

**Contact:**

- **Phone:** (410) 547-6600
  - **Fax:** (410) 547-6624
  - **Address:** 701 St. Paul Street, Baltimore, MD 21202
  - **Website:** [www.aecf.org](http://www.aecf.org)
  - **Media Inquiries:** [media@aecf.org](mailto:media@aecf.org)
  - **General Inquiries:** [webmail@aecf.org](mailto:webmail@aecf.org)
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**Emergency Bridge Housing (EBH) at The Grove**

EBH at The Grove is a temporary shelter providing 24 double-occupancy sleeping cabins for homeless Transitional Age Youth (TAY) aged 18-24. The program offers shelter, food, and comprehensive wrap-around services to assist residents in stabilizing and transitioning to permanent housing. First Step Communities manages daily operations and engages with youth to coordinate services.

[shra.org](http://shra.org)

**Contact:**

- **Address:** 2787 Grove Ave, Sacramento, CA 95815
- **Phone:** (916) 418-4777
- **Email:** [info@firststepcommunities.org](mailto:info@firststepcommunities.org)
- **Website:** [First Step Communities](http://First Step Communities)

**Referral Process:**

Referrals are managed through the TAY Access Point located at 815 S Street, Sacramento, CA 95811. Eligible individuals must be 18-24 years old and experiencing homelessness. Assessments are conducted on-site; however, completion does not guarantee admittance due to limited space.

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## **Mutual Assistance Network (MAN)**

### **Main Office:**

- **Address:** 811 Grand Ave., Suite A3, Sacramento, CA 95838
- **Phone:** (916) 567-9567
- **Hours:** Monday–Friday, 8:00 AM–5:00 PM

### **Arcade Community Center:**

- **Address:** 2427 Marconi Ave., Suite 101, Sacramento, CA 95821
- **Phone:** (916) 514-8096
- **Hours:** Monday–Friday, 9:00 AM–6:00 PM

### **Robertson Community Center:**

- **Address:** 3525 Norwood Ave., Sacramento, CA 95838
- **Phone:** (916) 567-9567
- **Hours:** Call for hours

### **Johnston Community Center:**

- **Address:** 231 Eleanor Ave., Sacramento, CA 95815
- **Phone:** (916) 567-9567
- **Hours:** Call for hours

### **Contact Information:**

- **General Inquiries:** [info@mutualassistance.org](mailto:info@mutualassistance.org)
  - **Website:** [www.mutualassistance.org](http://www.mutualassistance.org)
  - **Facebook:** [@mutualassistance](https://www.facebook.com/mutualassistance)
-

**California Youth Connection (CYC)**

A youth-led organization dedicated to empowering current and former foster youth to transform the foster care system through leadership development, legislative advocacy, and community engagement. CYC provides a platform for foster youth to engage directly with policymakers and contribute to policy and practice changes that impact their lives.

[calyouthconn.org](http://calyouthconn.org)

**Contact Information:**

- **Bay Area Statewide Office:**
    - **Address:** PO Box 10675, Oakland, CA 94610
    - **Phone:** (510) 708-4922
  - **Northern Regional Office:**
    - **Location:** Sacramento, CA
  - **Southern Regional Office:**
    - **Location:** Los Angeles, CA
  - **Central Valley Office:**
    - **Location:** Fresno, CA
  - **Website:** [calyouthconn.org](http://calyouthconn.org)
-

## Mentoring Services and Programs

### Sacramento Youth Center

The Sacramento Youth Center provides mentoring programs, workforce training, and one-on-one support for youth.

- **Address:** 1901 Del Paso Blvd, Sacramento, CA 95815
  - **Phone:** 916.248.1081
  - **Email:** info@sacyouthcenter.org
  - **Website:** [sacyouthcenter.org](http://sacyouthcenter.org)
- 

### My Brother's Keeper (MBK) Sacramento Mentoring Program

MBK collaborates with local non-profits to mentor boys and young men of color, aiming to promote healthy development and successful futures.

- **Address:** 1321 Garden Highway, Suite 210, Sacramento, CA 95833
  - **Phone:** (916) 993-7701
  - **Email:** impact@shfcenter.org
  - **Website:** [shfcenter.org](http://shfcenter.org)
- 

### Aging UP

Aging UP empowers youth with foster care experience to transition into adulthood through one-on-one mentoring, recreation, and education.

- **Address:** PO Box 293504, Sacramento, CA 95829
  - **Phone:** 916.265.4032
  - **Email:** info@agingup.org
  - **Website:** [agingup.org](http://agingup.org)
- 

### Improve Your Tomorrow (IYT)

IYT aims to increase the number of young men of color attending and graduating from colleges through mentorship and support programs.

- **Address:** 1901 Royal Oaks Dr, Sacramento, CA 95815
  - **Phone:** 916-299-3432
  - **Email:** iyt@improveyourtomorrow.org
  - **Website:** [improveyourtomorrow.org](http://improveyourtomorrow.org)
-

**Wind Youth Services**

Wind Youth Services offers a safe environment for homeless and runaway youth, providing access to health clinics, crisis intervention, and mentoring.

- **Phone:** (916) 561-4900
  - **Website:** [windyouth.org](http://windyouth.org)
- 

**WEAVE Children's Counseling**

WEAVE offers free individual counseling for children who have witnessed domestic violence or experienced abuse, providing support and guidance.

- **Phone:** (916) 920-2952
  - **Website:** [weaveinc.org](http://weaveinc.org)
- 

**California Association of Student Councils (CASC)**

CASC is a student-led organization offering leadership training and mentoring programs for middle and high school students.

- **Address:** 3130 Alpine Road, Suite 288, Portola Valley, CA 94028
  - **Website:** [casc.net](http://casc.net)
- 

**National Charity League, Inc. – Sacramento Chapter**

This organization fosters mother-daughter relationships through community service, leadership development, and cultural experiences.

- **Website:** [nationalcharityleague.org](http://nationalcharityleague.org)
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**Active 20-30 Club**

A service club focused on helping children and developing leadership skills in young adults through community service and mentorship.

- **Website:** [active20-30.org](http://active20-30.org)
- 

**Lion's Heart**

A national non-profit that offers teen-based volunteer programs, providing opportunities for community service and leadership development.

- **Website:** [lionsheartservice.org](http://lionsheartservice.org)
-

**Big Brothers Big Sisters of the Greater Sacramento Area**

This organization creates and supports one-to-one mentoring relationships between adult volunteers ("Bigs") and children ("Littles"), aiming to ignite the potential of youth.

- **Address:** 1750 Howe Ave Ste 240, Sacramento, CA 95825
  - **Phone:** (916) 646-9300
  - **Email:** [info@bbbs-sac.org](mailto:info@bbbs-sac.org)
  - **Website:** [bbbs-sac.org](http://bbbs-sac.org)
- 

**LINKS Mentoring Program – Sacramento County Office of Education**

The LINKS Mentoring Program seeks adult volunteers to mentor eligible students, providing guidance and support to help them prepare for life after high school.

- **Phone:** (916) 228-2565
  - **Email:** [lcathcart@scoe.net](mailto:lcathcart@scoe.net)
  - **Website:** [scoe.net](http://scoe.net)
- 

**Sacramento Works for Youth**

Sacramento Works provides employment and education programs for youth aged 16-24, including mentoring, work experience, support services, and guidance counseling.

- **Website:** [sacramentoworks.org](http://sacramentoworks.org)
- 

**International Rescue Committee (IRC) – REP Youth Mentor Program**

The IRC's Refugee Employment Program (REP) offers a 10-week after-school mentoring program for high school-aged refugees, focusing on life skills and academic support.

- **Email:** [makayla.synak@rescue.org](mailto:makayla.synak@rescue.org)
  - **Website:** [rescue.org](http://rescue.org)
- 

**Reaching Back to Our Youth**

**Phone:** 916-470-9911

**Email:** [Vmalin@rbtoy.org](mailto:Vmalin@rbtoy.org)

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**SAFE (Sacramento Advocates for Family Empowerment)**

- **Phone:** 916-366-4600
  - **Address:** 720 Howe Ave., Suite 102, Sacramento, CA 95825
- 

**Target Excellence**

- **Phone:** 916-545-2116
- 

**BCLC (Mutual Assistance Network-Arden)**

- **Phone:** 916-514-8096
  - **Address:** 2427 Marconi Ave., Suite 101, Sacramento, CA 95821
- 

**BCLC (Roberts Family Development Center - Del Paso)**

- **Phone:** 916-646-6631
  - **Address:** 3725 Marysville Blvd., Room 203, Sacramento, CA 95838
- 

**BCLC (Fruitridge/Stockton)**

- **Phone:** 916-431-7485
  - **Address:** 4625 44th St., Sacramento, CA 95820
- 

**BCLC (Meadowview)**

- **Phone:** 916-376-7916
  - **Address:** 7000 Franklin Blvd., Suite 1000, Sacramento, CA 95823
- 

**BCLC (Valley High)**

- **Phone:** 916-753-9435
  - **Address:** 7710 Stockton Blvd., Sacramento, CA 95823
- 

