

## Using Detention As An Opportunity: Connecting Youth for Successful Re-Entry

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**County of Sacramento  
Probation Department**

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### WHAT IS RE-ENTRY AND WHY IS IT NECESSARY?

- Re-entry is the process of preparing and planning for youth who have been in out-of-home placements or served periods of confinement to transition back to their home communities.
- Aftercare refers to the post-release services, supervision, and supports that help youth reintegrate safely and successfully.
- Reentry promotes public safety and ensures on-going, positive youth development.

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## WHAT IS RE-ENTRY AND WHY IS IT NECESSARY?

- According to Juvenile Justice Information Exchange:
  - 2/3 youth do not return to school after release from secure custody
  - Parents are the most important factor in determining youth success in reintegration into the community, yet, only one in three families reported being included in any release plan
  - If youth are given care inside institutions to address mental health and AOD issues, there is no continuity of care once released and or health coverage is no longer active
  - As many as 75% of youth returning from confinement are rearrested within three years

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## CHALLENGES RE-ENTRY POSES

- Youth face many collateral consequences or significant hardships, as a result of contact with the juvenile justice system. These challenges make reintegration even more difficult. While they vary by state, below are some examples:
  - A delinquency adjudication can hinder a child's access to school; youth may be expelled for certain offenses and some jurisdictions have enacted laws creating barriers to re-enrollment for adjudicated youth.
  - A youth's ability to get a job or obtain a license required for certain professions may be hindered by a delinquency adjudication.

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## CHALLENGES RE-ENTRY POSES

- A youth's involvement in the juvenile justice system may affect his or her household's eligibility for public housing or cause his or her family to be evicted.
- Juvenile justice involvement may affect a young person's ability to enlist in the military.
- A youth's driving license may be suspended as a result of a delinquency adjudication for certain offenses.

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## RE-ENTRY AND BEST PRACTICES

- Reentry begins at point of entry. Recommended practices include the following:
  - Maintaining a youth's continuity in their educational program.
  - Developing programs, such as in education, that are consistent between juvenile justice commitment facilities and schools in the community.
  - Engage families in treatment and planning.
  - Develop efficient mechanisms to gather and disseminate the information that would be useful to those involved in case planning for the youth.

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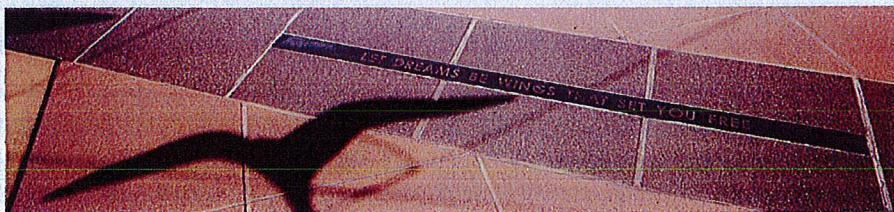
## RE-ENTRY AND BEST PRACTICES

- Collaborate with system partners to determine the appropriate level of community-based supervision and supports for the youth when they leave that will meet the needs of the youth and their family as well as the community.
- Conduct assessments of youths' physical and mental health and substance use in order to identify any treatment needs while in the facility, and to make connections with community services and supports that can continue once the youth is released.
- Provide programs that improve pro-social behaviors and links to community supports.

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## YDF TRANSITION UNIT

*Preparing to Soar*



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## YOUTH DETENTION FACILITY (YDF) TRANSITION BEGINS DAY ONE

- **Assessment**
  - Detention Risk Assessment Instrument
  - Positive Achievement Change Tool (PACT) Risk and Needs Assessment
  - Massachusetts Youth Screening Instrument – Version 2 (MAYSI-2)
  - Commercial Sexual Exploitation Identification Tool (CSE-IT)
- **School**
  - Initial Education Testing (Reading, Math)
- **Mental Health**
  - Evaluate residents within 24 hours
- **Trauma Informed Care**
- **Clinic**
  - Health Assessment
  - Immunization
  - Dental
  - Vision Exams



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## PARENT ORIENTATION NIGHT

- Provides information to parents about YDF programming, services and connection to community resources
- Representatives from SCOE, Behavioral Health Services, Juvenile Medical Services, Probation
- 3<sup>rd</sup> Thursday of every month: 5:30-7:00 Visitor Center Lobby



