

# SACRAMENTO COUNTY JUVENILE DELINQUENCY PREVENTION COMMISSION

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Carole D'Elia Chair

## JUVENILE DELINQUENCY PREVENTION COMMISSION SUMMARY OF MINUTES February 19, 2014

**Present** Frederick Mills Dennis Dulay Carole D'Elia

Caliph Assagai Heyman Matlock Brian Lee
Jane Claar Dr. Virginia Maulfair Hillary Gaines

Jerry Flynn

Guests: Chris Whitaker Derrick Saylor Anthony Maze

Kristy Schwee, River Oak Center for Children

**Absent:** Dr. Daniel Okada

#### **Action**

#### 1. Call to Order:

A quorum was present. The meeting convened at 10:07 a.m.

- **2. Approval of the Summary of Minutes**: Commissioner Claar motioned to accept the Summary of Minutes from the January meeting. Commissioner Flynn seconded the motion. The minutes were approved by the Commission.
- **3. Announcements:** Commissioner D'Elia announced that she met with Area Congregations Together (ACT) regarding a \$50,000 grant the Diocese of Sacramento has available for restorative justice programs. Commissioner D'Elia discussed the ACT working with the District Attorney's Office on the Direct File issue. She has invited ACT to come to a future meeting.

Commissioner D'Elia also announced that she didn't receive any feedback or changes to the draft Annual Report. Several Commissioners will be meeting with the Chief on Thursday, March 6<sup>th</sup> to discuss his views. For example, the team will be asking about the role of Probation Officers in keeping kids in school. If you have other topics, please email them directly to Commissioner D'Elia. She will be finalizing and submitting the Annual Report after the meeting with the Chief.

#### **Public Comment**

4. None

#### **Discussion**

5. Kristy Schwee from River Oak Center for Children attended the meeting to provide a presentation on the Juvenile Justice Diversion and Treatment Program (JJDTP). Deputy Probation Officer Anthony Maze began the presentation with an overview and description of eligibility criteria, the

Telephone: (916) 875-0312

referral process and Probation's role. JJDTP is a voluntary full service mental health service program for youth ages 13 – 17 (at the time of referral) who meet the Seriously Emotionally Disturbed (SED) criteria. The program is largely funded by the Mental Health Services Act (MHSA). Youth may continue to receive services until their 26<sup>th</sup> birthday. In addition to community supervision and monitoring school attendance and behavior, Probation participates in weekly multidisciplinary team meetings, Individual Education Plan meetings, and School Attendance Review Board (SARB) hearings for the youth on their caseloads. Kristy Schwee provided and overview of the programming and services provided to participants: Functional Family Therapy (FFT), Multisystemic Therapy (MST), Trauma Focused cognitive Behavioral Therapy (TF-CBT) and Teaching Pro-Social Skills (TPS)/Anger Replacement Therapy (ART). Each youth is assessed to determine which evidenced based treatment meets their individual needs. Another Choice, Another Chance also partners with the JJDTP team to offer Alcohol and Drug Services for youth and family members. Every JJDTP youth receives the Transition to Independence Process (TIP), which works with youth individually to transition back into the community. As part of JJDTP, family members and other supportive adults are involved in treatment and counseling as needed. River Oak also coordinates with other specialty providers for treatment services they do not offer directly. There is flexible funding available to help families with needs such as housing, food, and specialty therapy.

Functional Family Therapy (FFT) is a community based evidence-based treatment that focuses on internal factors in the home such as parental substance abuse, sibling rivalry, and household dynamics. The therapy team creates a plan to address the issues in the home. Family sessions are typically scheduled weekly for three to five months.

Multisystemic Therapy (MST) is a community based family-driven treatment for anti-social and delinquent behavior in youth. The premise is to empower parents to make changes; teaching caregivers and the child how to deal with anger management. MST works with family, peers, school, and the neighborhood as the client base. The therapists are assigned four to six families for a treatment period of three to six months.

Trauma Focused Cognitive Behavioral (TF-CBT) is for children ages 3 to 18. The goal is to decrease Post Traumatic Stress Disorder symptoms, negative attributions or self-blame, suicide attempts, relationship difficulties and reduce external problems. Parents and/or caregivers may also be included in the treatment. This is an evidenced based practice and has a highest effectiveness rating. The therapy model consists of weekly sessions with the youth and parent attending 12-16 sessions.

The Transition to Independence Process (TIP) is a youth driven program that is highly collaborative and provides services/support to help the youth achieve independence in employment/career, housing and education. TIP helps the youth ages 13 to 26 acknowledge and develop personal choice, social responsibility, conflict resolution skills and how to advocate for themselves. TIP is a collaborative process that involves the youth, parents, grandparents, aunts, uncles, coaches, and probation officers to help facilitate reaching the youth's goals.

JJDTP started taking referrals in December 2010 and has served 299 youth to date. There have been 58 graduates from the program. The program has as a maximum capacity of 92 at any given time. Referrals may be submitted from schools or juvenile justice partners to Senior Mental Health Counselor Gary Nichols at NicholsG@SacCounty.net or 875-0570 or Probation Supervisor Derrick Saylor at SaylorD@SacCounty.net 876-7230.

c/o Sacramento County Probation Department Administration Office

**6.** Brian Lee provided a hand out of the current out-of-state placement options with costs and descriptions. Commissioner Flynn asked if the out of state recommendations are coming from the Court. Brian replied that out-of-state placement is generally used as a graduated sanction. Out-of-state placement is not assigned based on crime. Many things including education, mental health, family etc. are considered at the Interagency Management Authorizing Committee (IMAC). IMAC is involved in each intensive treatment placement request.

## **Future Agenda Items**

- Area Congregations Together
- Report back from meeting with Chief Seale

## NEXT MEETING: Tuesday, March 18, 2014 at 10:30 a.m.

Commissioner Maulfair motioned to adjourn the meeting. Commissioner Mills seconded the motion. The meeting was adjourned at 11:08.

Documents pertaining to agenda items will be made available for public inspection at the Sacramento County Probation Department Administration Office, 9750 Business Park Drive, Suite 220, Sacramento, CA 95827 or online at http://www.probation.saccounty.net