**Always Knocking INC**

- **Phone:** 916-470-2077
  - **Address:** 2251 Florin Rd #24, Sacramento, CA 95822
- 

**BCLC (Foothill Farms / North Highlands Liberty Towers / Impact Sac)**

- **Phone:** 916-410-9770 / 916-889-2390
  - **Address:** 5132 Elkhorn Boulevard, Sacramento, CA 95842
-

**Anti-Recidivism Coalition (ARC)**

- **Phone:** 916-942-9080
  - **Address:** 2830 G St., Suite 210, Sacramento, CA 95816
- 

**Bridge Network**

- **Phone:** 916-244-1406
  - **Address:** 7851 35th Ave, Sacramento, CA 95824
  - **Email:** info@bridge-network.org
- 

**East Bay Asian Youth Center (EBAYC)**

- **Phone:** 510-533-1092
  - **Address:** 7000 Franklin Blvd., Suite 1090, Sacramento, CA 95823
  - **Email:** info@ebayc.org
- 

**Gang Awareness and Prevention (GAP)**

- **Phone:** 916-804-7980
  - **Address:** 6831 Savings Place, Sacramento, CA 95828
  - **Email:** gapgangs@gmail.com
-

## Life Skills Development

### Sacramento Youth Center

- **Phone:** (916) 248-1081
  - **Address:** 1901 Del Paso Blvd, Sacramento, CA 95815
  - **Services:** Mentoring programs focusing on self-awareness, goal-setting, communication, trust, and productive life skills for teens and young adults.
- 

### PRO Youth & Families

- **Phone:** (916) 576-3300
  - **Address:** 5299 Auburn Blvd, Sacramento, CA 95841
  - **Services:** Youth development programs including advocacy, civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.
- 

### Advance Kids

- **Phone:** (916) 791-3920
  - **Address:** 5050 Robert J. Mathews Parkway, El Dorado Hills, CA 95762
  - **Services:** Programs teaching critical life skills, self-advocacy, and social skills for children, teens, and adults with developmental disorders.
- 

### Resources for Independent Living (RIL) – Youth Empowerment Program

- **Phone:** (916) 446-3074
  - **Address:** 420 I Street, Level B, Suite 3, Sacramento, CA 95814
  - **Services:** Empowers youth with disabilities (ages 14-26) to achieve independence and success in personal and professional lives through essential life skills development.
- 

### UC Davis MIND Institute – Social Skills Program

- **Phone:** (916) 703-0280
  - **Address:** 2825 50th Street, Sacramento, CA 95817
  - **Services:** Programs designed to help children and adolescents with autism or other social communication conditions develop essential social skills.
-



**Safetyville USA**

- **Phone:** (916) 438-3351
  - **Address:** 3909 Bradshaw Road, Sacramento, CA 95827
  - **Services:** Provides safety education to young children through an interactive miniature city, teaching various safety skills including fire, bicycle, and pedestrian safety.
- 

**Kidpower**

- **Phone:** (800) 467-6997
  - **Services:** Offers programs teaching personal safety skills to prevent bullying, abuse, abduction, and other violence for children and teens.
- 

**Active 20-30 Club of Greater Sacramento #1032**

- **Phone:** (916) 658-9830
  - **Address:** PO Box 214933, Sacramento, CA 95821
  - **Email:** webmaster@sacwomens2030.org
  - **Website:** [sacwomens2030.org](http://sacwomens2030.org)
  - **Services:** A service club focused on helping children and developing leadership skills in young adults through community service and mentorship.
- 

**Hands4Hope – Youth Making A Difference**

- **Phone:** (916) 294-7426
  - **Address:** 877 Embarcadero Drive, El Dorado Hills, CA 95762
  - **Services:** Engages youth in service-learning programs to develop life skills such as communication, collaboration, and leadership.
- 

**AcademySTAY**

- **Phone:** (916) 283-8280
  - **Address:** 1100 47th Ave, Sacramento, CA 95822
  - **Services:** Provides aged-out foster youth with stable housing, life skills training, mentorship, and mental health support to promote independence.
- 

**Sacramento Works – STEPS Program**

- **Phone:** (916) 263-3800
  - **Address:** 925 Del Paso Blvd, Suite 100, Sacramento, CA 95815
  - **Services:** Offers support, training, and employment opportunities to youth with disabilities, focusing on life skills and workforce readiness.
-

#### **4-H Youth Development Program – Sacramento County**

- **Phone:** (916) 875-6811
  - **Address:** 4145 Branch Center Rd, Sacramento, CA 95827
  - **Services:** Helps young people discover and develop their potential through hands-on activities, enhancing leadership abilities and a wide range of life skills.
-

## Pro Social and Recreational Activities

### PRO Youth & Families

- **Phone:** (916) 576-3300
  - **Address:** 5299 Auburn Blvd, Sacramento, CA 95841
  - **Services:** Offers youth development programs focusing on advocacy, civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.
- 

### City of Sacramento Youth, Parks, & Community Enrichment

- **Phone:** (916) 808-5200
  - **Address:** 915 I Street, Sacramento, CA 95814
  - **Services:** Provides a wide range of recreational activities, sports programs, and enrichment opportunities for youth and young adults.
- 

### Sacramento Youth Center

- **Phone:** (916) 248-1081
  - **Address:** 1901 Del Paso Blvd, Sacramento, CA 95815
  - **Services:** Offers mentoring programs, workforce training, and one-on-one support, focusing on self-awareness, goal-setting, communication, trust, and productive life skills for teens and young adults.
- 

### Boys & Girls Clubs of Greater Sacramento

- **Phone:** (916) 442-2582
  - **Address:** 5212 Lemon Hill Ave, Sacramento, CA 95824
  - **Services:** Provides programs and services promoting the development of boys and girls by instilling a sense of competence, usefulness, belonging, and influence.
- 

### Fulton-El Camino Recreation and Park District

- **Phone:** (916) 927-3802
  - **Address:** 2201 Cottage Way, Sacramento, CA 95825
  - **Services:** Offers various youth sports programs, including Little League and soccer camps, to promote physical activity and teamwork among youth.
-

**Southgate Recreation & Park District**

- **Phone:** (916) 428-1171
  - **Address:** 6000 Orange Ave, Sacramento, CA 95823
  - **Services:** Provides active programs for youth, including dance classes, karate programs, sports, summer camps, and swim lessons, to build healthy habits and social skills.
- 

**Arden Park Recreation and Park District**

- **Phone:** (916) 483-6069
  - **Address:** 1000 La Sierra Drive, Sacramento, CA 95864
  - **Services:** Offers a variety of youth and teen activities, including sports, arts, and educational programs, to engage young individuals in positive recreational experiences.
- 

**City of West Sacramento Parks & Recreation**

- **Phone:** (916) 617-4620
  - **Address:** 1110 W Capitol Ave, West Sacramento, CA 95691
  - **Services:** Provides various sport opportunities such as Jr. Giants, Jr. NBA/WNBA, NFL Flag Football, Teen Hoops, Youth Tennis, and Learn to Skate programs for youth and teens.
- 

**Foothill Farms / North Highlands Liberty Towers / Impact Sac**

- **Phone:** 916-410-9770 / 916-889-2390
  - **Address:** 5132 Elkhorn Boulevard, Sacramento, CA 95842
- 

**BCLC (Oak Park)**

- **Phone:** 916-572-3331
  - **Address:** 2331 Alhambra Blvd., Suite 300, Sacramento, CA 95817
- 

**BCLC (Mutual Assistance Network-Arden)**

- **Phone:** 916-514-8096
  - **Address:** 2427 Marconi Ave, Suite 101, Sacramento, CA 95821
- 

**BCLC (Roberts Family Development Center - Del Paso)**

- **Phone:** 916-646-6631
  - **Address:** 3725 Marysville Blvd., Room 203, Sacramento, CA 95838
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**BCLC (Fruitridge/Stockton)**

- **Phone:** 916-431-7485
  - **Address:** 4625 44th St., Sacramento, CA 95820
- 

**BCLC (Meadowview)**

- **Phone:** 916-376-7916
  - **Address:** 7000 Franklin Blvd, Suite 1000, Sacramento, CA 95823
- 

**BCLC (Valley High)**

- **Phone:** 916-753-9435
  - **Address:** 7710 Stockton Blvd., Sacramento, CA 95823
- 

**Burning Bush Moments**

- **Phone:** 916-538-0113
  - **Address:** 2830 G St., Suite 210, Sacramento, CA 95816
- 

**Hawk Institute**

- **Phone:** 916-730-9515
  - **Address:** 4625 44th St., Sacramento, CA 95820
- 

**Gang Awareness and Prevention (GAP)**

- **Phone:** 916-804-7980
  - **Address:** 6831 Savings Place, Sacramento, CA 95828
- 

**Reaching Back to Our Youth**

- **Phone:** 916-470-9911
- 

**Always Knocking INC**

- **Phone:** 916-942-9080
- 

**Anti-Recidivism Coalition (ARC)**

- **Phone:** 916-842-9080
-

### Community Based Intervention Services

#### **River Oak Center for Children (Laurel Hills Office)**

- **Phone:** 916-609-5100
  - **Address:** 5445 Laurel Hills Drive, Sacramento, CA, 95841
- 