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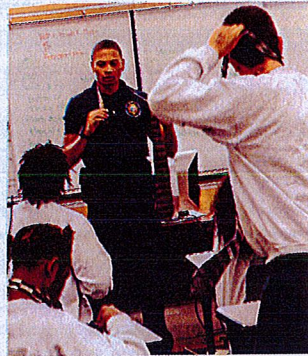
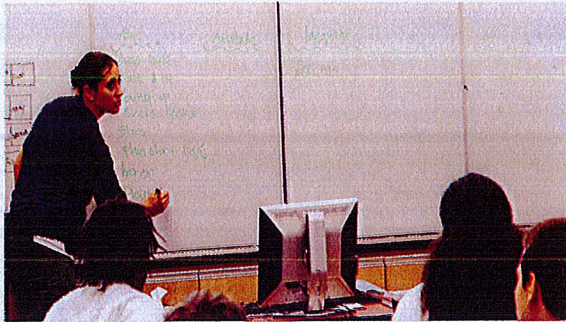


## YDF TRANSITION PROGRAMS

### *Building a Foundation*

#### Life Skills:

- Employment readiness, communication skills and education



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## YDF TRANSITION PROGRAMS

### *Building a Foundation*

- Quarterly Record Seal Presentation
  - Who is eligible?
  - How do residents apply?
  - What are the benefits?
  - What is the process ?

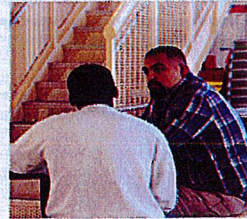
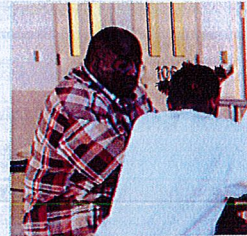
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## YDF TRANSITION PROGRAMS

### *Building a Foundation*

- Three Community Based Organizations provide individual and group sessions once a week on:
  - Job Readiness
  - Violence Prevention
  - Relationship Building Skills
  - Connection to Counseling
  - Mentoring



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## YDF TRANSITION PROGRAMS

### *Building a Foundation*

- Northern California Construction Training (NCCT) provides hand-on training and prepares youth in construction apprentice programs.
- Youth who are released from custody continue their training in the community.



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## FIELD SERVICES CANDIDACY ASSESSMENT UNIT

- Risk/Needs Assessment - Positive Achievement Change Tool (PACT)
- Working with families and youth to develop case plan
- Building upon families strengths
- Linking services to assessed needs
- Roadmap to success
- 89% reporting rate from court/custody

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## CAU SCREENING PROCESS

Minor is directed to report post-Court or upon release from custody to Field Office



Case Assigner assigns case to a CAU officer



Minor reports to Field Office or is scheduled for an office visit within 5 business days



Completed packet is submitted to the case assigner for review and case is assigned to the appropriate Field Officer



The CAU officer completes the candidacy assessment interview (Personal History, PACT, Evaluation of Imminent Risk and Reasonable Candidacy, Case Plan), and contacts the Probation Officer Program Coordinator for an assessment of services and referrals

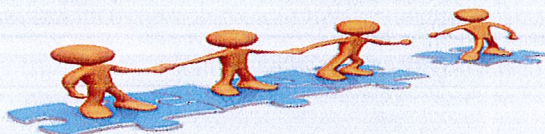
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## R.E.D.Y.---GO!

### RE-ENTRY DEVELOPMENT FOR YOUTH

- Intentional coordination for community transition and stabilization through:
  - A comprehensive assessment based on strengths and needs.
  - Development of individualized case and transition plan.
  - Community based service support and connection.
  - Family engagement.



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## R.E.D.Y. --- GO!

- Team Members:
  - Family
  - Youth
  - Probation Field Services
    - CAU Transition Liaisons
    - POP
    - Field PO
  - Youth Detention Facility
    - Probation TU Officer
    - Behavioral Health Services
    - Medical
    - Sacramento County Office of Education
  - Other supports as identified (i.e. Therapist, mentor, etc.)



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## R.E.D.Y.---GO!

- Target Population:
  - Ricardo M. commitment
  - Ward with violation of probation
  - Ward with new law violation
- Tiered Focus:
  - Under 18 years - emphasis reengage educational setting
  - Over 18 years - emphasis employment/vocation connection, continuing education
- Process:
  - Transition Liaison identifies participant and earliest possible release date
  - Assessment with youth and family
    - Transition Liaison conducts PACT in-custody with youth and parent
    - Case is calendared for staffing
    - Team members are provided case information

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## Family Engagement: identification of strengths and needs



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## R.E.D.Y.---GO!

