Sacramento County Probation Department

Juvenile Corrections Officer (JCO) Core Training Unit 4.0: Communication Module 4.1: Interpersonal Communication Instructional time: 3 hours

- 1. Welcome and introductions
- 2. Objectives:
  - a. 4.1.1 Identify the purpose of active listening skills
  - b. 4.1.2 Identify the steps of active listening
  - c. 4.1.3 Given a scenario where there is an impactful emotional situation, demonstrate active listening skills
- 3. Discuss the purpose of active listening skills
- 4. Discuss the steps/elements of active listening
- 5. Levels of active listening: Paraphrasing, clarifying, perception checking, summarizing
- 6. Demonstrate active listening skills (act out scenario in front of class)
- Identify why it is important to respond courteously and professionally to incoming calls/questions from the public
- 8. Identify the difference between empathy and sympathy
- 9. Identify the benefits of consistent communication with fellow officers
- 10. Identify proper etiquette when speaking to juveniles (consider gender sensitivity and comfort level of juvenile when speaking to opposite gender)
- 11. Importance of active listening