# SACRAMENTO county

**PROBATION DEPARTMENT** 

YOUTH DETENTION FACILITY SERVICES & PROGRAMS





### **OVERVIEW**

The Sacramento County Youth Detention Facility (YDF) provides a safe and secure environment for youth awaiting appearances in Juvenile or Adult Court, and those pending commitment or placement.

Through the dedication of assigned probation staff, contract employees, and over 100 volunteers, the youth are provided with a vast array of programs.

Programs focus on strengthening pro-social skills, confidence building, problem solving, decision making abilities, and increasing physical and academic performance.

These programs provide opportunities for positive outcomes by encouraging youth to work toward rehabilitation and reintegration upon release from custody.

It is the mission and vision of the Probation Department to provide assessment, treatment, supervision, and support necessary to prevent reoffending, resulting in a safer community. Our highly-skilled, multi-disciplinary workforce uses innovative strategies to support positive change.



### **GENERAL PROGRAMMING**

#### **Parent Orientation Night**

**Parent Orientation provides information to parents about YDF programming, services and connection to community resources. Stakeholder representatives are available to answer questions and provide resources to parents. Third Thursday of every month 5:30 pm - 7:00 pm in the Visitor Center lobby.** 

#### **Justice League**

Justice League is an intramural sports league in which units compete against one another in sporting competition. The program builds an incentive platform that promotes the youth displaying positive behavior while participating in teamwork activities.

#### **Alternatives to Violence (ATV)**

ATV curriculum is provided to residents as part of a collaboration with the Health Education Council and the Sacramento Minority Youth Violence Prevention Collective to link law enforcement, public health and community organizations to reduce minority youth violence in and out of custody.

#### **Trauma Informed Care Units**

Each resident will receive a Child and Adolescent Trauma Screen and residents in two designated units will receive 10 sessions of trauma curriculum. All school and probation staff in the designated units receive 2 days of intensive trauma training.

#### **Library**

The YDF Library has over 11,000 books and promotes reading, improved literacy, and provides residents with resources to help them prepare for the transition back into their communities. Most of the books are donated; some are purchased with grant funds.

#### **Skills Training Enrichment Program (STEP)**

STEP improves and enhances resident behavior by skill building with support and programming from probation, mental health, recreational therapy, athletics, and the garden. The Probation Department works with the Sacramento County Department of Health & Human Services (DHHS) and Sacramento County Office of Education (SCOE) to provide assessment, support, and medical and mental health services to residents. Probation works collaboratively with stakeholders to target needs and establish resident case plans.

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## Medical staff are on-site 24 hours a day, 7 days a week.

Services include health screenings, immunizations, optometry, dental, routine and specialty care. Jan. 7,2016 \$ 18,850,000,000,000 P/P:\$ \$58,000 P/H:\$ 7,500

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El Centro Jr./Sr. High School is the on-site education program provided to residents. Students receive instruction in English, Math, Social Studies, Science, Physical Education, as well as Financial and Computer Literacy.



Students with Individualized Education Plans (IEPs) receive instruction by special education staff. Students also have access to HiSET (High School Equivalency Testing).

The Multi-Sensory De-escalation Room (MSDR) is a tool for staff to use as an alternative to isolation. It can be used pro-actively to determine triggers and strengths and is a learning environment that promotes internal regulation of behavior. By blending applied brain research, child development, and occupational therapy concepts, staff connect with and help youth assess and develop cognitive and self-regulation skills.



The Garden Program teaches residents about germination, composting, seasonal planting, harvesting skills, and healthy eating habits. Residents are able to enjoy salads from the produce they harvest.













The swim program is an opportunity for exercise and promotes positive social engagement.

It builds confidence and increases water safety skills, which can prevent drownings and water-related accidents.

## LIFEGUARD

Participants in the Lifeguard Program receive training and earn an American Red Cross lifeguard certification. Graduates can be employed at community pools once they are released.

Youth in the Pawsitive Impact program train rescue dogs from local animal shelters to help prepare them for adoption into good homes.





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Northern California Construction Training program prepares residents for careers in construction with practical applications. They learn job safety; industry terminology; and how to read blueprints. Upon release, minors can transition to the program, which also operates in the community.

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Residents who participate in the Boys & Girls Club set and reach goals and engage in positive, pro-social activities that promote respect, creativity, and education.





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The Transition Unit prepares youth for reentry into the community by connecting them with community-based organizations and providing assistance with transcripts, enrollment in school and Medi-Cal, pre-employment guidance, counseling, vocational training, and record seal workshops.