#### **River Oak Center for Children (Elk Grove Office)**

- **Phone:** 916-609-5100
  - **Address:** 9412 Big Horn Blvd., Suite 6, Elk Grove, CA 95758
- 

#### **River Oak Center for Children (Birth and Beyond Family Resource Center)**

- **Phone:** 916-226-2725
  - **Address:** 4625 44th St., Rm 36, Sacramento, CA 95820
- 

#### **Another Choice Another Chance**

- **Phone:** 916-388-9418
  - **Address:** 7000 Franklin Blvd #200, Sacramento, CA 95823
- 

#### **Capital Star Community Services**

- **Phone:** 916-584-7800
  - **Address:** 3815 Marconi Ave, Sacramento, CA 95821
- 

#### **Capital Star Community Services (North Sacramento Center)**

- **Phone:** 916-344-0249
  - **Address:** 3800 Watt Ave, Suite 110, Sacramento, CA 95821
- 

#### **Capital Star Community Services (Downtown Center)**

- **Phone:** 916-584-7800
  - **Address:** 401 S. Street, Sacramento, CA 95811
- 

#### **HeartLand Child and Family Services (Grand Avenue Clinic)**

- **Phone:** 916-922-9868
  - **Address:** 811 Grand Ave, Sacramento, CA 95838
- 

#### **HeartLand Child and Family Services (Watt Ave Clinic)**

- **Phone:** 916-418-0828
  - **Address:** 2829 Watt Ave, Sacramento, CA 95821
-

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**HeartLand Child and Family Services (South Area Clinic)**

- **Phone:** 916-942-9144
  - **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823
- 

**HeartLand Child and Family Services (Family Wellness Center)**

- **Phone:** 916-942-9060
  - **Address:** 6833 Stockton Blvd., Suite 485, Sacramento, CA 95823
- 

**La Familia Counseling Center**

- **Phone:** 915-452-3601
  - **Address:** 5523 34th Street, Sacramento, CA 95820
- 

**WellSpace Health (Community Health Center)**

- **Phone:** 916-737-5555 / 916-874-9754 (for AOD appointments)
  - **Address:** 1820 J St., Sacramento, CA 95826
- 

**WellSpace Health (at St. John's Shelter)**

- **Phone:** 916-737-5555 / 916-874-9754 (for AOD appointments)
  - **Address:** 4410 Power Inn Rd., Sacramento, CA 95826
- 

**WellSpace Health (Residential Rehabilitation Treatment Center)**

- **Phone:** 916-737-5555 / 916-874-9754 (for AOD appointments)
  - **Address:** 1550 Juliesse Ave, Sacramento, CA 95814
- 

**Pacific Clinics (formerly Uplift Family Services)**

- **Phone:** 916-388-6400
  - **Address:** 9343 Tech Center Dr., 2nd Fl., Sacramento, CA 95826
-

## Community Service Opportunities

### Loaves & Fishes Sacramento

- Contact Person: Volunteer Coordinator
  - **Phone:** 916-446-0874
  - **Email:** volunteer@sacloaves.org
  - **Website:** <https://www.sacloaves.org/>
  - Services provided: Providing meals, shelter, and essential services to people experiencing homelessness.
  - Additional Information: Volunteers must be at least 14 years old, with a guardian required for those under 18.
- 

### Saint John's Program for Real Change

- **Phone:** 916-453-1482
  - **Email:** volunteer@saintjohnsprogram.org
  - **Website:** <https://saintjohnsprogram.org/>
  - Services provided: Supporting women and children in transitioning out of homelessness through education and training programs.
  - Additional Information: Volunteer opportunities include tutoring, childcare, and administrative tasks.
- 

### River City Food Bank

- **Phone:** 916-446-2627
  - **Email:** volunteer@rivercityfoodbank.org
  - **Website:** <https://www.rivercityfoodbank.org/>
  - Services provided: Food distribution, administrative support, and event assistance.
  - Additional Information: Volunteers of all ages welcome, with youth needing adult supervision.
- 

### Sacramento Area Bicycle Advocates (SABA)

- **Phone:** 916-444-6600
  - **Email:** info@sacbike.org
  - **Website:** <https://www.sacbike.org/>
  - Services provided: Bicycle safety education, event support, and advocacy for bike-friendly infrastructure.
  - Additional Information: Volunteers help with outreach, events, and community rides.
-



**Alzheimer's Association Northern California Chapter**

- Contact Person: Volunteer Engagement Coordinator
  - **Phone:** 916-930-9080
  - **Email:** norcalvolunteer@alz.org
  - **Website:** <https://www.alz.org/norcal>
  - Services provided: Event planning, community education, and support services for individuals and families impacted by Alzheimer's.
  - Additional Information: Volunteer roles vary and may require specific training.
- 

**The Salvation Army Sacramento County**

- **Phone:** 916-563-3700
  - **Website:** <https://www.salvationarmyusa.org/usn/>
  - Services provided: Food distribution, disaster relief, and family support services.
  - Additional Information: Opportunities available for individuals and groups, with flexible scheduling.
- 

**Sacramento Public Library**

- Contact Person: Volunteer Coordinator
  - **Phone:** 916-264-2920
  - **Email:** volunteer@saclibrary.org
  - **Website:** <https://www.saclibrary.org/>
  - Services provided: Literacy tutoring, event assistance, and book organization.
  - Additional Information: Volunteers must complete an application and may require a background check.
- 

**Red Cross Northern California Coastal Region**

- **Phone:** 1-800-733-2767
  - **Website:** <https://www.redcross.org/>
  - Services provided: Disaster response, blood drive assistance, and community preparedness training.
  - Additional Information: Volunteers receive training for various roles.
-

**Junior Achievement of Sacramento**

- **Phone:** 916-480-2770
  - **Email:** info@jasac.org
  - **Website:** <https://www.juniorachievement.org/web/ja-sacramento/>
  - Services provided: Teaching financial literacy, work readiness, and entrepreneurship to youth.
  - Additional Information: Volunteers must complete training and may need to commit to specific programs.
- 

**Mutual Housing California**

- **Phone:** 916-453-8400
  - **Email:** volunteer@mutualhousing.com
  - **Website:** <https://www.mutualhousing.com/>
  - Services provided: Community building, maintenance projects, and resident support services.
  - Additional Information: Opportunities for individuals and groups, with tasks varying by project.
- 

**Meals on Wheels Sacramento County**

- Contact Person: Volunteer Coordinator
  - **Phone:** 916-444-9533
  - **Email:** volunteer@mowsac.org
  - **Website:** <https://www.mowsac.org/>
  - Services provided: Delivering meals to seniors in need, office help, and special events.
  - Additional Information: Volunteers need to be at least 18 years old for meal delivery.
- 

**Sacramento Tree Foundation**

- **Phone:** 916-924-8733
  - **Email:** volunteer@sactree.com
  - **Website:** <https://www.sactree.com/>
  - Services provided: Planting and caring for trees, educational programs, and tree mapping.
  - Additional Information: Opportunities for individuals and groups, with age requirements varying by activity.
-

**American River Parkway Foundation**

- Contact Person: Volunteer Coordinator
  - **Phone:** 916-486-2773
  - **Email:** volunteer@arpf.org
  - **Website:** <https://arpf.org/>
  - Services provided: Habitat restoration, trail maintenance, and special events.
  - Additional Information: Opportunities for individuals and groups.
- 

**Sacramento Food Bank & Family Services**

- **Phone:** 916-456-1980
  - **Website:** <https://www.sacramentofoodbank.org/>
  - Services provided: Food distribution, clothing donations, and family services.
  - Additional Information: Opportunities for youth, with some age restrictions based on the task.
- 

**Sacramento SPCA**

- **Phone:** 916-504-2845
  - **Email:** volunteers@sspca.org
  - **Website:** <https://www.sspca.org/>
  - Services provided: Animal care, events, and adoption assistance.
  - Additional Information: Minimum age is 18 for most volunteer opportunities, with some roles for younger volunteers available through special programs.
- 

**WEAVE (Women Escaping a Violent Environment)**

- **Phone:** 916-448-2321
  - **Website:** <https://www.weaveinc.org/>
  - Services provided: Crisis intervention, administrative support, and community outreach.
  - Additional Information: Volunteers must attend training sessions and commit to specific hours.
-

**Front Street Animal Shelter**

- Contact Person: Volunteer Coordinator
  - **Phone:** 916-808-7387
  - **Email:** FrontStreetVolunteer@cityofsacramento.org
  - **Website:** <https://www.frontstreetshelter.org/>
  - Services provided: Animal care, foster programs, and community events.
  - Additional Information: Minimum age is 13, with youth under 18 requiring an adult guardian present.
- 

**Habitat for Humanity of Greater Sacramento**

- **Phone:** 916-440-1215
  - **Email:** volunteer@habitatgreatersac.org
  - **Website:** <https://www.habitatgreatersac.org/>
  - Services provided: Home construction, ReStore retail assistance, and neighborhood revitalization.
  - Additional Information: Minimum age is 16 for construction projects, with a waiver required for minors.
- 