- Weekly team meeting
  - Transition liaison presents case
  - All disciplines share case knowledge
  - Action plan created and tasks assigned to team members
    - Referrals for service in and outside facility
    - Medical or behavioral health follow up
    - School
  - Parent/guardian participation
    - Parent provided community program information; contact numbers; copy of school transcript
- Community providers/programs to engage with youth and family prior to release
  - Intake assessments
  - Family meetings
  - Safety planning

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## Team in Action



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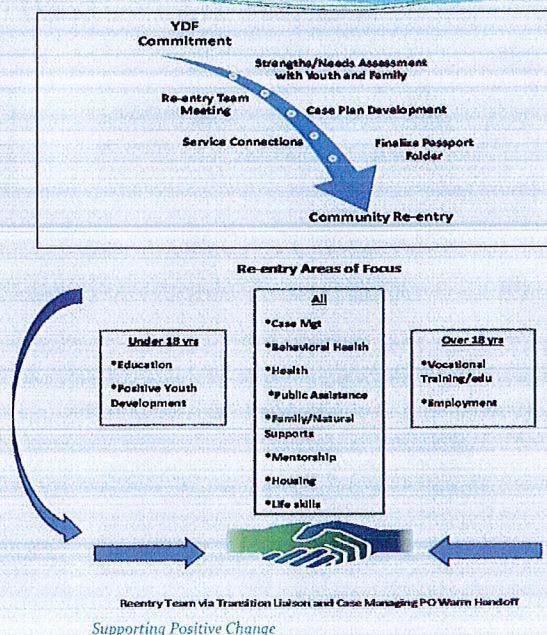


## R.E.D.Y.---GO!

- Case plan and transition plan development
  - Transition liaison creates and reviews both plans with youth, parent, and field PO prior to release
  - Copy of transition plan given to youth prior to release
  - Field PO receives both plans for review and signatures in community
  - Community transition and implementation tracking, 30 days
- Education Transition Specialist
  - Email notification to school district and SRO
  - Email transcript to Probation CAU
  - Provides youth with transcript and immunization records
- YDF staff complete a pre-release Medi-Cal application
  - Court orders and conditions reviewed
  - Transition plan coordination

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## RE-ENTRY TEAM PROCESS



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## IMPLEMENTATION - JAN 7, 2016

- By the numbers:
  - 46 clients involved in the process
  - 45 families participated
  - 34 community re-entries
- Accomplishments:
  - Case planning coordination
  - School - connection and transcripts
  - Treatment service connection
  - Medical concerns addressed/coordination
  - Prosocial activity connection
  - Vocational training connection

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## IMPLEMENTATION CONT'D

- Referrals:
  - 31 – Family/Community Based Tx (FFT, MST, WRAP, JJTDP, JDC, Eternity Challenge, Grizzly Youth Academy)
  - 16 – Community Mentor Connections Post Release (La Familia, Burning Bush, Bridge Network, Always Knocking, G.A.P., River Oak Youth Advocates)
  - 6 – Vocation Focus (NCCT, Sac Regional CCC)

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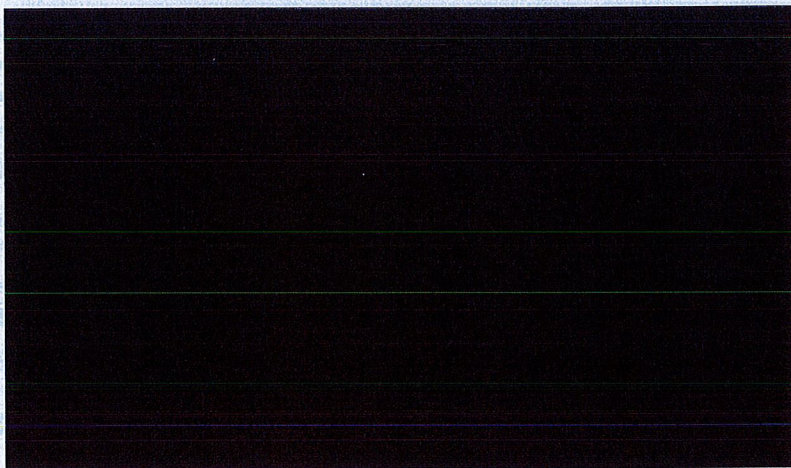


## IMPLEMENTATION CONT'D

- Hurdles:
  - Logistics for family participation
  - Interview with youth
  - Staffing attendance
  - Post-release implementation
  - Ca Identification card

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## Team in Action



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## DATA TRACKING

- Participant:
  - Age
  - Gender
  - Race
  - Geographic area
  - Risk Level
  - Criminal History
  - Ed history
  - Substance Abuse history
  - Mental Health history (any diagnosis)
  - Family history
  - Child Welfare History
- Interventions:
  - Inside: service history, service provided, duration of services, engagement in service, engagement of family, education credits earned, other skill development obtained
  - Outside: service provided, duration, completion, school enrollment/completion, attendance, employment, prosocial activities, family engagement, accomplishment of re-entry plan, PO involvement
- Recidivism:
  - Post release new law adjudication
  - \*Post release VOP

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