

# SVIP

Sacramento Violence Intervention Program  
a Youth Development Program of  
WellSpace Health



## Sacramento Violence Intervention Program

- Origins
- Design
- Outcomes
- Future Directions





## Program Origins

- Youth Violence is a National Issue
  - Homicide is the 2<sup>nd</sup> leading cause of death for youth in the U.S.\*
- Trauma in South Sacramento
  - Violent injury is the 3<sup>rd</sup> leading cause for a hospital trauma visit\*\*
  - Over half of all violence-related injuries are among 15-24 year olds



\* CDC Injury Prevention & Control: Violence Prevention  
\*\*Kaiser Permanente (2010)



South Sacramento Barbershop Shooting – December 2010

## Public Health Problem: Violence Mimics Infection\*

- Violence is now nationally viewed as a public health problem
- Treatment approaches should resemble those we use to treat infectious disease
- I.e., Interrupt the next event, transmission, the next violent activity



\*Gary Slutkin, MD (Ceasefire Founder)

## SVIP Program Design

- Collaboration
- Caught in the Crossfire Program
- National Network for Hospital Based Violence Intervention Programs



## SVIP Community Collaboration

- WellSpace Health
  - Non- Profit Community FQHC
- Kaiser Permanente
  - Cutting-Edge Level 2 Trauma Center
- Community Organizations
  - Mayor's Gang Prevention Taskforce
  - Sacramento WHY
  - Valley High Youth and Adult Coalition



## Caught in the Crossfire

- Youth Alive!
  - Findings:
    - 95% Avoidance of Reinjury
    - 90% Not-arrested
- Attorney General Endorsement 2009



## Caught in the Crossfire Model

- Program Goals
  - Prevent Retaliation
  - Prevent Reinjury
  - Decrease Arrest Rates
  - Inform and Train Individuals and Groups on Alternatives to Violence



## Caught in the Crossfire Model

- Immediate Response
  - Serving clients between the ages of 15-24
    - Shot, stabbed, assaulted
    - Residing within the designated service area
  - Bedside visit within 1 hour of hospital contact
    - Client support
    - Family support
    - Retaliatory violence intervention



## Caught in the Crossfire Model

- Follow-up Care and Case Management
  - Co-design Individualized Case Plan
    - Health
    - Psychosocial
    - Education / Career
  - Intensive Case Management for 6 months to 1 year
- Participation in the National Network



National Network for Hospital Based Violence Intervention Programs

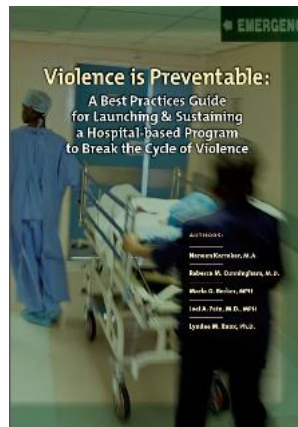
## National Network for Hospital-Based Violence Intervention Programs (NNHVIP)

- 22 Programs in the United States
- Set National Standards and Best Practices for Violence Intervention



## NNHVIP Best Practices

- Guide to:
  - Identifying population
  - Securing Hospital Buy-in
  - Partnerships
  - Staff Development and Support
    - Reducing Burn-out
    - Preventing Vicarious Trauma



## SVIP's Role in NNHVIP

- Network Member since 2010
- Working Group Representation:
  - Research and Evaluation
  - Workforce Development
  - Policy



## Additional Program Components

- In-House GED Program
  - Instruction and 1:1 Tutoring
- Digital Story-Telling Project
- Wii-Fit Challenge
- Power of Exposure





## In-House GED Program

- Only program of its kind
- Partnership with California State University Sacramento
- Meets twice weekly
- Secondary benefits:
  - Group cohesion
  - Increased protective factors
  - Increased Individual Buy-in



## Digital Story-Telling Project

- 8 week program
- Seeks to incorporate aspects of narrative therapy with an innovative digital art form
- Partnership with leaders in the field



## WiiFit Challenge

- 8 week program
- Funded through a HealZone minigrant
- Incorporated healthy eating and active living within a safe environment
  - Health Education
  - Activity



## Power of Exposure

- Expansion of world view
- Permission to Dream



## Program Outcomes

- Approximately 140 clients and families served to date
- 99.3% Not Hospitalized Due to Violence-Related Injury (n = 139)
- 95 % Not arrested for new offense
- 40 % Participants who gained employment



## [Michiko's Story](#)



## Program Recognition

- Front-page feature in Sacramento Bee
- Sacramento Bee
- Sacramento Business Journal
- MLK Community Change Makers Award
- Capitol Public Radio (NPR)
- Invitation from Sage Publications



## Other Successes

- GED testing
- Highest number of employed clients to date
- Increased nutrition education



## Future Directions

- Hospital Expansion
  - Mercy San Juan
    - Highest number of penetrating injuries
  - UCD
    - Wrap-around project
- Financial Sustainability
  - Community Health Worker Certification
  - Fund-raising



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