**Big Brothers Big Sisters of the Greater Sacramento Area**

- **Phone:** 916-646-9300
  - **Email:** info@bbbs-sac.org
  - **Website:** <https://www.bbbssac.org/>
  - Services provided: Mentorship programs for youth.
  - Additional Information: Volunteers must pass a background check and commit to regular meetings with their mentee.
- 

**California Native Plant Society - Sacramento Valley Chapter**

- **Email:** sacvalleycnps@gmail.com
  - **Website:** <https://www.cnps.org/>
  - Services provided: Habitat restoration, native plant sales, and educational outreach.
  - Additional Information: Opportunities for individuals and groups, with youth welcome to participate with supervision.
-

**Sacramento Children’s Home**

- **Phone:** 916-452-3981
  - **Email:** info@kidshome.org
  - **Website:** <https://www.kidshome.org/>
  - Services provided: Assisting with childcare, administrative tasks, and community events.
  - Additional Information: Volunteers must be at least 16 years old, with additional requirements for certain roles.
- 

**Wind Youth Services**

- **Phone:** 916-504-3313
  - **Email:** info@windyouth.org
  - **Website:** <https://www.windyouth.org/>
  - Services provided: Support services for homeless youth, including shelter assistance and mentoring.
  - Additional Information: Volunteers must attend training and complete a background check.
- 

**City of Sacramento Volunteer Program**

- **Phone:** 916-808-8317
  - Services provided: Various community service and volunteer opportunities throughout Sacramento.
- 

**916 Ink**

- **Phone:** 916-826-7323
  - **Email:** info@916ink.org
  - Services provided: Tutoring, revising youth work, and creative writing workshops for young authors.
- 

**Rancho Cordova Food Locker**

- Contact Person: Inez Shedd, Program and Outreach Manager
  - **Phone:** 415-574-9642
  - **Email:** inez@ranchocordovafoodlocker.org
  - **Website:** <https://www.ranchocordovafoodlocker.org/>
  - Services provided: Sorting produce, packing grocery bags, retrieving shopping carts, etc.
  - Additional Information: **Address:** 10600 Coloma Rd., Rancho Cordova, CA 95670.  
Community service hours available Mon/Wed/Fri from 9:00 AM to 1:00 PM. Cannot accept volunteers with sexual or violent offenses due to minors on-site.
-

**Therapeutic Riding and Off-Track Rehabilitation (TROTR)**

- **Phone:** 530-490-1593
  - **Website:** [www.trotr.org](http://www.trotr.org)
  - Services provided: Volunteer opportunities for youth, including new volunteer orientation on the first Saturday of every month.
  - Additional Information: **Address:** 22408 County Road 102, Woodland, CA 95776
- 

**Project Ride**

- Contact Person: Suzie
  - **Phone:** 916-685-7433
  - **Address:** 8840 Southside Avenue, Elk Grove, CA 95624
  - Services provided: Therapeutic horseback riding programs.
  - Additional Information: Hours: Mon-Thu 8:00 AM - 8:00 PM, Fri 8:00 AM - 5:00 PM, Sat-Sun Closed. Minimum age: 14+.
- 

**River City Food Bank (Midtown Location)**

- Contact Person: Tyra Willis
  - **Address:** 1800 28th Street, Sacramento, CA 95816
  - Services provided: Food assistance for those experiencing food insecurity.
  - Additional Information: Hours: Mon-Fri 8:30 AM - 2:00 PM. Minimum age: 10 years old.
- 

**Loaves and Fishes**

- Contact Person: Cyndy Pressley
  - **Address:** 1351 North C St., Sacramento, CA 95811
  - Services provided: Services for the unhoused, including a legal center for court scheduling.
-

**Alchemist Community Development Corporation**

- **Email:** volunteer@alchemistcdc.org
  - Services provided: Volunteer opportunities at farmers' markets and community empowerment projects.
  - Locations:
    - **Capitol Mall Farmers' Market:** Capitol Mall & 6th Street, Sacramento, CA 95814 (Wed 9:00 AM - 1:30 PM)
    - **Midtown Farmers' Market:** 1050 20th Street, Sacramento, CA 95811 (Wed 9:00 AM - 1:30 PM)
    - **Neighborhood Empowerment:** Various locations including 701 Pipevine St., 3733 Broadway, and 3601 Pansy Ave., Sacramento, CA.
- 

**Midtown HART**

- **Email:** SacMidtownHART@gmail.com
  - Services provided: Managing and cleaning showers used by guests.
  - Locations:
    - **Shower Services (N Street):** 1300 N Street, Sacramento, CA 95811 (Wed 8:35 AM - 11:35 AM)
    - **Shower Services (L Street):** 1701 L Street, Sacramento, CA 95811 (Tue 9:30 AM - 12:30 PM)
- 

**Sacramento Zoo**

- **Email:** zmarubashi@saczoo.org
  - Services provided: Teen volunteer program exploring animal-related careers.
  - **Address:** 3930 W. Land Park Drive, Sacramento, CA 95833
- 

**Impact Sac – Subgroup Of BCLC**

- **Phone:** 916-410-9770
  - Services provided: Community-based programs in Foothill Farms/North Highlands area.
- 

**Anti-Recidivism Coalition Sacramento**

- **Phone:** 916-942-9080
  - **Address:** 2830 G St., Suite 210, Sacramento, CA 95816
- 

**Rio Linda Elverta Recreation and Park District**

- **Phone:** 916-991-5929
  - Services provided: Community recreation programs and events.
-

### **Sacramento Steps Forward**

- **Phone:** 916-577-9770
  - **Address:** 2150 River Plaza Drive, Suite 385, Sacramento, CA 95833
- 

### **G.A.P. HQ**

- **Phone:** 916-804-7980
  - **Email:** gapgangs@gmail.com
  - **Address:** 6831 Savings Place, Sacramento, CA 95828
- 

### **Land Park Volunteer Corps (LPVC)**

- **Phone:** 916-718-3030
  - **Services provided:** Park maintenance and beautification projects.
- 

### **Ethel MacLeod Hart Senior Center**

- **Phone:** 916-808-5462
  - **Services provided:** Senior engagement programs.
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### **Society for the Blind**

- **Phone:** 916-452-8271
  - **Services provided:** Assistance and advocacy for visually impaired individuals.
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### **The Overcome Project with Iron Mile Fitness**

- **Email:** ironmilecoaching@gmail.com
  - **Phone:** (916) 720-2941
  - **Email:** theovercomeproj3@gmail.com
  - **Phone:** (279) 224-3054
- 

For additional community service opportunities, consider reaching out to your local **church, school district, small businesses, non-profits, senior centers, or animal rescues**. Please note that some organizations **do not accept volunteers with cases related to violence, sex offenses, animal cruelty, or arson**. Always check with the organization for eligibility requirements.



# SPECIALIZED SUPPORT



## LGBTQIA

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### Sacramento LGBT Community Center (Marsha P. Johnson Center South)

- **Phone:** (916) 442-1120
- **Address:** 7725 Stockton Blvd, STE 0, Sacramento, CA 95823
- **Email:** [info@saccenter.org](mailto:info@saccenter.org)

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### Sacramento LGBT Community Center – Q-Spot Youth Drop-In Center

- **Phone:** (916) 442-0185
- **Address:** 1015 20th St, Sacramento, CA 95811
- **Website:** [saccenter.org/youth](http://saccenter.org/youth)
- **Services:** Provides a safe space for LGBTQ+ youth aged 13-24 with support groups, counseling, workshops, a computer lab, free HIV testing, housing assistance, and more.

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### Gender Health Center

- **Phone:** (916) 455-2391
- **Address:** 2020 29th St, Suite 201, Sacramento, CA 95817
- **Website:** [genderhealthcenter.org](http://genderhealthcenter.org)
- **Services:** Offers counseling and therapy services for gender-diverse individuals, focusing on mental health and gender-affirming care.

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### PFLAG Sacramento

- **Website:** [pflagsacramento.org](http://pflagsacramento.org)
- **Services:** Provides support groups, educational resources, and advocacy training for LGBTQ+ individuals and their families.

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### Wind Youth Services

- **Phone:** (916) 561-4900
- **Address:** 815 S St, Sacramento, CA 95811
- **Website:** [windyouth.org](http://windyouth.org)
- **Services:** Offers emergency shelter, peer advocacy, and resource referrals for unhoused youth aged 12-24, including LGBTQ+ youth.

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### California Youth Crisis Line

- **Phone:** (800) 843-5200
  - **Website:** [calyouth.org](http://calyouth.org)
  - **Services:** 24/7 crisis line providing support and referrals for youth aged 12-24 and their caregivers.
-

**GLBT National Youth Talkline**

- **Phone:** (800) 246-7743
  - **Website:** [glbthotline.org](http://glbthotline.org)
  - **Services:** Offers peer-support, chat, email support, and resource referrals for LGBTQ+ youth.
- 

**Trans and Queer Youth Collective**

- **Services:** Offers support groups, social events, leadership development opportunities, and advocacy training for transgender and queer youth aged 13-24.
  - **Website:** [sacramentostepsforward.org](http://sacramentostepsforward.org)
- 

**SCUSD LGBTQ Support Services**

- **Services:** Provides parenting education, counseling, assistance with system navigation, support groups, and resources for LGBTQ+ students and their families within the Sacramento City Unified School District.
  - **Website:** [scc.losrios.edu](http://scc.losrios.edu)
- 

**NAMI Sacramento LGBTQ Resources**

- **Services:** Offers mental health support, peer support, and support groups for LGBTQ+ youth, including a drop-in center open from noon to 6:00 p.m.
  - **Website:** [cde.ca.gov](http://cde.ca.gov)
- 

**The Trevor Project**

- **Phone:** (866) 488-7386 (Available 24/7)
  - **Website:** [thetrevorproject.org](http://thetrevorproject.org)
  - **Services:** Provides crisis intervention and suicide prevention services to LGBTQ+ youth under 25, including a 24/7 helpline, online chat, and text support.
- 

**Equality California**

- **Website:** [eqca.org](http://eqca.org)
  - **Services:** Advocates for LGBTQ+ civil rights and offers programs focusing on immigration, transgender rights, HIV prevention, and youth support.
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## Foster Care Support Services

### FosterHope Sacramento

- **Phone:** (916) 737-1481
  - **Address:** 4144 Winding Way, Sacramento, CA 95841
  - **Website:** [fosterhopesac.org](http://fosterhopesac.org)
  - **Services:** Provides foster care services, including the Foster2Foster Program, which offers peer-to-peer mentoring to current foster and probation youth aged 12 and up.
- 

### Independent Living Program (ILP) and Extended Foster Care

- **Phone:** (916) 875-5770
  - **Address:** 744 P Street, MS 8-13-78, Sacramento, CA 95814
  - **Website:** [dcfas.saccounty.net](http://dcfas.saccounty.net)
  - **Services:** Assists current and former foster youth aged 16 to 21 in achieving self-sufficiency through services such as daily living skills, money management, educational resources, housing assistance, and employment support.
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### Aging UP

- **Phone:** (916) 860-9819
  - **Address:** P.O. Box 661855, Sacramento, CA 95866
  - **Website:** [agingup.org](http://agingup.org)
  - **Services:** Provides mentoring and support services to Sacramento region youth with current or former foster care experience, focusing on empowering them to successfully transition into adulthood.
-

**Stanford Sierra Youth & Families**

- **Phone:** (916) 344-0199
  - **Address:** 8912 Volunteer Lane, Sacramento, CA 95826
  - **Website:** [ssyaf.org](http://ssyaf.org)
  - **Services:** Offers a range of services including foster care and adoption services, family advocacy and support, and enhanced care management to help youth and families thrive.
- 

**Court Appointed Special Advocates (CASA) Sacramento**

- **Phone:** (916) 875-6460
  - **Address:** 8755 Sierra College Blvd., Suite 200, Roseville, CA 95661
  - **Website:** [sacramentocasa.org](http://sacramentocasa.org)
  - **Services:** Recruits, trains, and supports volunteers to serve as advocates for foster children in Sacramento County, ensuring their best interests are represented in court and beyond.
- 

**Next Move Homeless Services – Adolfo Transitional Housing Program**

- **Phone:** (916) 455-2160
  - **Address:** 8001 Folsom Blvd., Sacramento, CA 95826
  - **Website:** [nextmovesacramento.org](http://nextmovesacramento.org)
  - **Services:** Provides transitional housing and support services for emancipated foster and probation youth aged 18-24, including furnished single-occupancy rooms, on-site food pantry, and health services.
- 

**Better Life Children Services**

- **Phone:** (916) 641-0661
  - **Address:** 1900 Point West Way, Suite 273, Sacramento, CA 95815
  - **Website:** [better-life.org](http://better-life.org)
  - **Services:** A licensed foster family and adoption agency committed to helping children achieve permanence by engaging birth families, extended family members, and community leaders.
-

**United Way California Capital Region – Foster Youth Support**

- **Phone:** (916) 368-3000
  - **Address:** 10389 Old Placerville Road, Sacramento, CA 95827
  - **Website:** [yourlocalunitedway.org](http://yourlocalunitedway.org)
  - **Services:** Works with local foster youth to increase self-sufficiency and prepare them for success in life through various support programs.
- 

**Koinonia Family Services**

- **Phone:** (916) 369-1441
  - **Address:** 3731 Bradview Drive, Sacramento, CA 95827
  - **Website:** [kfh.org](http://kfh.org)
  - **Services:** Offers comprehensive support and services to youth in foster care and the families they serve, providing a foundation for them to thrive.
- 

**Alternative Family Services (AFS)**

- **Phone:** (916) 254-5200
  - **Address:** 9700 Business Park Dr., Suite 301, Sacramento, CA 95827
  - **Website:** [afs4kids.org](http://afs4kids.org)
  - **Services:** Provides foster care, adoption, and mental health services throughout California's San Francisco Bay Area and Greater Sacramento region, supporting vulnerable children and families in need of stability and well-being.
- 

**Children and Family Services (formerly Lilliput Families)**

- **Phone:** (916) 923-5444
  - **Address:** 8391 Auburn Blvd., Citrus Heights, CA 95610
  - **Website:** [wayfinderfamily.org](http://wayfinderfamily.org)
  - **Services:** Ensures every child has an opportunity to be part of a safe, nurturing, lifelong family by providing high-quality child welfare programs, including foster care and adoption services, with a commitment to inclusive services for all families.
- 

**Transitional Housing Program-Plus (THP-Plus)**

- **Phone:** (916) 651-7465
  - **Address:** 744 P Street, MS 8-13-78, Sacramento, CA 95814
  - **Website:** [cdss.ca.gov](http://cdss.ca.gov)
  - **Services:** Offers transitional housing and supportive services for young adults who exited foster care on or after their 18th birthday, providing assistance for up to 36 cumulative months or until the age of 25.
-

**Foster Care Program – Sacramento County**

- **Phone:** (916) 875-5770
  - **Address:** 7001-A East Parkway, Suite 1000, Sacramento, CA 95823
  - **Website:** [saccounty.net](http://saccounty.net)
  - **Services:** Provides cash and Medi-Cal benefits for providers of out-of-home care for children placed into foster care by Sacramento County Child Protective Services or the Probation Department.
- 

**Foster Youth Advocacy and Support**

- **Phone:** (916) 529-6742
  - **Address:** 7001-A East Parkway, Suite 700, Sacramento, CA 95823
  - **Website:** [dcfas.saccounty.net](http://dcfas.saccounty.net)
  - **Services:** Provides resources and assistance to foster youth on various issues such as housing, substance abuse, and pregnancy, offering support through calls or texts.
- 

**United Way California Capital Region – Foster Youth Support**

- **Phone:** (916) 368-3000
  - **Address:** 10389 Old Placerville Road, Sacramento, CA 95827
  - **Website:** [yourlocalunitedway.org](http://yourlocalunitedway.org)
  - **Services:** Assists local foster youth in increasing self-sufficiency and preparing for success in life. Programs include the Collegiate Guaranteed Income Program, providing monthly financial support to former foster youth attending college, and literacy tutoring and homework help for K-12 students.
- 

**Foster Youth Education Fund (FYEF)**

- **Phone:** (916) 335-5485
  - **Address:** 2443 Fair Oaks Blvd., #392, Sacramento, CA 95825
  - **Website:** [fyef.org](http://fyef.org)
  - **Services:** Empowers former foster youth in the Sacramento region to achieve their higher education goals by providing scholarships for tuition, housing, books, computers, and transportation.
-

**Aging UP**

- **Phone:** (916) 860-9819
  - **Address:** P.O. Box 661855, Sacramento, CA 95866
  - **Website:** [agingup.org](http://agingup.org)
  - **Services:** Offers free one-to-one mentoring, positive recreation, and independent living skills education to Sacramento region youth aged 13-22 with current or former foster care experience, empowering them to transition successfully into adulthood.
- 

**AcademySTAY**

- **Email:** [info@AcademySTAY.org](mailto:info@AcademySTAY.org)
  - **Website:** [academystay.org](http://academystay.org)
  - **Services:** Provides stable housing, life skills training, mentorship, and mental health support for aged-out foster youth (ages 18-24) pursuing education through university, community college, trade school, or apprenticeship programs.
- 

**Compassion Planet**

- **Phone:** (916) 672-6599
  - **Address:** 5505 Whitney Blvd., Rocklin, CA 95677
  - **Website:** [compassionplanet.org](http://compassionplanet.org)
  - **Services:** Empowers aged-out foster youth and youth from at-risk backgrounds to achieve independence by providing job skills training, mentorship, and life skills development through their nonprofit businesses and community support.
- 

**Aspiranet Sacramento**

- **Phone:** (916) 254-5200
  - **Address:** 9700 Business Park Dr., Suite 301, Sacramento, CA 95827
  - **Website:** [aspiranet.org](http://aspiranet.org)
  - **Services:** Supports transitional-aged youth aging out of foster care by assisting with housing, employment, mental health care, and other needs to facilitate their move toward independence.
-



**The Source Sacramento**

- **Phone:** (916) 787-7678
  - **Email:** [theSource@kidshome.org](mailto:theSource@kidshome.org)
  - **Website:** [thesourcesacramento.com](http://thesourcesacramento.com)
  - **Services:** Provides 24/7 support and resources for foster youth up to age 26 and their caregivers, including urgent response through phone, text, or live chat, assistance in overcoming challenges, and connections to community programs.
- 

**Foster Youth Services Coordinating Program (FYSCP)**

- **Phone:** (916) 228-2500
  - **Address:** 10474 Mather Blvd., Mather, CA 95655
  - **Website:** [scoe.net](http://scoe.net)
  - **Services:** Focuses on improving educational outcomes for students in foster care by coordinating services and providing support to address their unique educational, social, and emotional needs.
- 

**Foster Youth Services – Sacramento City Unified School District**

- **Phone:** (916) 643-9425
  - **Address:** 5735 47th Avenue, Sacramento, CA 95824
  - **Website:** [scusd.edu](http://scusd.edu)
  - **Services:** Provides expertise in both educational and social service systems to serve the unique needs of children in foster care, aiming to build resilience and success through tailored support.
- 

**Foster Youth Advocacy and Support**

- **Phone:** (916) 529-6742
  - **Address:** 7001-A East Parkway, Suite 700, Sacramento, CA 95823
  - **Website:** [dcfas.saccounty.net](http://dcfas.saccounty.net)
  - **Services:** Offers resources and assistance to foster youth on various issues such as housing, substance abuse, and pregnancy. Youth can text or call for support and referrals.
-

**Independent Living Program (ILP) and Extended Foster Care**

- **Phone:** (916) 875-5770
  - **Address:** 7001-A East Parkway, Suite 1000, Sacramento, CA 95823
  - **Website:** [dcfas.saccounty.net](http://dcfas.saccounty.net)
  - **Services:** Assists current and former foster youth aged 16 to 21 in achieving self-sufficiency through services such as daily living skills, money management, educational resources, housing assistance, and employment support.
- 

**Transitional Housing for Foster Youth – Adolfo Transitional Housing Program**

- **Phone:** (916) 454-2120
  - **Email:** [info@nextmovesacramento.org](mailto:info@nextmovesacramento.org)
  - **Address:** 8001 Folsom Blvd., Sacramento, CA 95826
  - **Website:** [nextmovesacramento.org](http://nextmovesacramento.org)
  - **Services:** Provides transitional housing and supportive services to former foster youth aged 18 to 24, including those with children. The program offers stable housing, case management, life skills training, and employment assistance to help young adults transition to independent living.
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## Developmental Support Services

### River Oak Center for Children

- **Phone:** (916) 609-5100
  - **Address:** 5445 Laurel Hills Dr., Sacramento, CA 95841
  - **Website:** [riveroak.org](http://riveroak.org)
  - **Services:** Offers community-based treatment for children and youth experiencing behavioral health challenges, providing support in homes, schools, and community settings.
- 

### Sacramento Children's Home – Counseling Center

- **Phone:** (916) 452-3981
  - **Address:** 2750 Sutterville Rd., Sacramento, CA 95820
  - **Website:** [kidshome.org](http://kidshome.org)
  - **Services:** Provides a full array of mental health services to Medi-Cal eligible children and young adults aged 2 to 21, promoting mental health wellness, recovery, and safety.
- 

### HeartLand Child & Family Services

- **Phone:** (916) 922-5100
  - **Address:** 1111 Howe Ave., Suite 125, Sacramento, CA 95825
  - **Website:** [doingwhateverittakes.org](http://doingwhateverittakes.org)
  - **Services:** Offers individual and family therapy, support and skills development groups, school and community-based services, psychiatric and medication services, 24-hour crisis intervention, and peer support and advocacy services.
- 

### NAMI Sacramento

- **Phone:** (916) 890-5467
  - **Address:** P.O. Box 277147, Sacramento, CA 95827
  - **Website:** [namisacramento.org](http://namisacramento.org)
  - **Services:** Provides free mental health support, online and in-person groups, resources, and education for individuals and families affected by mental illness.
-

**Cal Voices – SacMap Program**

- **Phone:** (916) 366-4600
  - **Address:** 720 Howe Ave., Suite 102, Sacramento, CA 95825
  - **Website:** [calvoices.org](http://calvoices.org)
  - **Services:** Provides free, short-term services and support to youth aged 16 to 25 in Sacramento County, including outreach, crisis support, and connections to mental health resources.
- 

**Children and Family Services (formerly Lilliput Families)**

- **Phone:** (916) 923-5444
  - **Address:** 8391 Auburn Blvd., Citrus Heights, CA 95610
  - **Website:** [wayfinderfamily.org](http://wayfinderfamily.org)
  - **Services:** Delivers mental health services to children and youth aged 0 to 21 and their families, aiming to reduce out-of-home placements and improve family functioning.
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**Families for Early Autism Treatment (FEAT)**

- **Phone:** (916) 303-7405
  - **Address:** P.O. Box 255722, Sacramento, CA 95865
  - **Website:** [feat.org](http://feat.org)
  - **Services:** Dedicated to supporting families affected by autism spectrum disorders, emphasizing early intervention and providing resources, networking opportunities, and information to access effective treatments
- 

**Turning Point Community Programs**

- **Phone:** (916) 364-8395
  - **Address:** 10850 Gold Center Dr., Suite 325, Rancho Cordova, CA 95670
  - **Website:** [tpcp.org](http://tpcp.org)
  - **Services:** Provides behavioral health and social services to individuals of all ages, including children and teens. Offers programs designed to support mental health and developmental needs, empowering individuals to live their best lives.
-

**Wayfinder Family Services (formerly Lilliput Families)**

- **Phone:** (916) 923-5444
- **Address:** 8391 Auburn Blvd., Citrus Heights, CA 95610
- **Website:** [wayfinderfamily.org](http://wayfinderfamily.org)
- **Services:** Delivers mental health services to children and youth up to age 21 and their families. Aims to reduce out-of-home placements by enhancing parenting skills, increasing protective factors, and improving child and family functioning.

**Child, Youth, and Family Mental Health Program**

- **Phone:** (916) 875-1055
- **Address:** 7001-A East Parkway, Suite 700, Sacramento, CA 95823
- **Website:** [dhs.saccounty.net](http://dhs.saccounty.net)
- **Services:** Provides mental health services for children, youth, and families, including crisis resources, counseling, and connections to community programs. The program aims to promote mental health wellness and recovery.

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**Mental Health Access Team**

- **Phone:** (916) 875-1055
- **Address:** 3331 Power Inn Road, Suite 180, Sacramento, CA 95826
- **Services:** Screens and links Sacramento County children and youth (birth to 20 years) to appropriate mental health services. Bilingual staff and interpreters are available at no cost. The team also provides information and referrals to other community resources.

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**The Source Sacramento**

- **Phone:** (916) 787-7678
  - **Address:** 7001-A East Parkway, Suite 700, Sacramento, CA 95823
  - **Website:** [thesourcesacramento.com](http://thesourcesacramento.com)
  - **Services:** Offers 24/7 support and resources for foster youth up to age 26 and their caregivers, including urgent response through phone, text, or live chat, assistance in overcoming challenges, and connections to community programs.
-

**First 5 Sacramento**

- **Phone:** (916) 876-5865
  - **Address:** 2750 Gateway Oaks Dr., Suite 330, Sacramento, CA 95833
  - **Website:** [first5sacramento.saccounty.net](http://first5sacramento.saccounty.net)
  - **Services:** Provides early intervention services, including health and medical services, physical therapy, speech therapy, audiology, and counseling for children with developmental delays or risk factors.
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**School-Based Mental Health and Wellness (SBMHW) Program**

- **Phone:** (916) 228-2205
  - **Email:** [centersofwellness@scoe.net](mailto:centersofwellness@scoe.net)
  - **Website:** [scoe.net](http://scoe.net)
  - **Services:** Provides on-site mental health clinicians in schools throughout Sacramento County, transforming schools into "Centers of Wellness" to ensure students have access to mental health support.
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**Help Me Grow Sacramento**

- **Phone:** (916) 822-8744
  - **Email:** [helpmegrow@scoe.net](mailto:helpmegrow@scoe.net)
  - **Website:** [helpmegrowsac.org](http://helpmegrowsac.org)
  - **Services:** Supports early identification of developmental and behavioral delays in children from birth to age five. Families receive referrals to intervention services, promoting healthy development and school readiness.
- 

**Project SOARS (Screening, Outreach, and Referral Services)**

- **Phone:** (916) 228-2201
  - **Website:** [findhelp.org](http://findhelp.org)
  - **Services:** Provides free developmental screenings and referrals for children at risk of developmental delays or disabilities. The program connects families to necessary support and early intervention services.
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**California Community Colleges Disabled Student Programs and Services (DSPS)**

- **Phone:** (916) 322-3234
  - **Address:** 1102 Q Street, 6th Floor, Sacramento, CA 95811
  - **Website:** [cccco.edu](http://cccco.edu)
  - **Services:** Provides academic accommodations and support for students with disabilities attending California community colleges.
- 

**California State University (CSU) Disability Services**

- **Phone:** Contact information varies by campus.
- **Website:** [calstate.edu](http://calstate.edu)
- **Services:** Offers disability support services, including note-taking assistance, extended test time, and accessible campus resources for students attending CSU campuses.

**Transition Age Youth Policy Unit**

- **Phone:** (916) 651-7465
  - **Email:** [taypolicy@dss.ca.gov](mailto:taypolicy@dss.ca.gov)
  - **Website:** [cdss.ca.gov](http://cdss.ca.gov)
- 

**University of California (UC) Disability Services**

- **Phone:** Contact information varies by campus.
- **Website:** [universityofcalifornia.edu](http://universityofcalifornia.edu)
- **Services:** Provides accommodations and disability services for UC students to ensure equal access to academic programs.

**Transition Age Youth Policy Unit**

- **Phone:** (916) 651-7465
  - **Email:** [taypolicy@dss.ca.gov](mailto:taypolicy@dss.ca.gov)
  - **Website:** [cdss.ca.gov](http://cdss.ca.gov)
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### Volunteers of America (VOA) – Disability Support Services

- **Phone:** (916) 265-3400
- **Address:** 3434 Marconi Ave., Sacramento, CA 95821
- **Website:** [voa.org](http://voa.org)
- **Services:** Provides housing assistance, case management, supported living services, and mental health support for individuals with disabilities.

### Youth Employment Opportunity Program (YEOP)

- **Phone:** (916) 653-0707
- **Website:** [edd.ca.gov](http://edd.ca.gov)
- **Services:** Provides services for youth ages 15-25, including peer advising, education and career coaching, employment assistance, and job readiness workshops.

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### California Department of Rehabilitation (DOR) Student Services

- **Phone:** (916) 324-1313
- **Address:** 721 Capitol Mall, Sacramento, CA 95814
- **Website:** [dor.ca.gov](http://dor.ca.gov)
- **Services:** Offers pre-employment transition services for students ages 16-21 with an Individualized Education Program (IEP), 504 plan, or disability. Supports job exploration, post-secondary education, and work readiness.

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### America's Job Center of California (AJCC)

- **Phone:** (877) 872-5627
  - **Website:** [caljobs.ca.gov](http://caljobs.ca.gov)
  - **Services:** Provides employment and training services, including job search assistance, resume building, career guidance, and access to job fairs.
-



**Creating Behavioral + Educational Momentum (CBEM)**

- **Phone:** (800) 381-6530
- **Address:** 461 Bush Street, Suite 200, San Francisco, CA 94108
- **Website:** [cbemllc.com](http://cbemllc.com)
- **Services:** Provides critical intervention services for individuals with developmental disabilities and mental health disorders, including prevention and responsive services, stabilization, and crisis intervention.

**Child Welfare Information Gateway**

- **Phone:** (800) 394-3366
- **Email:** [info@childwelfare.gov](mailto:info@childwelfare.gov)
- **Website:** [childwelfare.gov](http://childwelfare.gov)
- **Services:** Provides resources and tools on topics including child welfare, child abuse and neglect, out-of-home care, and adoption. Offers specific support services for youth transitioning out of foster care.

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**California Department of Developmental Services (DDS)**

- **Phone:** (916) 654-1690
- **Address:** 1215 O Street, Sacramento, CA 95814
- **Website:** [dds.ca.gov](http://dds.ca.gov)
- **Services:** Provides support for individuals with developmental disabilities such as intellectual disability, cerebral palsy, epilepsy, autism, and related conditions.

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**Strategies to Empower People (S.T.E.P.)**

- **Phone:** (916) 679-1555
  - **Address:** 3200 Inland Empire Blvd., Suite 230, Ontario, CA 91764
  - **Website:** [stepagency.com](http://stepagency.com)
  - **Services:** Offers Supported Living, Independent Living, Vocational, and Interpreting Services for adults with developmental disabilities, including those with deaf/blindness and behavioral challenges.
-

**Connections for Life**

- **Phone:** (916) 381-2688
- **Address:** 11060 Coloma Rd., Suite 4, Rancho Cordova, CA 95670
- **Website:** [connections4life.org](http://connections4life.org)
- **Services:** Provides supported living services for individuals with intellectual disabilities, focusing on personal freedom, independence, and choice.

**UCP of Sacramento and Northern California**

- **Phone:** (916) 283-8317
- **Website:** [ucpsacto.org](http://ucpsacto.org)
- **Services:** Offers programs and services that assist children and adults with developmental disabilities, promoting increased independence and self-confidence.

**The Arc of California**

- **Phone:** (916) 552-6619
- **Website:** [thearcca.org](http://thearcca.org)
- **Services:** Advocates for and supports individuals with intellectual and developmental disabilities, offering resources for parents and caregivers.

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**Sacramento Autistic Spectrum and Special Needs Alliance (SASSNA)**

- **Phone:** Not provided
- **Website:** [bigdayofgiving.org](http://bigdayofgiving.org)
- **Services:** Provides services and support for neurodiverse young people up to age 22 and their families, pioneering a new system of care in the Greater Sacramento region.

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**MIND Institute**

- **Phone:** (916) 703-0280
  - **Website:** [health.ucdavis.edu/mindinstitute](http://health.ucdavis.edu/mindinstitute)
  - **Services:** A research and treatment center dedicated to understanding and treating neurodevelopmental disorders, including autism and fragile X syndrome.
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## Faith and Culturally-Based Support Services

### EveryONE Matters Ministries

- **Phone:** Not provided
  - **Website:** [everyonemattersministries.com](http://everyonemattersministries.com)
  - **Services:** Offers a faith-based transitional housing program with services and resources aimed at alleviating and preventing homelessness among families and individuals.
- 

### Koinonia Family Services

- **Phone:** (916) 652-5814
  - **Address:** 5980 Webb Street, Loomis, CA 95650
  - **Website:** [kfh.org](http://kfh.org)
  - **Services:** Provides foster care and adoption services, equipping resource parents to care for foster youth and facilitating family reunification whenever possible.
- 

### Lutheran Social Services of Northern California

- **Phone:** (916) 453-2900
  - **Address:** 4390 47th Avenue, Sacramento, CA 95824
  - **Website:** [lssnorcal.org](http://lssnorcal.org)
  - **Services:** Offers support to individuals and families facing homelessness, mental illness, addiction, or disaster, providing services regardless of faith background.
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### Catholic Charities of Sacramento

- **Phone:** (916) 733-0253
  - **Address:** 2110 Broadway, Sacramento, CA 95818
  - **Website:** [scd.org](http://scd.org)
  - **Services:** Provides a range of services to the poor across 20 counties, including support for families and children, regardless of religious, social, or economic backgrounds.
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### Sacramento Area Congregations Together (Sacramento ACT)

- **Phone:** (916) 389-8990
  - **Address:** 2409 15th Street, Sacramento, CA 95818
  - **Website:** [sacact.org](http://sacact.org)
  - **Services:** A faith-based organization that develops leadership in communities through storytelling and relationships, addressing community issues and solutions.
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**Relationships With Purpose**

- **Phone:** (916) 440-1500
  - **Address:** 600 Bercut Drive, Sacramento, CA 95811
  - **Website:** [relationshipswithpurpose.org](http://relationshipswithpurpose.org)
  - **Services:** Provides community outreach, resource assistance, and advocacy support for the Sacramento community, encouraging engagement through various programs.
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**Defending the Cause Regional Alliance**

- **Phone:** Not provided
  - **Website:** [defendingthecause.org](http://defendingthecause.org)
  - **Services:** Supports children, families, and social workers through mentoring, advocacy, foster child support, and respite care, focusing on wrapping around those in need.
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**World Relief Sacramento**

- **Phone:** (916) 978-2650
  - **Address:** 4616 Roseville Road, Suite 107, North Highlands, CA 95660
  - **Website:** [worldrelief.org](http://worldrelief.org)
  - **Services:** Provides support to refugees and immigrants, including resettlement assistance, legal services, and community integration programs.
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**South Sacramento Mental Health Collaborative**

- **Phone:** (916) 495-4561
  - **Email:** [r.alilmft@southsacmhc.com](mailto:r.alilmft@southsacmhc.com)
  - **Address:** 2020 29th Street, Sacramento, CA 95817
  - **Website:** [southsacmhc.com](http://southsacmhc.com)
  - **Services:** Offers trauma-informed, culturally responsive therapy, including individual, couples, group, and family therapy. Specializes in services for youth, LGBTQ+ individuals, Muslim families, and ex-offenders.
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**Soul Space Sacramento**

- **Phone:** (916) 285-1810
  - **Email:** support@ontrackconsulting.org
  - **Address:** 520 9th Street, Suite 102, Sacramento, CA 95814
  - **Website:** [ontrackconsulting.org/services-projects/soul-space/](https://ontrackconsulting.org/services-projects/soul-space/)
  - **Services:** Provides hands-on resources to maintain mental health, substance use prevention, financial stability, and emotional wellness through culturally affirming connections, education, and practical support. Services include individual assessments, case management, support groups, life skills education, stress reduction classes, financial empowerment coaching, and employment counseling. All services are cost-free to the Black community in Sacramento.
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**Powerhouse Ministries – Folsom, CA**

Powerhouse Ministries provides comprehensive support services, academic programs, and faith-based resources to individuals and families in need.

**Main Contact Information**

- **Phone:** (916) 983-0658
- **Address:** 311 Market Street, Folsom, CA 95630
- **Website:** [phmfolsom.org](https://phmfolsom.org)

**Support Services****Crisis and Community Care Center**

- **Phone:** (916) 983-0658
- **Office Hours:** Monday–Wednesday: 9:00 AM–4:00 PM; Thursday: 9:00 AM–12:00 PM
- **Services:** Immediate resources for homeless prevention, medical clinics, treatment referrals, job readiness, and temporary and permanent housing assistance.

**Sunday Night Church**

- **Address:** 320 Montrose Drive, Folsom, CA 95630
- **Service Time:** Sundays at 5:00 PM
- **Services:** A family worship service including a warm meal, worship, and Bible teaching. Powerhouse Kids is available for children from birth through 5th grade.

**Ignite Student Ministries**

- **Address:** 320 Montrose Drive, Folsom, CA 95630
  - **Meeting Time:** Wednesdays from 6:30 PM to 8:30 PM
  - **Services:** Weekly outreach program for middle and high school students, offering games, dinner, worship, and mentorship.
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**Powerhouse Ministries – Folsom, CA**

**Academic & Leadership Programs**

**Leadership College**

- **Phone:** (916) 984-9912
  - **Services:** A two-year residential internship program for young adults (ages 18–24), providing housing, mentorship, leadership training, and ministry experience.
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## Military Resources

### California Department of Rehabilitation (DOR) Student Services

- **Phone:** (916) 324-1313
  - **Address:** 721 Capitol Mall, Sacramento, CA 95814
  - **Website:** [dor.ca.gov](http://dor.ca.gov)
  - **Services:** Offers pre-employment transition services for students ages 16-21 with an Individualized Education Program (IEP), 504 plan, or disability. Supports job exploration, post-secondary education, and work readiness.
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### Northern California Recruiting Battalion

- **Phone:** (916) 636-2010
  - **Address:** 2880 Sunrise Blvd, Suite 230, Rancho Cordova, CA 95742
  - **Website:** [recruiting.army.mil/6thbde/6ibn/](http://recruiting.army.mil/6thbde/6ibn/)
  - **Services:** Responsible for U.S. Army recruitment across Northern California, offering information on enlistment options, benefits, and career opportunities.
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### Recruiting Station Sacramento – U.S. Marine Corps

- **Phone:** (916) 229-8005
  - **Address:** 4090 Truxel Rd, Suite 100, Sacramento, CA 95834
  - **Website:** [12thmcd.marines.mil/Units/RS-Sacramento/](http://12thmcd.marines.mil/Units/RS-Sacramento/)
  - **Services:** Provides information and assistance for those interested in joining the U.S. Marine Corps, including enlistment processes and career paths.
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### Air Force Recruiting Office

- **Phone:** (916) 928-4800
  - **Address:** 5500 Madison Ave, Suite 150, Sacramento, CA 95841
  - **Website:** [airforce.com/find-a-recruiter](http://airforce.com/find-a-recruiter)
  - **Services:** Offers guidance on careers in the U.S. Air Force, including enlistment options, benefits, and training programs.
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### John F. Kennedy Marine Corps Junior ROTC Program

- **Phone:** (916) 395-5090
  - **Address:** 6715 Gloria Dr, Sacramento, CA 95831
  - **Website:** [scusd.edu/school-program/john-f-kennedy-marine-corps-jr-rotc-program](http://scusd.edu/school-program/john-f-kennedy-marine-corps-jr-rotc-program)
  - **Services:** A leadership education program for high school students, focusing on character development, citizenship, and basic military knowledge.
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**California Cadet Corps**

- **Phone:** (916) 854-3400
  - **Address:** 10 Sonoma Ave, Building 1301, Sacramento, CA 95811
  - **Website:** [cacadets.org](http://cacadets.org)
  - **Services:** A state-run paramilitary youth organization offering leadership training, citizenship education, and military knowledge for students in elementary through college levels.
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**Young Marines – Sacramento Division**

- **Website:** [youngmarines.org](http://youngmarines.org)
  - **Services:** A national youth program for boys and girls aged 8 through high school, promoting leadership, citizenship, and a healthy, drug-free lifestyle.
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**Discovery Challenge Academy**

- **Phone:** (844) 633-3301
  - **Address:** 2922 Transworld Dr, Stockton, CA 95206
  - **Website:** [iamdiscovery.org](http://iamdiscovery.org)
  - **Services:** A free 22-week residential, quasi-military program for high school students who are behind in credits, offering academic recovery and life skills development.
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**Sacramento State Army ROTC**

- **Phone:** (916) 278-7311
  - **Address:** 6000 J St, Sacramento, CA 95819
  - **Website:** [csus.edu/academic-affairs/army-rotc/](http://csus.edu/academic-affairs/army-rotc/)
  - **Services:** Offers college students leadership training and a pathway to commission as officers in the U.S. Army upon graduation.
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# VOYA YOUTH SERVICES



## Reentry Support Services

### Rising Scholars

- **Phone:** (916) 608-6911
  - **Email:** Fernanj@flc.losrios.edu
  - **Services:** Provides educational support and resources for formerly incarcerated students at Folsom Lake College through the Los Rios Community College system.
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### Wind Youth Services

- **Main Office Address:** 815 S St., Sacramento, CA 95811
  - **Common Grounds Contact:** Lornetta – (916) 307-1450
  - **XH House Contact:** Sarah – (916) 628-8507
  - **Referral Hotline:** (916) 628-1492 (24/7)
  - **Services:** Provides emergency shelter and transitional housing for youth ages 12-24. Offers supportive programs such as counseling, life skills training, and case management.
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### Youth Health Network – via Capital Stars

- **Contact:** Amanda – (916) 860-9819
  - **Email:** aaldeghi@starsinc.com
  - **Services:** Connects youth with essential resources including California ID assistance, mental health counseling, general counseling services, and referrals to housing agencies.
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### Exodus Project

- **Program Director:** Rabbi Seth Castleman
  - **Address:** 2324 L St., Sacramento, CA 95816
  - **Referral Contacts:** Rabbi Chris – (916) 669-0613 | Rabbi Seth – (916) 669-0612 (24/7)
  - **Services:** Provides housing and reentry support for formerly incarcerated individuals. Assists with obtaining identification, employment, and social services. Offers four transitional homes, including one specifically for youth released from juvenile facilities.
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**Hope Therapeutics Service (HTS) – DJJ Sex Offender Treatment**

- **Contact:** Marcia Rogers – (916) 514-8030
  - **Email:** mrogers@gmail.com
  - **Services:** Provides specialized treatment and therapy for youth with sex offender designations, focusing on rehabilitation and reintegration.
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**AOD (Alcohol and Other Drugs) Assessment with County MH**

- **Under 18 Contact:** Rob Tamblyn – (916) 875-0185 | **Email:** tamblynr@SacCounty.net
  - **Over 18 (Last Names A-L):** Kelly Yeargan | **Email:** YearganK@saccounty.net
  - **Over 18 (Last Names M-Z):** Ante Baricevic | **Email:** baricevica@SacCounty.net
  - **Services:** Offers substance use assessment and treatment referrals for youth and adults involved in the justice system.
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**Anti-Recidivism Coalition (ARC)**

- **Director Contact:** Josef Grey – (916) 442-9080
  - **Hope and Redemption Team:** Rodney Bryant – (916) 745-9673 | Efrain Padilla – (209) 409-9456
  - **Life Coach:** Carlos Simpson – (916) 821-3472
  - **Services:** Provides mentoring, school assistance, and employment support for justice-involved youth.
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**Gang Awareness Prevention (G.A.P.)**

- **Director Contact:** Randal Broadhurst – (916) 905-4441
  - **Email:** gapgangs@gmail.com
  - **Services:** Offers mentoring, gang prevention education, and support services to help youth reintegrate into society.
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**Sacramento Regional Conservation Corps**

- **Intake and Retention Specialist:** JB – (916) 693-3992
  - **Email:** jball@saccorps.org
  - **Website:** [www.saccorps.org](http://www.saccorps.org)
  - **Services:** Provides paid job training, education, and job placement assistance for young adults.
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### **Housing Placement Contact**

- **Agency:** Sacramento County Juvenile Probation
  - **Phone:** (916) 875-4600
  - **Services:** Assists justice-involved youth with housing placement, including referrals to emergency shelters, transitional housing programs, and long-term housing solutions. Works with community partners to ensure stable and supportive living arrangements for youth reentering the community.
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